

## Monthly News – May 2011

# Department of Psychiatry

May 16, 2011 Volume 5, Number 5

### APA:

The 164th Annual Meeting of the American Psychiatric Association was held on May 14-18th in Honolulu, Hawaii. Faculty members, residents and our Department Administrator, Lindsey Dozanti participated through lectures, workshops, symposia and poster presentations. Presenters from our department were:

#### Saturday, 5/14:

Stephen Levine, MD  
Joseph Calabrese, MD  
Pari Deshmukh, MD  
Kasia G. Rothenberg, MD, Ph.D.  
Norman Clemens, MD  
Weronika Micula-Gondek, MD  
Megan Testa, MD

#### Sunday, 5/15:

Keming Gao, MD, Ph.D.  
Joseph Calabrese, MD  
Susan Hatters-Friedman, MD  
Sarah Lytle, MD  
Cheryl Wills, MD

#### Monday, 5/16:

Crystal Thomas, MD  
Phillip Resnick, MD  
Susan Hatters-Friedman, MD  
Lindsey Dozanti  
Joseph Calabrese, MD

#### Tuesday, 5/17:

Kathleen Cerny, MD  
Susan Hatters-Friedman, MD  
Sara West, MD  
Lindsey Dozanti  
Phillip Resnick, MD  
Ashleigh Anderson, DO

For more information on the annual meeting and course brochure: <http://www.psych.org/MainMenu/EducationCareerDevelopment/Meetings/2011-Annual-Meeting.aspx>

### General News

There will be a **Department Meeting** on **Friday May 27<sup>th</sup>** at 8:00 a.m. in Walker Auditorium. Immediately following at 8:50 a.m. the Annual Department Photo will be taken outside the building on the corner of E. 105<sup>th</sup> and Euclid. Faculty, residents, fellows and support staff are encouraged to attend the meeting and photo session.

### Awards and Recognition:

Congratulations to **Katherine Busby, MD and Amir Poreh, Ph.D.** have been selected to receive the **Morley Depression and Post-Depression Recovery Award** for their proposed project: "Assessment of mood and cognitive functioning in older adults with unipolar and bipolar depression who are undergoing an acute course of Electroconvulsive Therapy (ECT)."

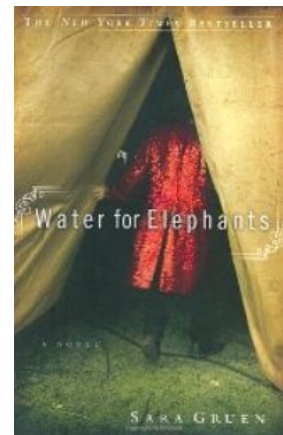
Other applicants included **Pari Deshmukh, MD** for "Adults with Severe Depression and Anxiety in a Community Partial Hospitalization Program: Characteristics and Predictors of Clinical Response and its Correlation With Other

Psychiatric Symptoms," and **Jinbo Fan, MD** for "Pharmacogenetics of Pioglitazone in Mood Disorders Comorbid with Metabolic Syndrome: A supplementary Study."

The winning proposals each year receive a \$10,000 grant to be used toward the initiation and completion of their proposed projects.

### Book Club:

The last book club meeting for this academic year will be held on June 12<sup>th</sup>, time and location to be determined. This month's selection is "*Water for Elephants*" by Sara Gruen.



For more information on the Book Club, contact: [Arcahana.brojmohun@uhhospitals.org](mailto:Arcahana.brojmohun@uhhospitals.org)

## Congratulations:

**Dr. Molly McVoy** will be named Assistant Training Director for the Child and Adolescent Psychiatry Fellowship, effective July 1, 2011. Dr. McVoy will join Drs. Davis and Amunategui, who remain Training Director and Associate Training Director respectively, in coordinating and overseeing the curriculum and training program for our Child and Adolescent and Portal fellows.

## Consultation Liaison Society Annual Meeting:

From **Dr. Jeanne Lackamp**, CL Society VP:

We were pleased to have so much departmental and faculty support, and again this year our UH psychiatry residents had an excellent showing. The following residents participated with either poster presentations or oral platform presentations (or both!):

**Archana Brojmohun, Pari Deshmukh, Michelle Fulk, Weronika Gondek, Kasia Gustaw-Rothenberg, Blessing Igboeli, David Liu, Sarah Lytle, Peter Mikhail, Sonal Moratschek, Crystal Thomas, and Dimitrios Tsatiris.**

**Benjamin Miller**, a UH neurology resident, also participated in one of the oral platform presentations.

Supervisors included **Drs. Agle, Cerny, Ganocy, Hahn, Heather, Hill, Kemp, Parrisbalogun, Ramirez, and Warren**, as well as **Dr. Michael Devereaux** from Neurology and **Dr. Marc Snelson** from OB/Gyn.

**Dr. Kathy Franco** from CCF presented the keynote address on delirium, and our own **Dr. Susan Hatters-Friedman** presented on the topic of maternal anxiety in the NICU.

Special congratulations to **David Liu**, who won the annual **Parsa**

**Award at the Consultation Liaison Society annual meeting** for best oral platform presentation for his talk entitled: "A Case of New-Onset Mania." This presentation detailed the psychiatric evaluation of manic symptoms in a patient who was eventually found to be HIV+. This is a very important topic, and Dave's strong interest in this case speaks well for his future success as a CL psychiatrist.

## Grand Rounds:

**May 20<sup>th</sup>:**

**Topic:** Bridging Acute Patient Care through Physician and VNA Team  
**Presenter:** David Liu, MD

**May 27<sup>th</sup>:**

**NO GRAND ROUNDS  
Department Meeting**

**June 3<sup>rd</sup>:**

**Topic:** "Too much on your plate? Tools to help recognize and evaluate patients with eating disorders"

**Presenter:** Weronika Micula-Gondek, MD

**June 10<sup>th</sup>:**

***L. Douglas Lenkoski Lecture***  
**Topic:** Sex Abuse in Childhood and its Long-term Effects  
**Speaker:** Lenore Terr, MD

**June 17<sup>th</sup>:**

**Topic:** Lessons Learned from a life as a Medical Regulator  
**Speaker:** Steven I. Althuler, Ph.D., M.D.

**June 24<sup>th</sup>:**

**Topic:** Depression as Risk Factor for Alzheimer Disease (AD): Spectrum of Major Depression, Depressive Dementia, and AD  
**Speaker:** Virginia Olga Beattie Emery, MD

## March of Dimes

The Department of Psychiatry March of Dimes Team raised close to \$2400 through raffle donations by local businesses and fundraising

goals of those who participated in the walk.

The walk was held on Sunday, May 1<sup>st</sup> despite rain and cool temperatures. Thanks to team members: **Gene Crosby, Barb Depasquale, Lindsey Dozanti, Fran Geraci, Cindy Glenn, Lucy Jackson, Kim Katusha, Kate Kilbane, Debbie Martin, Lisa Nageotte, Mary Beth Serrano and Renee Slembariski** for their efforts on behalf of the March of Dimes.



Prize Table



Shawnta Gosha, John Heather and Khai Brown

The Chinese raffle was a great success and prize winners included faculty members, support staff, CCF and Jones, Lang, Lasalle employees. Winning tickets were drawn by Wade Lowe (Walker Security) and Irene Katsikas of CCF.



Barb Depasquale

## Research:

**The Discovery and Wellness Center for Children** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 7-17 to participate in a research study for children and teens suffering from pediatric bipolar disorder. This study examines Lithium as a treatment option. Symptoms of bipolar disorder can include intense irritability, silliness, mood swings and difficulty sleeping. This study may include a clinical evaluation, medical tests, physical exam and medication provided at no charge. For more information, please call Becky Weintraub at 216-844-3922.

**The Discovery and Wellness Center for Children** is currently looking for research volunteers between the ages of 10 and 17 to participate in a study for an investigational medication for the treatment of Bipolar Disorder. This study examines the efficacy, safety and tolerability of Lamictal as an add-on maintenance therapy for children who are diagnosed with Bipolar I Disorder. Children must currently be taking a conventional mood stabilizer and/or antipsychotic but still symptomatic.

This study consists of four phases which include: a screening phase; an open-label phase; a randomized phase; and a taper and follow-up phase. Study procedures may include a clinical evaluation, medical tests, physical examination, and medication at no cost. For more information, please call Becky Weintraub at 216.844.3922.

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 18-75 to enroll in a study for an investigational medication for Bipolar I Disorder. Participants must be currently depressed and not have an Axis I or Axis II diagnosis other than bipolar disorder that has

been the primary focus of treatment within 3 months of screening. Patients cannot be on any other psychiatric medications for the duration of this study. This study lasts up to 8 weeks and visits are once a week. If eligible for the study, participants may receive study-related medical care, research medication and an evaluation at no cost. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Carla Conroy, BA, CCRC at (216) 844-2871 or [Carla.Conroy@UHhospitals.org](mailto:Carla.Conroy@UHhospitals.org)

**Dr. Martha Sajatovic** was recently awarded a grant from Pfizer, Inc. to conduct an investigator-initiated study titled "Ziprasidone Switching in Response to Adherence and Psychotropic-Related Weight Gain Concerns Among Patients with Bipolar Disorder." **Drs. Philipp Dines** and **Katherine Busby** are co-investigators on the study.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among bipolar patients concerned with weight gain.

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are concerned about **weight gain related to their current medication(s)**?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.***

### To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

### To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment.
2. Have current substance dependence.
3. Be at high risk of harm to self or others.
4. Be a female who is currently pregnant or breastfeeding.

### Contact:

Melanie Currens at 216-844-2825

Email:

[Melanie.currens@uhhospitals.org](mailto:Melanie.currens@uhhospitals.org)

## Save the date:

**Saturday, June 16, 2011**

Support the efforts of Recovery Resources and NAMI Greater Cleveland at the 2011 premiere of ***Next to Normal***, an emotional powerhouse of a musical with a thrilling contemporary score about a family trying to take care of themselves and each other. For additional ticket information go to: [http://www.nami.org/MSTemplate.cfm?Section=Next\\_To\\_Normal1&Site=NAMI\\_Greater\\_Cleveland&Template=/ContentManagement/Co](http://www.nami.org/MSTemplate.cfm?Section=Next_To_Normal1&Site=NAMI_Greater_Cleveland&Template=/ContentManagement/Co)

### Support Staff News:

**Khai Brown**, Intake Specialist, and his wife Billy Jo welcomed their son Judah on April 13<sup>th</sup>. Big sister Zooney is delighted with her new role.



Welcome to new **Discovery and Wellness Center** staff member, Sandy Stennis who joined DWCC on May 2<sup>nd</sup> as an RA II. She will work on the CoLT study and other mood disorder trials.

Welcome to New Neuro-Geriatric inpatient staff:

**Amber Jackson, CTA,**  
**Roshauna Randle, CTA,**  
**Felicia Mallett, CTA,**

Congratulations to **Joan Person**, Patient Access Representative. Joan celebrated her one-year anniversary in the Department of Psychiatry on April 26<sup>th</sup>.

Congratulations to the following Child and Adolescent Psychiatry Inpatient Unit on their achievements:

**Laura Ramdhan**, Mental Health Worker, has received her Bachelors of Science in Nursing (BSN) with honors, Cleveland State University, May 14<sup>th</sup>.

**Christina Mahovlic**, Clinical Nurse, has received her Masters of Science in Nursing (MSN), CWRU, May 14<sup>th</sup>.

**Tanisha Bates**, Mental Health Worker has received her Law Degree, (JD) Case Western Reserve University, May 16<sup>th</sup>.

**Tiffany Jensen**, Mental Health Worker has been accepted to the Chicago School for Professional Psychology to pursue her advanced degree.

### Contact:

Published by University Hospitals Dept. of Psychiatry  
**DEADLINE FOR NEXT**

**ISSUE:** Friday, 06/10/2011

**CONTACT:** Kate Kilbane

Phone: 216-844-3658

[kate.kilbane@uhhospitals.org](mailto:kate.kilbane@uhhospitals.org)