

Monthly News – February 2011

Department of Psychiatry

February 14, 2011 Volume 5, Number 2

General News:

The Department of Psychiatry at CWRU School of Medicine received a **\$7.8 million renewal grant** from the National Institute of Mental Health for a continuation of a study that began five years ago in which children aged 6-12 were screened and evaluated for elevated manic symptoms.

Dr. Robert L. Findling is the study's coordinating principal investigator.



The renewal of the grant will allow researchers to continue collecting data during a time period when participants are at increased risk of developing a bipolar spectrum disorder. Researchers will be able to further document the course of children with elevated symptoms of mania and related psychiatric disorders to better establish the most appropriate points for intervention.

“We’re particularly excited about adding neuroimaging to this next phase of the study to examine brain functioning in these children,” **Findling** said. “This research component is very innovative and will lay the groundwork for future studies between the child and adolescent psychiatry and radiology departments through collaborations involving neuroimaging in children.”

Dr. Martha Sajatovic was recently awarded a grant from Pfizer, Inc. to conduct an investigator-initiated study titled "Ziprasidone Switching in Response to Adherence and Psychotropic-Related Weight Gain Concerns Among Patients with Bipolar Disorder" (Zip Ad study). **Drs. Philipp Dines** and **Katherine Busby** are co-investigators on the study.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among bipolar patients concerned with weight gain. For more information about the study or to refer potential participants, please contact:

Melanie Currens at 216-844-2825 or

Melanie.currens@uhhospitals.org

Save the date:

Registration is open for the 10th **All-Ohio Institute on Community Psychiatry, March 25-26, 2011** at the Hilton Cleveland East in Beachwood.

For registration online go to: <http://casemed.case.edu/cme> and click on “Activities and Events.” To register by phone with and pay by credit card, call 216-983-1239. For further information contact:

Miriam.plax@uhhospitals.org

Friday, April 8, 2011

In response to the Imperial Avenue tragedies, the ADAMHS Board plans to open **Seasons of Hope**, a safe house for women with addiction in our community.

Moving through Despair into Seasons of Hope:

A non-traditional approach to women's treatment will be presented at a luncheon at the Cleveland Airport Marriott from 11:00 a.m. - 2:00 p.m.

The event will feature the Honorable Judge Joan Synenburg, Cuyahoga County Court of Common Pleas and **Ms. Tonier Cain**, a consumer advocate who has spoken nationally on trauma, incarceration, and recovery. Ms. Cain is featured in the documentary

“Behind Closed Doors: Trauma Survivors and the Psychiatric System,” and is the subject of “Healing Neen,” a documentary based on her life as she moved through multiple systems of care. Tickets are \$65 each. Tables of 10 can be purchased for \$600

For more information, contact Crystal Bryant at bryant@adamhsc.org or 216-241-3400, ext. 725.

Friday, April 22nd:

Annual Willard D. Boaz Memorial Lecture

Speaker: John T. Walkup, M. D. Vice Chair, Department of Psychiatry and Director, Division of Child and Adolescent Psychiatry at New York-Presbyterian Hospital/Weill Cornell Medical Center

Tuesday, April 26th

Annual Spring Clinical Faculty Dinner Meeting

Details to follow

Friday, April 29th:

5th Annual John C. and Sally S. Morley Family Foundation Lecture

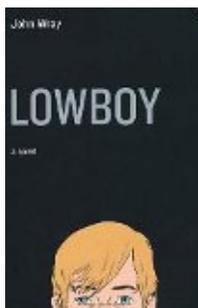
Speaker: Katherine Burdick, Ph.D. Assistant Investigator Center for Psychiatric Neuroscience The Zucker Hillside Hospital

Book Club:

The Book Club will meet on **Thursday, February 17th at 6:00 p.m.** at the Phoenix Coffee Shop at 1854 Coventry Road in Cleveland Heights. Dr. Jeanne Lackamp is the faculty discussant.

For information on date, time and place contact: Archana.brojmohun@uhhospitals.org

The book selection is *Lowboy*, by John Wray:



The selection for the **March** book club to be held on Sunday, March 27th is *The Bell Jar* by Sylvia Plath. More details to follow.

Comings and Goings:

Welcome to new members of the **Emergency Psychiatric Access Team:**

Valerie Lindak, LSW
Jacqueline Minyard, LSW
Sarah Auger, LPC

Welcome to new employees at UH Richmond Psychiatry:

Adult Psych Unit:

Joel Ayapana, RN
Ann Windau, RN
Altenese Hankins, CTA
Rahman Ali, CTA

Neurogeriatric team:

Meg Rogers, RN
Joann Hopkins, RN
Rush Godspower-Odiong
Nancy Jensen, Division Secretary
Audrey Morgan, Division Secretary

Congratulations:

The residency program is proud to announce that **Dr. Pari Deshmukh** has been selected to receive the American Psychosomatic Society (APS) Resident Travel Scholarship for 2011. The award covers his registration fee and defrays travel expenses so that he can attend the APS Annual Meeting which will take place in San Antonio, Texas in March. He has had two posters accepted for presentation at this meeting: “Effects of community PHP on psychosomatic symptoms” and “Effects of spirituality on mental health of patients with

rheumatoid arthritis”. Please join us in congratulating Dr. Deshmukh once again on his excellent work and award!

Grand Rounds:

February 18th:

Speaker: Shelah Rote, M.D.

Topic: Involuntary Admission

February 25th:

Speaker: Crystal Thomas, M.D.

Topic: Psychiatric Interventions in the Management of Pediatric Obesity

March 4th:

No Grand Rounds

DEPARTMENT MEETING

March 11th:

Speaker: Dr. James Knoll

Topic: The Pseudo-Commando Mass Murderer

Mayer-Haber Library News:

December, the Mayer Haber Library received a donation of five, nearly complete years, (2005-2010), of the *American Journal of Psychiatry*, three years of *Community Mental Health Journal* (2008-2010), and one issue each of *Clinical Schizophrenia and Related Psychoses* (2009), and the *Archives of General Psychiatry* (2005). There is also now a 2011 edition of the **Physician's Desk Reference** received at the same time. Other donations from various sources include three volumes of *Psychoanalytic Study of the Child*.

The following books were recovered for the Mayer Haber Library from recently downsized, private collections.

Psychoanalysis; a General Psychology: Essays in Honor of Heinz Hartmann, by Rudolph Maurice Loewenstein, 1966, with contributions by Lottie Newman, Max Schur, and Albert Solnit.

Heinz Hartmann is considered one of the principle developers of the theory of ego psychology. Published on the occasion of Hartmann's seventieth birthday, this book includes over thirty papers, a poem written in Hartmann's honor by one of his sons, and a chronologically arranged bibliography of Hartmann's publications from 1917 to 1964 inclusive. An introductory biographical paper by Ruth and K. R. Eissler presents an impressive picture of Hartmann as a person and scientist. The papers in the main body of the volume are grouped into six parts: The Man and His Work, History of Psychoanalysis, Aspects of Normal and Pathological Development, Contributions to Psychoanalytic Theory, Clinical Problems, and Correlations and Applications of Psychoanalysis. Some of the papers are concerned specifically with evaluation or elucidation of Hartmann's ego psychological concepts, while others are focused on the application of his concepts.

Freud: Living and Dying, by Max Schur, (1897-1969) International Universities Press, 1972.

Although primarily a medical doctor, Schur also contributed articles on psychoanalytic subjects to professional publications. This book is a biography of Sigmund Freud written by his personal physician, who helped Freud escape to England, and who cared for him in his final hours. Schur traces the theme of death in Freud's writings and praises Freud, now in exile in Britain at the beginning of World War II, for his admirable behavior in the stressful times at the end of his life. The author includes supporting material from Freud's letters to colleagues and admirers. Schur relates how Freud appealed to him for help in his last illness, and how Schur dutifully administered the lethal dose of morphine at his colleague's request.

Object Love and Reality: An Introduction to a Psychoanalytic Theory of Object Relations, by Arnold H. Modell, International Universities Press, 1968.

In this 1968 publication the author holds that the focus of psychoanalysis has gradually shifted from symptoms and dreams and their unconscious meanings, to the analysis of character, resistance, ego defenses, and to the problem of object relations. Modell begins with a consideration of the mental life of primitive man by exploring Paleolithic art. He continues by tracing man's development of a sense of identity and his ability to separate subject and object. These issues are considered from philosophic, social, and political as well as psychoanalytic perspectives.

Meditation 101:

Dr. Francoise Adan's Meditation 101 series is offered on a continuing cycle once a week for 4 weeks. Sessions are held on Mondays, starting March 14th at Noon and Wednesdays, starting March 16th at 6:00 p.m. at the W.O. Walker Center, 10524 Euclid Avenue. The enrollment fee is \$125 (\$80 UH & CWRU employees and their families). For registration and information call 216-844-2400

Presentations & Publications:

Dr. Keming Gao will present "Major Depression – Diagnosis and Treatment: What Medical Professionals Should Know?" at Southwest General Hospital on Friday, March 11th from 12:00 - 1:00 p.m.

Dr. Martha Sajatovic presented: "Enhancing treatment adherence among individuals with bipolar disorder" symposium at the 16th Biennial Winter Workshop in Psychoses 2011. Innsbruck, Austria. January 30-February 2, 2011.

Thomas, T, Stansifer, L, Findling, R; Psychopharmacology of Pediatric Bipolar Disorders in Children and Adolescents; *Pediatric Clinics of North America*, February 2011, Vol. 58, Number 1, 173-87

Testa M, West SG. Civil Commitment in the United States. *Psychiatry* 2010. 7(10):30-40.

West SG, Feldsher M. Why Do Sons and Daughters Kill Their Parents? The Role of Mental Illness in Parricide. *Current Psychiatry*. 9(11):20-38.

West SG, Friedman SH, Knoll JL. Lessons to learn: female educators who sexually abuse their students. *Psychiatric Times*. 27(8):9-10. Available at: <http://www.psychiatrictimes.com/display/article/10168/1604146>

Research:

DWCC now Enrolling for a Depression Study

Dr. Robert Findling's Discovery and Wellness Center for Children at University Hospitals is currently enrolling children ages 7-11 for participation in a research study. Candidates must be exhibiting symptoms of depression such as irritability, feelings of worthlessness and change in appetite or sleep patterns. The objective of this study is to evaluate the long-term safety and tolerability of Escitalopram (Lexipro) in children 7-11 years of age. This is an open label, flexible dose study. Participants may receive a study related clinical evaluation, medical tests and investigational medication at no cost. To find out more about this research study, please contact Becky Weintraub at 216-844-3922.

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are concerned about **weight gain**

related to their current medication(s)?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among BD patients concerned with weight gain.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.***

To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment.
2. Have current substance dependence.
3. Be at high risk of harm to self or others.

4. Be a female who is currently pregnant or breastfeeding.

Contact:

Melanie Currens at 216-844-2825

Email:

Melanie.currens@uhhospitals.org

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants to enroll in a study that will assess the effectiveness of lithium or quetiapine added to treatment as usual in patients with bipolar disorder. Participants must have Bipolar I or II Disorder and be between the ages of 18-68. Study participation may last up to 6 months. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Sarah Obral at 216-844-2869 or

Sarah.Obral@UHhospitals.org

Contact:

**Published by University Hospitals Dept. of Psychiatry
DEADLINE FOR NEXT**

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