

Monthly News – August 2011

Department of Psychiatry

August 17, 2011 Volume 5, Number 8

Special Events:

Dr. Herbert Meltzer, preeminent researcher in serious mental illness and previously a member of the department here at CWRU (1986-96) will be presenting this year's Douglas Danford Bond Lecture on **Friday, September 9th at 8:00 a.m.** in the W.O. Walker Center Auditorium. This will also commemorate the 25th anniversary of Dr. Meltzer's appointment as the first Douglas Danford Bond Chair at CWRU.

All Research Faculty and Staff are invited to attend a private session with Dr. Meltzer from 10:15 – 11:30, in the 13th Floor (Mayer-Haber) Conference Room. RSVP to Cindy Glenn at 844-3883 or by email to Cynthia.glenn@uhhospitals.org

All Residents and Fellows are invited to have an informal discussion and lunch with Dr. Meltzer from 11:45 – 1:00, also in the 13th Floor Conference room. RSVP to Cindy Glenn at 844-3883 or by email to Cynthia.glenn@uhhospitals.org

“Voices,” a play by David Lombardy will be premiered at the **Hanna Theater September 8th-10th.** The play chronicles the inner experiences of someone with Bipolar I disorder who struggles with psychosis and suicidality. The

Mr. Lombardy participated in Dr. Meltzer's clinical program when he was on faculty at CWRU in the early 90's. The play is dedicated to Dr. Meltzer and a portion of the proceeds will go to support Dr. Meltzer's continuing research program. Tickets are available by calling the Playhouse Square ticket office at (216)241-6000

General News:

The 2010-11 Annual Report of the Ohio Department of Mental Health included a feature on the **Pediatric Psychiatric Network**. The PPN was designed with input from children's hospitals and teaching programs throughout the state, including **Drs. Aaron Ellington, John Hertzner, and Robert Ronis** of the UHCMC Department of Psychiatry.



**Aaron Ellington, Ph.D., and
John Hertzner, M.D.**

The primary goal of the Pediatric Psychiatric Network (PPN) is to provide better access to mental health care for children and youth.

The network has a single toll-free telephone number for pediatricians or primary care physicians to call and speak with a child psychiatrist 24 hours a day, seven days a week, regarding diagnosis, treatment or referral. The PPN's website contains standardized diagnosis and treatment protocols, community mental health resources and links directly to hospitals, providing information or referral requests via the Internet.

As of July 2011, Ohio providers have logged on to the website 1,164 times, using the dedicated consult line for 181 psychiatric consults. Many calls concerned assistance with treatment plans and medication management. The PPN has helped to improve family access to psychiatric care through consultation now available to local pediatricians, family physicians and other primary care providers.

Outpatient Clinics at Ahuja Medical Center

Drs. Francoise Adan, Felipe Amunategui, Chris Bedosky, Jennifer Levin and Solomon Zarea will begin providing clinical services at Ahuja Medical Center beginning August 29th.

Congratulations:

Katherine Busby, Geriatric Psychiatry Fellow, and her husband Bill welcomed their son John Raymond on 8/17/11 at 3:00 p.m.



Amber Childs (MHW, CAPU) has been awarded a Full Scholarship to complete her Nursing Degree at Cleveland State University! Amber is one of 400 students selected out of over 4,000 applicants nationwide to receive this scholarship. The scholarship is awarded by the U.S Department of Health and Human Resources.

Laura Ramdhan (MHW, CAPU) has completed her nursing degree at Cleveland State University and has been licensed by the state of Ohio as an RN. Laura will be leaving her MHW position on the Child and Adolescent Psychiatry Inpatient Unit and will begin her nursing career at Richmond Medical Center on the orthopedic floor.

Congratulations to **Mary Beth Serrano** of the Mood Disorders Program and her husband Marco on the birth of their son Finnegan Padraig Serrano, born on 7/21/11.



Luciana Jackson, Patient Service Representative, celebrated her 3rd and **Candius Royal**, Patient Verification Specialist celebrated her one-year anniversary in the department of Psychiatry.

Comings and Goings:

Welcome to:

Michael Scur, RAI, who has joined Dr. Maria Pagano's research team.

New faculty member, **Binit Shah, M.D.** Dr. Shah will be providing services at Seidman Cancer Center, in Pain Medicine, and on the Consultation Liaison Service.

Timothy Warneka, RAI, who joined the Mood Disorders program on 7/25.

A fond farewell to **Dr. Yael Crawford** and her canine therapy companion, **Bocce**, who will be retiring from the Department of Psychiatry at the end of August. Good bye and good luck to **Shannon Johnson** who will be pursuing her Ph.D. in psychology at Ohio University.

Grand Rounds:

August 19th:

Topic: The Opiate Epidemic in Ohio: What Psychiatrists and Other healthcare Professionals Can Do

Presenter: Christina Delos Reyes, M.D.

August 26th:

Topic: Funding for Care for Children with Multiple Needs

Presenter: Frank Hickman, J.D.

September 2nd:

NO GRAND ROUNDS

Department meeting and annual department photo immediately following the meeting.

September 9th:

Topic: The Past, the Present, and the Future for the Treatment, Prevention and Cure of Schizophrenia

Presenter: Herbert Meltzer, M.D.

September 16th:

Topic: Chemical Dependency in Adolescents

Presenter: Aaron Ellington, Ph.D.

Presentations and Publications:

Dr. Kirk Carruthers, recent graduate of the Addiction Psychiatry Fellowship and current Community Psychiatry Fellow has been selected by The American Academy of Addiction Psychiatry for a poster presentation at the 22nd Annual Meeting and Symposium, which will take place December 8-11, 2011 at the Scottsdale Resort & Conference Center in Scottsdale, Arizona.

Research:

The Discovery and Wellness Center for Children is enrolling patients for a research study for juvenile onset Schizophrenia. This research study is designed to collect biological materials and study the cells from juvenile-onset schizophrenia patients and sex-matched adult control patients who have no evidence of a mental health related disease. Subjects will undergo a punch biopsy obtained from a University Hospital dermatologist. The DWCC is looking for children ages 10-17 who have been diagnosed with schizophrenia. There will be compensation for participation. If you have a patient that may be interested, please have them call Becky Weintraub at 216-844-3922.

Research Study:

Do you have patients with **schizophrenia** and previous **trouble with the law?**

This is a multicenter, 15-month, prospective, randomized, active-controlled, open-label, flexible dose study of paliperidone palmitate compared with oral antipsychotic treatment in delaying time to treatment failure in adults with schizophrenia who have been recently released from custody/jail. Participants will be randomly assigned to receive either long-acting injectable or oral antipsychotic. ***Participants should continue to receive mental health and medical services from their usual providers while in the study.***

To participate, individuals must:

1. Be age 18 or older with schizophrenia;
2. Have been incarcerated (jail or prison) at least twice in the previous 2 years with the last release from the most recent incarceration occurring within the previous 90 days
3. Be able to provide written, informed consent to study participation.

To participate, individuals may NOT:

1. Women who are pregnant or breast-feeding, or planning to become pregnant
2. Subjects who are actively abusing intravenous drugs within the past 3 months
3. Have previous history of lack of response when treated with paliperidone

Contact Person

Tiffany Williams --216-844-2835

Email:

Tiffany.Williams@UHhospitals.org

Research Study:

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are concerned about **weight gain related to their current medication(s)**?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-

optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical outcomes (psychiatric symptoms, functional status, weight) among BD patients concerned with weight gain.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.***

To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment
2. Have current substance dependence.
3. Be at high risk of harm to self or others.
4. Be a female who is currently pregnant or breastfeeding.

Contact Person

Melanie Currens -- 216-844-2825

Email:

Melanie.Currens@UHhospitals.org

Save the date:

**Department Meeting
Friday, September 2, 2011**

W.O. Walker Auditorium
8:00 a.m. – 9:00 a.m.

The Annual Department Photograph will be taken immediately following the meeting.

NAMIWALKS 2011

Saturday, September 24, 2011

- **Location:** Voinovich Park behind the Rock & Roll Hall of Fame in Cleveland, OH
- **Date:** September 24, 2011
- **Check-in:** 9:00AM - Start Time: 10:00AM
- **Distance:** 2.5 MI

- **Check-in:** 9:00 am **Start:** 10:00 am

For additional information about participating in the Walk, contact Bridget Murphy at 216.875.0266 or via email at:

bmurphy@nami.org

**Annual Department Picnic
Sunday, September 25, 2011**

Squire Vallevue Farm
3:00 – 7:00 p.m.

To RSVP and for more information Contact:

Cynthia.Glenn@uhhospitals.org

Sunday, October 2, 2011

Suicide Prevention Education Alliance (SPEA) "Into the Light" walk at the Cleveland Zoo.

For more information:

<http://www.speaneohio.org/about/contact-spea>

Tuesday, October 25, 2011^h

Fall Clinical Faculty Meeting
6:30 p.m. cash bar followed by dinner & program

Cleveland Racquet Club
29825 Chagrin Boulevard
Pepper Pike, OH 44124

To RSVP, contact:

Cynthia.glenn@uhhospitals.org

Contact:

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DEADLINE FOR NEXT

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