

Monthly News – April 2011

Department of Psychiatry

April 18, 2011 Volume 5, Number 4

General News:

At the annual meeting of the Midwest chapter of the American Academy of Psychiatry and the Law, three CWRU faculty members were elected into office. **Susan Hatters Friedman, MD** became President-Elect, **Cathleen Cerny, MD** became Secretary, and **Sherif Soliman, MD** became a Councilor of the organization. The next meeting will be March 23-24, 2012 in St Louis.

Dr. Robert Findling was interviewed by The Saturday Evening Post for an article published March 31, 2011 on identifying ADHD in children and adolescents and the use of INTUNIV as adjunctive therapy to stimulants for the treatment of ADHD. Dr. Findling was the lead investigator in a 9-week placebo-controlled study in children 6-17 years old with ADHD.

All Ohio Institute on Community Psychiatry:



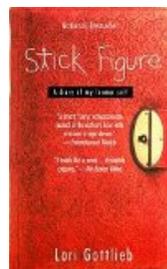
PGY-3 Psychiatry Resident, **Dr. Pari Deshmukh** was awarded 1st

place in the poster competition for “Adults with Severe Psychiatric symptoms in a Community Partial Hospitalization Program: Characteristics and Predictors of Clinical Response”

PGY-4 Psychiatry Resident **Dr. Micula-Gondek** was awarded 2nd place for her poster “The Relationship of Gender and Gender Identity to Treatment Adherence among Individuals with Bipolar Disorder.”

Book Club:

The book selection for the meeting to be held on **Thursday, May 5th** at 6:00 p.m. at the W.O. Walker Center is *Stick Figure: A Diary of My Former Self* by Lori Gottlieb:



From Publisher's Weekly:
“After happening upon the diary she kept when she was 11 years old, Gottlieb was moved to publish this chronicle of her struggle with anorexia nearly 20 years after she wrote it... Though it is clear that Gottlieb, who is a regular contributor to Salon, has polished

her childhood diary, her descriptions of preteen vulnerability and self-consciousness ring true...”

For more information on the Book Club, contact:
Arachana.brojmohun@uhhospitals.org

Congratulations:

Dr. Francoise Adan, Co-Medical Director, UH Connor Integrative Medicine Network and Director, Mood and Mindfulness Clinic, has been nominated to receive the YWCA Women of Professional Excellence Award. She will be honored at a luncheon on Monday, May 16th at the Renaissance Cleveland’s Grand Ballroom.

Dr. Patrick Runnels was honored at the Annual meeting of NAMI Greater Cleveland at a luncheon held at the Hilton Garden Inn on Tuesday, April 13th. Dr. Runnels receive the Mental Health Caregiver Award for his work with Magnolia Clubhouse residents and their Carriage Park Clinic. The special guest speaker was Tracy Plouck, Director of the Ohio Department of Mental Health.

Congratulations to **Lisa Nageotte**, Patient Access Representative on her one-year anniversary in the Department of Psychiatry and to **Brocerlina Johnson**, Financial Counselor, who celebrated 14 years as a University Hospitals employee.

Grand Rounds:

April 22nd:

Annual Willard D. Boaz Memorial Lecture

Speaker: John T. Walkup, M. D.

Topic: Tourette Syndrome

April 29th:

5th Annual John C. and Sally S. Morley Family Foundation Lecture

Speaker: Katherine Burdick, Ph.D.

Topic: Neurocognitive Impairment in Bipolar Disorder: Effects on Every Day Function

May 6th

Speaker: Les Kapalczynski, MD

Topic: "Murder-Suicide: A Sum of its Parts or a Unique Entity?"

May 13th

Speaker: Peter Turkson, D.O.

Topic: TBA

Mayer-Haber Library News:

Three new books having to do with the practice of psychiatry were donated to the Haber Library last month.

Bernet, William. *Parental Alienation, DSM-5, and ICD-11*. Charles C. Thomas Publishers, Ltd., 2010. WM15.P228 2010

The authors define parental alienation as a mental condition in which a child –usually one whose parents are engaged in a high-conflict divorce – allies himself or herself strongly with one parent and rejects a relationship with the other parent (the alienated parent) without legitimate justification. The authors believe that parental alienation is a serious mental condition because the child loses one of the most important relationships in his or her life. The book includes clinical vignettes, a comprehensive (600+ citations) bibliography, and a list of legal

citations from individual states, Canada, and several other countries.

Greenfield, Daniel P. and Jack A. Gottschalk. *Writing Forensic Reports: a Guide for Mental Health Professionals*. Springer Publishing Co., 2009. W740.G812w 2009

The authors, a physician and a lawyer, present “a practical how-to-handbook for writing persuasive, compelling, and well-organized reports.” Seventy-five percent of this book consists of full-length civil and criminal reports with guidelines for completing each section of the reports. Mental health areas covered in the case examples include competency, sexual harassment, medical malpractice, sexual offenders, and disability. There is a bibliography of books, journals and websites that offer information for mental health professionals, and a glossary of tests mentioned in the reports. Shea, Shawn C. *Psychiatric Interviewing: the Art of Understanding*. W.B. Saunders Co., 1998. WM141 S539p 1998

The author uses approaches from various schools of psychiatry, psychology, and counseling to teach interviewing skills and the correct attitudes and behaviors that enable the skills. A new chapter in this second edition covers suicide and violence assessment. There is a full, sixty-minute annotated interview. A strong theoretical foundation is revealed in the bibliography at the end of each chapter.

Neurological Institute:



Congratulations to PGY-4 Psychiatry Resident, **Dr. Archana Brojmohun** on winning an award

for her poster: “Boundary Crossings and Violations: How Well Are Residents informed?”

Nursing Clinical Excellence Awards:

Each year University Hospitals Case Medical Center celebrates Nurses Week in May, with the main event of the week’s celebration being the presentation of the Nursing Clinical Excellence Awards. Nurses are nominated and selected by their peers within their specialty area of practice. The nominations for Psychiatry Nursing Clinical Excellence this year were for **Ian Hawkins**, Neuro-geriatric Psychiatry, **Shayna Bach**, Neuro-geriatric Psychiatry, and **Kathy Brown**, Adult Psychiatry. The award recipient is selected by a peer group based upon criteria in the areas of Clinical Excellence, Educational Excellence, and Commitment to the Mission of the Hospital.

This year’s **Nursing Clinical Excellence Award Recipient is Kathy Brown**. Kathy’s nomination highlights her quiet leadership on the adult unit, from serving as one of two Care Coordinators to her role in leading EMR implementation. She is effective and skilled in her approach to patient care and is seen as a role model by even the more senior of psychiatric nurses.

We will be formally and publicly recognizing the nominees and award recipient at a ceremony on May 12th. Please join us in congratulating Kathy, Ian and Shayna.

Presentations & Publications:

Grilo, C. M., **Pagano, M. E.**, Stout, R. L., Markowitz, J. C., Ansell, E. B., Pinto, A., Zanarini, M. C., Yen, S., Skodol, A. E., et al. (2011). Stressful life events predict eating

disorder relapse following remission: Six-year prospective outcomes. *International Journal of Eating Disorders*, 44.

Research:

The Discovery and Wellness Center for Children is enrolling patients for a unique research study for juvenile onset Schizophrenia. This research study is designed to collect biological materials and study the cells from juvenile-onset schizophrenia patients and sex-matched adult control patients who have no evidence of a mental health related disease. Subjects will undergo a punch biopsy obtained from a University Hospital dermatologist. The DWCC is looking for children ages 10-17 who have been diagnosed with schizophrenia. There will be compensation for participation. If you have a patient that may be interested, please have them call 216-844-3922.

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center is currently enrolling patients between the ages of 13 -17 to participate in a research study for the treatment of Schizophrenia. Subjects must be diagnosed with Schizophrenia or must exhibit symptoms for a minimum of six months. Symptoms may include: paranoia, confused thoughts or disorganized speech. Eligible subjects must have some symptomatic relief with a previous medication. Study procedures may include a clinical evaluation, medical tests, and medication provided at no cost. For more information, please call 216.844.3922.

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 18-65 to enroll in a study for an investigational medication for Bipolar I Disorder. Participants

must be currently depressed, taking lithium, valproic acid, lamotrigine, aripiprazole, olanzapine, risperidone or ziprasidone (only if taken in combination with lithium or valproic acid) for a minimum 4 weeks before the onset of their current major depressive episode and not have an Axis I or Axis II diagnosis other than bipolar disorder that has been the primary focus of treatment within 3 months of screening. This study may last up to 15 weeks and visits are once a week. If eligible for the study, participants may receive study-related medical care, research medication and an evaluation at no cost. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Carla Conroy, BA, CCRC at (216) 844-2871 or Carla.Conroy@UHhospitals.org

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are concerned about **weight gain related to their current medication(s)**?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among BD patients concerned with weight gain.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current***

care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.

To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment.
2. Have current substance dependence.
3. Be at high risk of harm to self or others.
4. Be a female who is currently pregnant or breastfeeding.

Contact:

Melanie Currens at 216-844-2825
Email: Melanie.currens@uhhospitals.org

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants to enroll in a study that will assess the effectiveness of lithium or quetiapine added to treatment as usual in patients with bipolar disorder. Participants must have Bipolar I or II Disorder and be between the ages of 18-68. Study participation may last up to 6 months. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Sarah Obral at 216-844-2869 or Sarah.Obral@UHhospitals.org

Save the date:

Tuesday, April 26th
Spring Clinical Faculty Meeting
on Education

Cleveland Racquet Club
29825 Chagrin Boulevard
Pepper Pike, OH
6:30 p.m. cocktails (cash bar)
Followed by dinner & program
Please RSVP to:
Cynthia.glenn@uhhospitals.org

Contact:

Published by University
Hospitals Dept. of Psychiatry
DEADLINE FOR NEXT
ISSUE: Friday, 05/13/2011
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