

Monthly News – January 2011

Department of Psychiatry

January 17, 2011 Volume 5, Number 1

General News:

Brochures and registration will be available soon for the 10th Annual All-Ohio Institute on Community Psychiatry, **March 25-26, 2011** at the Hilton Cleveland East in Beachwood.

Congresswoman Marcy Kaptur will be the Advocacy Dinner speaker on Friday evening, March 25th.

For further information contact:
Miriam.plax@uhhospitals.org

The American Academy of Child and Adolescent Psychiatry highlighted a piece on the Summer Medical Student Fellowship Program, supported by Campaign for America's Kids, featuring Matthew Hirschtritt, a 2010 Summer Medical Student Fellow and future child and adolescent psychiatrist and researcher.

As a first year medical student, Matthew formed a mentorship with **Dr. Robert Findling**, who informed him about the Summer Medical Student Fellow program. His work with Dr. Findling focused on psychopharmacology and lab work, but he also observed staff clinicians working with children with a variety of psychiatric conditions. His interactions with underserved and underprivileged families strengthened his

understanding that providing education and resources to families is the most important step to treating children with mental illnesses.

The holiday gathering held on Friday, December 17th on the 13th Floor of W.O. Walker was well attended and enjoyed by all. A jazz trio from CSU's department of music provided the entertainment.

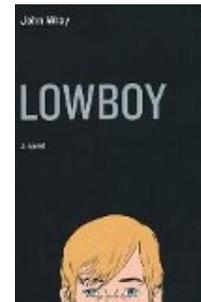


Abie Klein-Stefanchik (bass)
Tony Kazel (drums)
Dan Allie (vibes)

Book Club:

The Book Club resumes in February and will be held on Thursday evenings. The date is yet to be determined. Dr. Jeanne Lackamp is the faculty discussant. For information on date, time and place contact:
Archana.brojmohun@uhhospitals.org

The book selection for February is: ***Lowboy***, by John Wray:



From Publisher's Weekly: "Wray's captivating third novel drifts between psychological realities while exploring the narrative poetics of schizophrenia. The story centers on Will Heller, a 16-year-old New Yorker who has stopped taking his antipsychotic medication and wandered away from the mental hospital into the subway tunnels believing that the world will end within a few hours and that only he can save it."

Comings and Goings:

Welcome to:
New Neuro-Geriatric Staff:
LaToya Paul, CTA;
Roselea Kidola, RN

Congratulations:

Toyomi Goto, M.A., Interviewer, Combat Mental Health Initiative, Mood Disorders Program and her husband Matthew Holtz proudly introduce their daughter Noemi, born October 23rd and weighing 7 lbs. 9 oz.



Ruth Graupera-Frain, PGY-6
Post Pediatric Portal fellow, her husband, Richard Frain and their son Luke welcomed their daughter, Ela Knowlton Frain, on 1/8/11 at 6:06pm. She was 8lbs 3oz and 21 inches long.



Grand Rounds:

January 28th:

James A. Horner Lecture

Speaker: David J. Miklowitz, Ph.D.

Topic: The Role of the family in the Course and Treatment of Bipolar Disorder

February 4th:

Speaker: Abishek Jain, M.D.

Topic: Informed Consent and Capacity Road Mapping the Right to Decide

February 11th:

Bipolar Disorders Research Chair Lecture

Speaker:

Kathleen RiesMerikangas, Ph.D.

Topic: Epidemiology of the Bipolar Disorder Spectrum

February 18th:

Speaker: Shelah Rote, M.D.

Topic: Involuntary Admission

February 25th:

Speaker: Crystal Thomas, M.D.

Topic: Psychiatric Interventions in the Management of Pediatric Obesity

Presentations & Publications:

Karen W. Hogan, Head Nurse Manager, Department of Psychiatry, presented a lecture on "Peer Evaluations: Anonymous or Face-to Face" on Monday, January 17th. The lecture included information on how to have a crucial conversation and was offered in conjunction with Organizational Behavior and Learning in Bolwell A at UHCMC.

Alcoholics Anonymous-Related Helping and the Helper Therapy Principle; Maria E. Pagano; Stephen G. Post; Shannon M. Johnson *Alcoholism Treatment Quarterly*, 1544-4538, Volume 29, Issue 1, 2011, Pages 23 – 34; January 2011

Research:

Otsuka Schizophrenia Abilify Study

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center will soon be enrolling patients between the ages of 13 -17 to participate in a research study for the treatment of Schizophrenia. Subjects must be diagnosed with Schizophrenia or exhibit symptoms for a minimum of six months. Symptoms may include: paranoia, confused thoughts or disorganized speech. Eligible subjects must have some symptomatic relief with a previous medication. Study procedures may include a clinical evaluation, medical tests, and medication provided at no cost. For more information, please call 216.844.3922.

Dr. Findling and the Discovery and Wellness Center for Children

are currently enrolling subjects for participation in a punch biopsy genetics research study for youths with schizophrenia and healthy adults. We are looking for healthy (free of psychiatric diagnoses) adults ages 18-35 years old and children ages 10-17 who meet the criteria for schizophrenia. This is not a treatment study therefore the subjects may be receiving treatment for their schizophrenia. We are currently looking for subjects to donate a small tissue sample. Participants will be compensated. Subjects must call first for a brief screening. For more information, please call 216-844-3922.

The **Mood Disorders Program** at University Hospitals Case Medical Center is currently looking for research participants between the ages of 18-65 to enroll in a study for an investigational medication for Bipolar I Disorder. Participants must be currently depressed, taking lithium, valproic acid, lamotrigine, aripiprazole, olanzapine, risperidone or ziprasidone (only if taken in combination with lithium or valproic acid) for a minimum 4 weeks before the onset of their current major depressive episode and not have an Axis I or Axis II diagnosis other than bipolar disorder that has been the primary focus of treatment within 3 months of screening. This study may last up to 15 weeks and visits are once a week. If eligible for the study, participants may receive study-related medical care, research medication and an evaluation at no cost. If you would like more information about this study or any other studies we have ongoing at the Mood Disorders Program contact Carla Conroy, BA, CCRC at (216) 844-2871 or Carla.Conroy@UHhospitals.org

Acute Pharmacotherapy of Late-Life Mania (Geri-BD):

The study is a randomized, double-blind parallel group trial comparing

the benefits and side effects of the two most commonly used and FDA approved medications lithium (LI) with divalproex (DV) for patients with bipolar manic and hypomanic episodes who are aged 60 and older. Participants are recruited from ambulatory or inpatient services at University Hospitals Case Medical Center, as well as from the community.

Participants MUST:

- Be 60 or older;
- Have a diagnosis of Bipolar Disorder-I: Manic or Mixed Manic Episode, or Hypomania; *and*
- Currently be having a manic, hypomanic, or mixed manic episode.

For more information contact:

Melanie Currens at 216-844-2825 or email:

Melanie.Currens@UHhospitals.org

Do you see patients with schizophrenia or schizoaffective disorder who occasionally miss a dose of their medication and have been homeless in the past year?

Dr. Sajatovic's research group is currently conducting a study evaluating a psychoeducational intervention plus long-acting injectable antipsychotic medication, in recently/currently homeless individuals with schizophrenia or schizoaffective disorder who are known to have on-going difficulties with treatment non-adherence. The study is interested in analyzing how the combined approach affects treatment adherence behaviors/attitudes and homelessness. It is expected that the combination will improve adherence and reduce/prevent future homelessness.

Participants must be:

- Age 18 or older with schizophrenia or schizoaffective disorder;

- Currently or recently homeless (within the past 12 months) according to the current federal definition (HEARTH Act of 2009);
- Known to miss taking medication doses (missing 20% or more doses in the last week or month); and
- Able to provide written, informed consent to study participation.

If you would like more information about the study or would like to make a referral, please contact (or have your patients contact):

Edna Fuentes-Casiano, MSSA

216-844-2104 or Email:

Edna.Fuentes-Casiano@uhhospitals.org

This study is sponsored by the Reuter Foundation.

Contact:

Published by University Hospitals Dept. of Psychiatry

DEADLINE FOR NEXT

ISSUE: Friday, 02/11/2011

CONTACT: Kate Kilbane

Phone: 216-844-3658

kate.kilbane@uhhospitals.org