

Monthly News – March 2011

Department of Psychiatry

March 14, 2011 Volume 5, Number 3

In Memoriam:

Reeves Warm, M.D.

August 10, 1931 – February 6, 2011



Dr. Warm had been a Child Psychiatrist at University Hospital's Rainbow Babies and Children's Hospital, in Cleveland from 1965 to 1997. Dr. Warm was a professor at the Case Western Reserve University School of Medicine, instructing in Child Psychiatry and a consultant with the Cleveland Public Schools.

From Dr. Ronis:

"I am deeply saddened to learn of Dr. Warm's passing, and regret that this information only came to me nearly a month after his death. We are eternally grateful for his selfless contributions to our department and to the many children whose lives were positively impacted by his efforts.

As the current chairman of the department of psychiatry, and a

former medical student at CWRU and resident at University Hospitals I had more than a passing acquaintance with Dr. Warm and can attest both personally and professionally to his enormous impact on generations of trainees in general and child psychiatry.

It is my hope that we may establish a Reeves Warm Lectureship as part of our continuing Grand Rounds series, so that his memory may live on for future generations...Reeves will be sorely missed."

From Dr. Maryellen Davis:

"During his 32 years as faculty within the Division of Child and Adolescent Psychiatry at University Hospitals, Dr. Reeves Warm was a most important contributor to the training and development of fellows in Child and Adolescent Psychiatry. His optimism and dedication to teaching were apparent, as he supervised on outpatient cases, on the consult service, and for the Cleveland schools rotation. When he taught the normal development section of the Mind Committee to the second year medical students, his wit and enthusiasm never failed to engage the interest of the students. His natural warmth and empathy made him a valued clinician who related well to patients, families, and colleagues. Even after his retirement, Dr. Warm continued to attend the

annual AACAP meetings and to maintain contact with the Cleveland community of child psychiatrists. Reeves Warm set a high standard as an empathic physician who always demonstrated integrity and common sense. He will be greatly missed by all who knew him."

Book Club:

The book club will be hosted by Dr. David Liu on **Sunday, March 27th**. The faculty discussant is Dr. Christina Delos Reyes. The book selection is *The Bell Jar*, by Sylvia Plath.



From Amazon.com Review:
"The Bell Jar tells the story of a gifted young woman's mental breakdown beginning during a summer internship as a junior editor at a magazine in New York City in the early 1950s. The real Plath committed suicide in 1963 and left behind this scathingly sad, honest and perfectly-written book, which remains one of the best-told tales of a woman's descent into insanity."

For more information on the Book Club, contact:

Archana.brojmohun@uhhospitals.org

Congratulations:

To the following full-time faculty members who have been named in **2011 Best Doctors in America:**

Dr. Joseph R. Calabrese

Dr. Christina M. Delos Reyes

Dr. Robert L. Findling

Dr. Margaret M. Kotz

Dr. Phillip J. Resnick

Dr. Robert J. Ronis

To **Dr. Patrick Runnels** and his wife Amy, who along with their 2-year old daughter Jillian, welcomed Ian Scott Runnels on 2/12.

General News:

From Dr. Ronis:

I'm pleased to announce that **Dr. Francoise Adan** has been named as co-medical director of the newly established UH Connor Integrative Medicine Network.

The Integrative Medicine Network has been established thanks to the leadership of UH Corporate Health and to the generosity of Sara and Chris Conner, with its home base located at the Ahuja Medical Center. It will offer training and free classes to the UH community, and will be developing integrative medicine programs for patients and visitors. "Integrative" is being used in the complete sense of the word, inclusive of traditional and CAM ("complementary and alternative medicine") approaches to healing and wellness; as well as "integrating" efforts of providers across our system and in the community.

Dr. Adan will continue as well with most of her current activities in the Mood Disorders Program, and will

see patients both at Walker and Ahuja as the program develops.

Please join me in congratulating Francoise, and feel free to offer your ideas and suggestions for how the project might better serve our community, or how we might serve the program.

Grand Rounds:

March 18th:

Speaker: Vasilis Pozios, M.D.

Topic: Mental Illness and Media: Do Misperceptions Deny Justice?

March 25th:

Speaker: Ronald Lee, M.D.

Topic: Integrative Psychiatry: A New Approach to Treating Mood Disorders

April 1st:

Speaker: Susan Kimmel, M.D.

Topic: To Be Announced

April 8th:

Speaker: Archana Brojmohun, M.D.

Topic: Boundary Crossings and Violations: How Well are Residents Informed?

April 15th:

Speaker: Michelle E. Fulk, D.O.

Topic: A Growing Demand for College Mental Health Services: how are we meeting this need and what are the next steps?

Presentations & Publications:

Kelly, J. F., Stout, R. L., Magill, M., Tonigan, J. S., & **Pagano, M. E.** (2011). Spirituality in recovery: A lagged mediational analysis of Alcoholics Anonymous' principal theoretical mechanism of behavior change. *Alcoholism: Clinical and Experimental Research*, 35, 454-463.

Research:

DWCC now Enrolling for a Depression Study

Dr. Robert Findling's Discovery and Wellness Center for Children at University Hospitals is currently enrolling children ages 7-11 for participation in a research study. Candidates must be exhibiting symptoms of depression such as irritability, feelings of worthlessness and change in appetite or sleep patterns. The objective of this study is to evaluate the long-term safety and tolerability of Escitalopram (Lexipro) in children 7-11 years of age. This is an open label, flexible dose study. Participants may receive a study related clinical evaluation, medical tests and investigational medication at no cost. To find out more about this research study, please contact Becky Weintraub at 216-844-3922.

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 18-75 to enroll in a study for an investigational medication for Bipolar I Disorder. Participants must be currently depressed and not have an Axis I or Axis II diagnosis other than bipolar disorder that has been the primary focus of treatment within 3 months of screening. Patients cannot be on any other psychiatric medications for the duration of this study. This study lasts up to 8 weeks and visits are once a week. If eligible for the study, participants may receive study-related medical care, research medication and an evaluation at no cost. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Carla Conroy, BA, CCRC at (216) 844-2871 or Carla.Conroy@UHhospitals.org

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are concerned about **weight gain related to their current medication(s)**?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among BD patients concerned with weight gain.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.***

To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment.

2. Have current substance dependence.
3. Be at high risk of harm to self or others.
4. Be a female who is currently pregnant or breastfeeding.

Contact:

Melanie Currens at 216-844-2825

Email:

Melanie.currens@uhhospitals.org

Save the date:

Tuesday, April 5, 2011

The Ohio Association of County Behavioral Health Authorities in partnership with Ohio Department of Alcohol and Drug Addiction Services is sponsoring "The Opiate Summit" which will be held at the Hyatt Regency in Columbus, Ohio from 9:00 a.m. to 4:30 p.m.

The goal of the Opiate Summit is to bring together physicians, professionals from health care, addiction prevention and treatment, judges, prosecutors, and law enforcement professionals to gain a common understanding of the problems and best practice solutions to address opiate abuse, addiction, and diversion. Featured speakers are Governor John Kasich, Ohio Attorney General Mike DeWine, and Chief Justice of the Supreme Court Maureen O'Connor.

Registration deadline is March 25th.

For more information: call 614-224-1111 or online at:

<http://oacbha.org/>

Tuesday, April 12, 2011

A free training --THE POWER OF THE PINK SLIP: A Guide to Involuntary Admission and Emergency Hospitalization will be held from 9:00 a.m. – 12:00 p.m. at the ADAMHS Board of Cuyahoga County, 2012 W. 25th Street, 6th Floor - Ohio Room.

For more information contact

Tonya Birney: (216) 241-3400 ext.

813 or register online at <http://www.adamhscc.org/>

Friday, April 22nd:

Annual Willard D. Boaz Memorial Lecture

Speaker: John T. Walkup, M. D. Vice Chair, Department of Psychiatry and Director, Division of Child and Adolescent Psychiatry a New York-Presbyterian Hospital/Weill Cornell Medical Center

Tuesday, April 26th

Spring Clinical Faculty Meeting on Education

Cleveland Racquet Club
29825 Chagrin Boulevard
Pepper Pike, OH
6:30 p.m. cocktails (cash bar)
Followed by dinner & program
More details to follow

Friday, April 29th:

5th Annual John C. and Sally S. Morley Family Foundation Lecture

Speaker: Katherine Burdick, Ph.D. Assistant Investigator Center for Psychiatric Neuroscience The Zucker Hillside Hospital

Wednesday, May 4th:

Annual meeting of the **Cleveland Consultation Liaison Society** at the Cleveland Skating Club from 11:30 a.m. to 5:00 p.m. deadline for registration is Monday, 4/11. For more information contact:

Jeanne.lacakamp@uhhospitals.org

Contact:

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CONTACT: Kate Kilbane Phone: 216-844-3658

kate.kilbane@uhhospitals.org