

Monthly News – June 2011

Department of Psychiatry

June 16, 2011 Volume 5, Number 6

2011 Resident and Fellow Graduates:

Adult Psychiatry

Brenda Altose, MD
Archana Brojmohun, MD
Michelle Fulke, DO
David Liu, MD
Weronika Micula-Gondek, MD
Megan Testa, MD

Completing General Psychiatry and Beginning Child & Adolescent Psychiatry

Ronald Lee, MD
Priti Purushothaman, MD
Shelah Rote, JD, MD
Crystal Thomas, MD

Addiction Psychiatry

Kirk Carruthers, MD

Child & Adolescent Psychiatry

Peter Turkson, DO
Solomon Zarea, DO

Forensic Psychiatry

Abhishek Jain, MD
Vasilis Pozios, MD
Susan Kimmel, MD
Les Kapalczynski, MD

Community Fellowship

Jaina Amin, MD
Andrew Hunt, MD

Post Pediatric Portal

Ruth Graupera-Frain, MD
Libbie Stansifer, MD

General News:

The UH Medical Staff Office would like to have a professional portrait photo taken of faculty for use in the online physician directory, department brochures and other marketing and informational publications.

There are two sessions scheduled with a professional photographer at Case Medical Center on the dates listed below. The sessions will be held in the Lerner Tower lobby near the staircase. It should only take about 5 minutes of your time. You do not need to schedule a specific time slot during the hour.

- **Wednesday, June 22 1:30-2:30 p.m.**
- **Wednesday, June 29 9:30-10:30 a.m.**

Business attire is requested. Lab coats will be available at the sessions and photos will be taken in both business clothes and lab coat.

Awards and Recognition:

Department Administrator, **Lindsey Dozanti**, has been nominated as the President of the Administrators in Academic Psychiatry. Lindsey officially became President Elect in May.

Dr. Patrick Runnels has been elected to the NAMI Board of Trustees effective July 1, 2011.

Congratulations:

Dr. Shelah Rote and her husband, Aaron Radke welcomed their first child, Sebastian John Radke on May 24th at 8:44am (6lb11oz 19.7in).



Comings and Goings:

Welcome to new Child and Adolescent Psychiatry Unit Staff Members:

Danielle Roberto, Mental Health Worker
Brittany Metzger-Hughes, Mental Health Worker
Trina Harvey, Division Secretary
Yul Hairston, Division Secretary

Employment Opportunity:

Hanna Perkins Center Seeks Chief Executive Officer

The Hanna Perkins Center for Child Development (HPC) is seeking seasoned professional candidates for Chief Executive Officer. Since 1951, the Hanna Perkins Center has applied psychoanalytic insights to foster the healthy emotional development of children and families in the Cleveland area and beyond. Successful candidates will have a professional degree; prior leadership experience; proven success with fund raising; strong organizational and analytical skills; collaborative management style; effective communication creative problem solving skills. Interested candidates are requested to submit their resumes via e mail to: search@hannaperkins.org by July 31, 2011.

Grand Rounds:

June 17th:

Topic: Lessons Learned from a life as a Medical Regulator

Speaker: Steven I. Althuler, Ph.D., M.D.

June 24th:

Topic: Depression as Risk Factor for Alzheimer Disease (AD): Spectrum of Major Depression, Depressive Dementia, and AD

Speaker: Virginia Olga Beattie Emery, MD

July 1st:

NO GRAND ROUNDS

July 8th:

Topic: Disordered Gambling: Using Basic Science to Improve Treatment Outcomes

Speaker: Jon E. Grant, J.D., M.D.

July 15th:

Topic: Pregnancy/Depression or Psychosis

Speaker: Ruth Graupera-Frain, M.D.

July 22nd:

Topic: The Theory of Evolution: What Does it Offer Psychiatry?

Speaker: David Robinson, M.D.

July 29th:

Topic: Paging Dr. Google: Psychiatry and the Internet

Speakers: Cathleen Cerny, M.D., Molly McVoy, M.D. and Libbie Stansifer, M.D.

Presentations and Publications:

Presentations: **Martha Sajatovic, MD:**

Ziprasidone switching in response to adherence and psychotropic-related weight gain concerns in bipolar disorder. 9th International Conference on Bipolar Disorder. Pittsburgh, PA, USA.

Customized Adherence Enhancement for Individuals with Bipolar Disorder receiving Atypical Antipsychotic Therapy. 9th International Conference on Bipolar Disorder. Pittsburgh, PA, USA. and New Clinical Drug Education Unit (NCDEU) Meeting.

Geriatric Bipolar Disorder. Symposium Chair. 9th International Conference on Bipolar Disorder. Pittsburgh, PA, USA.

Late-Life Bipolar Disorder: Complexities and Challenges of Care. Department of Psychiatry and Psychology Grand Rounds Presentation. Mayo Clinic, Rochester, MN.

Dr. Evanne Juratovac, a clinical faculty member in the department of psychiatry, has been selected to participate in the NIMH funded "Summer Research Institute in Geriatric Mental Health" at the Weill Cornell Medical College (White Plains, New York) in July 2011.

Chen Peijun, Sajatovic M.

Geriatric bipolar disorder. *Psychiatric Clinics of North America*, 34(2): 319-333, 2011.

Sajatovic M, Levin J, Fuentes-Casiano E, Cassidy KA, Tatsuoka C, Jenkins JH. Illness experience and reasons for non-adherence among individuals with bipolar disorder who are poorly adherent with medication. *Comprehensive Psychiatry*, 52(3): 280-287, 2011

Shulman K, Hermann N, **Sajatovic M.** Treatment of Bipolar Disorder in Old Age. In: *Bipolar Pharmacotherapy. Caring for the Patient. 2nd Edition.* Editors: Hagop Akiskal and Mauricio Tohen. Wiley-Blackwell Publishing, Inc. NY, NY. 2011.

Sajatovic M, Herrmann N, Shulman K. Acute Mania and Bipolar Affective Disorder. In: *Principles and Practice of Geriatric Psychiatry 3rd Edition.* Editors: Mohammed Abou-Saleh, Cornelius L. E. Katona, and Anand Kumar. Wiley-Blackwell Publishing, Inc. NY, NY. 2011.

Research:

The Discovery and Wellness Center for Children is currently recruiting patient's ages 6-12 years old for participation in a research study for children with symptoms of Attention Deficit Disorder (ADHD) as well as other aggressive behaviors. This study is designed to examine the safety and long term tolerability and efficacy of Concerta, Risperidone and parent management training to treat ADHD and serious aggression. This study may include parent education, medication and close follow up from a doctor who specializes in pediatric mental illness. For more information about this no cost research study, please call Becky Weintraub at 216-844-3922.

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 18-75 to enroll in a study for

an investigational medication for Bipolar I Disorder. Participants must be currently depressed, taking lithium or depakote for at least the past 4 weeks and not have an Axis I or Axis II diagnosis other than bipolar disorder that has been the primary focus of treatment within 3 months of screening. This study lasts up to 8 weeks and visits are once a week. If eligible for the study, participants may receive study-related medical care, research medication and an evaluation at no cost. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Carla Conroy, BA, CCRC at (216) 844-2871 or Carla.Conroy@UHhospitals.org

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 18-65 to enroll in a study for an investigational medication for Bipolar I Disorder. Participants must be currently depressed, taking lithium, valproic acid, lamotrigine, aripiprazole, olanzapine, risperidone or ziprasidone (only if taken in combination with lithium or valproic acid) for a minimum 4 weeks before the onset of their current major depressive episode and not have an Axis I or Axis II diagnosis other than bipolar disorder that has been the primary focus of treatment within 3 months of screening. This study may last up to 15 weeks and visits are once a week. If eligible for the study, participants may receive study-related medical care, research medication and an evaluation at no cost. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Carla Conroy, BA, CCRC at (216) 844-2871 or Carla.Conroy@UHhospitals.org

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are

concerned about **weight gain related to their current medication(s)**?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse. The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among BD patients concerned with weight gain.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.***

To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment.
2. Have current substance dependence.
3. Be at high risk of harm to self or others.
4. Be a female who is currently pregnant or breastfeeding.

Contact Person

Melanie Currens, Research Assistant
Ph: 216-844-2825

Email:

Melanie.Currens@UHhospitals.org

Save the date:

NAMIWALKS 2011

Saturday, September 24, 2011

- **Location:** Voinovich Park behind the Rock & Roll Hall of Fame in Cleveland, OH
- **Date:** September 24, 2011
- **Check-in:** 9:00AM - Start Time: 10:00AM
- **Distance:** 2.5 MI
- **Check-in:** 9:00 am **Start:** 10:00 am

For additional information about participating in the Walk, contact Bridget Murphy at 216.875.0266 or via email at: bmurphy@nami.org

Thank you!

Dr. Sajatovic and the Research Team would like to thank the following individuals that have kindly assisted with the Capacity to Consent process:

David Kemp, MD; Phillip Resnick, MD; Jennifer Levin, PhD; Rebecca Schlachet, DO; David Liebenthal, PhD; Amir Poreh, PhD; Jun Chen, MD, PhD; Keming Gao, MD, PhD; Tiffany Thomas, MD; Steven Hampl, PhD; Kirk Carruthers, MD; John Fisher, MD; Ruth Graupera-Frain, MD; Jeanne Lackamp, MD; Jeffrey Janata, PhD; Stephanie Pope, MD, Philip Dines, MD; and David Hahn, MD.

Contact:

Published by University Hospitals Dept. of Psychiatry DEADLINE FOR NEXT

ISSUE: Friday, 07/08/2011

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