

## Monthly News – September 2011

# Department of Psychiatry

September 19, 2011 Volume 5, Number 9

### Special Events:

#### **NAMI Walk 2011:**

This is a reminder to everyone to sign-up to join our walk team for the NAMI Walk 2011! So far we have 15 people signed up and together have raised \$1005.00....way to go team!!! If you haven't had a chance to do so and are interested then it's not too late. Please see the directions below for more information on how to join/donate and timing of event.

The web address is:

[www.nami.org/namiwalks11/GC/O/uropsychnamiwalks](http://www.nami.org/namiwalks11/GC/O/uropsychnamiwalks)

From this page one can donate, join the team, and encourage family members to donate:

#### **Date and time of Walk:**

Location: Voinovich Park behind the Rock & Roll Hall of Fame Cleveland, OH

Date: September 24, 2011

Distance: 2.5 MI

Check-in: 9:00 a.m.

Start Time: 10:00 a.m.

If you have any questions regarding event, please email [andrea.taylor@uhhospitals.org](mailto:andrea.taylor@uhhospitals.org)

For 22 years **Recovery Month** has brought together millions of people across the United States to celebrate recovery and educate communities about substance abuse and mental health disorders. This year the

Substance Abuse and Mental Health Services Administration's (SAMHSA) theme is *"Join the Voices for Recovery: Recovery Benefits Everyone"*. It was selected to educate as many people as possible about prevention, treatment and recovery. The message is clear that people in recovery live healthy, full and productive lives. Help us celebrate the strength and determination of so many by continuing to support people on their path to recovery during Recovery Month and throughout the year. To learn more about Recovery Month and read stories about recovery go to [www.recoverymonth.gov](http://www.recoverymonth.gov)

SAMHSA's Recovery Month is on Facebook, Twitter and YouTube.

Addiction Recovery Service will have a Recovery Month display table in the Atrium of University Hospital Case Medical Center on Wednesday, **September 28<sup>th</sup>** from 11:30-1:00 pm along with the hospital's employee assistance program. Handouts on various drugs of abuse and giveaways will be provided.

#### **SPEA 'Into the Light' Walk 2011:**

Every year the Suicide Prevention Education Alliance (SPEA) holds a fundraising walk ('Into the Light Walk') to help prevent and spread awareness about suicide.

University Hospitals Department of Psychiatry Department is a strong supporter of the SPEA. This year in addition to sponsoring the walk,

**Dr. Ronis** has been chosen as the honorary chair. SPEA's mission is to prevent suicide through education. Suicide is the third leading cause of death among those aged 15-24.

#### **Date and time of Walk:**

Location: Cleveland Metroparks Zoo; 3900 Wildlife Way, Cleveland, OH 44109

Date: October 2, 2011

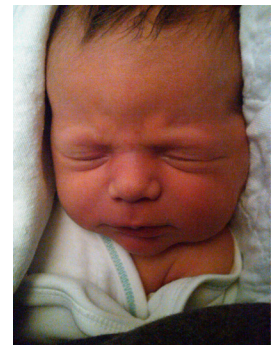
Check-in: 6:00 pm

Start Time: 8:00 pm

For further information about donating or joining the team, contact:

[andrea.taylor@uhhospitals.org](mailto:andrea.taylor@uhhospitals.org)

### Congratulations:



**Dr. Cathleen Cerny** and her husband, Christian Suelzer, welcomed their son Spencer on September 12<sup>th</sup>. He weighed 7 lbs 5 ounces and was 19.5 inches.

Robert L. Findling, M.D., MBA



**Dr. Findling** started at the London School of Economics in 2009 as part of the TRIUM Program. (triumemba.org). He graduated on September 10, 2011 at Lincolns Inn in London.

## Grand Rounds:

**September 23<sup>rd</sup>:**

**Reeves Warm Lecture**

**Speaker:** John V. Campo, M.D.

**Topic:** Pediatric Psychopathology

In Primary Care: Functional Somatic Symptoms, Anxiety and Depression

**September 30<sup>th</sup>:**

**Mayer-Haber Lecture**

**Speaker:** Peter F. Buckley, M.D.

**Topic:** Relapse in Schizophrenia

**October 7<sup>th</sup>:**

**Rocco L. Motto Lecture**

**Speaker:** F. Xavier Castellanos, M.D.

**Topic:** From Inconsistency in ADHD & Noisy Neurons to Open Neuroscience

**October 14<sup>th</sup>:**

**Education Update**

**Susan Stagno, M.D.**

**October 21<sup>st</sup>:**

**Speaker:** Joseph Locala, M.D.

**Topic:** Psychodermatology and Experiences in a Multi-Disciplinary Dermatology Clinic

**October 28<sup>th</sup>:**

**Speaker:** Leah Dickstein

**Topic:** The Impact of Domestic Violence: Personal and Other Terrorism Across the Life-Cycle

## Mayer-Haber Library News:

Two recent donations from Department of Psychiatry staff members added 25 books to the collection. These included four classics by local authors.

Erna Furman. *A Child's Parent Dies*, Yale University Press, 1974

Howard Sudak. *Clinical Psychiatry*, Warren Green, Inc., 1985

Stephen Post. *Altruism and Health: Perspectives from Empirical Research*, Oxford University, 2007

Jane Kessler. *Psychopathology of Childhood*, Prentice-Hall, 1966

The Library also acquired five volumes of *Adolescent Psychiatry: Developmental and Clinical Studies* from the late 80's and early 90's. This annual reference compiles original studies by clinicians, developmental researchers, and social scientists.

Newer titles from the donations are:

Craig Piers, John Muller and Joseph Brent, eds. *Self-Organizing Complexity in Psychological Systems*, Aronson, 2007

"The new sciences of complexity show many points of convergence with psychological theory and practice, emphasizing that history is irreversible and discontinuous, small early interventions can have large and unexpected later effects, and each life trajectory is unique yet patterned." Publishers Description.

Michael Banov, MD, *Taking Antidepressants: Your Comprehensive Guide to Starting, Staying On, and Safely Quitting*, Sunrise River Press, 2010.

A reviewer states... "an incredible resource for patients."

Elizabeth Howell. *Understanding and Treating Dissociative Identity Disorder: A Relational Approach*, Routledge, 2011

The author is Associate Editor of the *Journal of Trauma and Dissociation*.

Albert Aniskiewicz. *Psychotherapy for Neuropsychological Challenges*, Jason Aronson, 2007 Choice (American Library Assoc.) reviewers call this "an inspiring book." and state, "this is a powerful study of the application of mindfulness to a difficult and chronically challenged population." This book contains a chapter on caregiving challenges.

Michael Fitzgerald, (psychoanalyst) and Ioan James (mathematician). *Mind of the Mathematician*, Johns Hopkins U. Press, 2007

The authors explore the behavior and personality traits of mathematicians, and profile 20 great mathematical personalities of the last three centuries.

David Hemenway. *While We were Sleeping: Success Stories in Injury and violence Prevention*, U. of California Press, 2009

Here is the evidence that Public Health has made our lives safer. The author presents sixty success stories of public health science and policy, including sections on traffic roundabouts, suicide, and safety in medical treatment.

## Presentations and Publications:

*PTSD Comorbidity and Suicidal Ideation Associated With PTSD Within the Ohio Army National Guard*; **Joseph R.**

**Calabrese**, Marta Prescott, Marijo Tamburrino, Israel Liberzon, **Renee Slembariski**, Emily Goldmann, **Edwin Shirley**, Thomas Fine, **Toyomi Goto**, Kimberly Wilson, **Stephen Ganocy**, **Philip Chan**, **Mary Beth Serrano**, James Sizemore, and Sandro Galea; J Clin Psych 2011; Volume 72 (8) 1072-78

*Wernicke-Korsakoff Syndrome Developing after Bariatric Surgery*. American Journal of Psychiatry Residents' Journal. April 2011; 6(4):13-14.

**Crystal Thomas MD, Vince Caringi MD.** (Available online at <http://ajp.psychiatryonline.org/cgi/data/168/4/A38/DC2/1>)

"With Right Tools, Psychiatrists Can Help Manage Pediatric Obesity" by Rob Goodier in MedBioWorld published May 20, 2011. Article based on interview regarding research poster "Psychiatric Interventions in Managing Pediatric Obesity" by **Crystal Thomas MD, Libbie Stansifer MD, and Tiffany Thomas MD** that was presented at the APA Annual meeting in May 2011. (Available online at <http://www.medbioworld.com/news.php?topic=0&article=20110520clin010.xml>)

**Carruthers, K. A.** (2011, July). *Gender differences in adolescents entering residential substance abuse treatment*. Conference session at the 10th annual meeting of the Association of Recovery Schools in Cleveland, OH.

**Delos Reyes, C.M.** (2011, July). *Research in addiction and recovery: Stressful life events and alcohol relapse*. Conference session at the 10th annual meeting of the Association of Recovery Schools in Cleveland, OH.

**Mahfoud, Y.** (2011, July). *Preteen marijuana use: Harmless or harmful?* Conference session at the 10th annual meeting of the Association of Recovery Schools in Cleveland, OH.

## Research:

**The Discovery and Wellness Center for Children** is still

enrolling patients for a unique research study for juvenile onset Schizophrenia. This research study is designed to collect biological materials and study the cells from juvenile-onset schizophrenia patients and sex-matched adult control patients who have no evidence of a mental health related disease. Subjects will undergo a punch biopsy obtained from a University Hospital dermatologist. The DWCC is looking for children ages 10-17 who have been diagnosed with schizophrenia. There will be compensation for participation. For more information, please call 216-844-3922.

**The Discovery and Wellness Center for Children** at University Hospitals Case Medical Center is currently enrolling patients for participation in a clinical trial for children ages 6-12 years with Attention Deficit Hyperactivity Disorder (ADHD) and aggression. Symptoms may include difficulty paying attention, temper tantrums, and initiating physical fights. Treatment may include parent education, study related exams and medication from a doctor who specializes in pediatric mental illness. To learn more about this research study, please call 216-844-3922.

**The Mood Disorders Program** at Case Western Reserve University/University Hospitals is now enrolling participants into a clinical trial. The trial is looking at how pioglitazone can treat the symptoms of depression and metabolic syndrome. Metabolic Syndrome refers to a group of medical risk factors found in individuals that may include being overweight, having high blood pressure and/or elevated cholesterol levels, and a family history of heart disease and/or diabetes.

The trial is enrolling men and women, ages 18 to 70, who have

been diagnosed with both bipolar disorder and metabolic syndrome. All potential participants will be screened for metabolic syndrome at their initial study visit. All participants will be taking pioglitazone, an FDA approved medication for the treatment of high blood sugar. Participants cannot be suffering from Heart Failure. All visits will be at the Mood Disorders Program at the W. O. Walker Building in University Circle, and the study may last up to 24 weeks. For more information on the trial, call 216.844.2869 or go to [www.case.edu/mdp/](http://www.case.edu/mdp/).

## Save the date:

**Wednesday and Thursday, October 12<sup>th</sup> and 13<sup>th</sup>:**  
Inaugural Ohio Health Literacy Conference  
For more information or to register: [www.stvincentcharity.com/OHLC](http://www.stvincentcharity.com/OHLC)

**Tuesday, October 25, 2011<sup>h</sup>**  
Fall Clinical Faculty Meeting  
6:30 p.m. cash bar followed by dinner & program  
Cleveland Racquet Club  
29825 Chagrin Boulevard  
Pepper Pike, OH 44124  
To RSVP, contact: [Cynthia.glenn@uhhospitals.org](mailto:Cynthia.glenn@uhhospitals.org)

## Contact:

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