

## Monthly News – July/August 2014

# Department of Psychiatry

August 4, 2014 Volume 4, Number 7/8

### Evidence-Based Practice Conference 2014:

**Registration is open!** Our popular Evidence-Based Practices (EBP) Conference takes place on October 14 & 15, 2014. Cleveland Airport Marriott, Cleveland, Ohio There will be 48 workshops available. The Keynote presenters are Raul Almazar, RN, MA, senior consultant to SAMHSA, and Charryse Cooper, advocate for trauma-informed care.

**Evidence-Based Practices Conference 2014** explores introductory, intermediate, and advanced topics for implementing and integrating evidence-based practices, emerging best practices, and other healthcare and behavioral-healthcare innovations that improve outcomes for adults and youth with mental illness, substance use disorders, and co-occurring disorders.

**Deadline for registration is September 23<sup>rd</sup>.** For further information or to register for the conference go to:  
<http://www.centerforebp.case.edu/>

### Awards and Recognition:

In the recent 2014 publication of Thomson Reuters, **Dr. Joseph Calabrese** has been selected to be on the list of the "**Most Influential**

### Scientists Worldwide – Highly Cited Researchers.”

“Highly Cited Researchers 2014 represents some of world’s leading scientific minds. Over three thousand researchers earned the distinction by writing the greatest numbers of reports officially designated by Essential Science Indicators<sup>SM</sup> as Highly Cited Papers—ranking among the top 1% most cited for their subject field and year of publication, earning them the mark of exceptional impact.”

Congratulations to the following faculty members who received promotions, effective July 1, 2014:

**Peijun (PJ) Chen (VA),**  
Associate Professor  
**George Jurjus(VA),**  
Associate Professor  
**Jeffrey Janata,**  
Professor  
**Robert Goldberg (VA),**  
Clinical Professor  
**Irina Korobkova**  
Assistant Professor  
**Nora McNamara**  
Assistant Professor  
**Karen Tien**  
Assistant Professor

Congratulations to **Adrienne Cochrane, RN-BC, ACN,** and **Deborah Ludwig, BSN, RN-BC,** for achieving designation in Psychiatric and Mental Health

Certification from the American Nurses Association.

Congratulations to **Meghan Baron, BSN,** who earned her board certification in Psychiatric Mental Health Nursing.

### Comings and Goings:

Welcome to our new faculty appointments:

**Mary Gabriel, MD**  
Effective 8/1/14  
Senior Instructor  
**Neal Goldenberg, MD**  
Effective 7/1/14  
Senior Instructor  
**Sarah Lytle, MD**  
Effective 8/18/14  
Senior Instructor  
**Sarah Nagle-Yang, MD –**  
Effective 8/18/14  
Assistant Professor

Welcome to our new residents and fellows:

### PGY-1 Residents:



Alexandra Wang, MD  
Amandeep Bains, MD  
Andrew Mikhail, MD  
Awis Aftab, MD

Cheryl Chen, MD  
Christine LaGrotta, MD  
Elena Yanchar, DO  
Samantha Latorre, MD

**PGY-2 Resident**  
Gregory Bredow, MD

**PGY-4 Child and Adolescent  
Psychiatry Fellows:**  
Elise Bonder, MD  
Jess Levy, MD  
Narendran Neelakantachar, MD  
Priya Shrestha, MD

**PGY-5 Forensic Psychiatry  
Fellows**  
Nicole Graham, MD  
Daniel Hackman, MD  
Cortney Kohberger, MD

**PGY-5 Geriatric Psychiatry  
Fellows:**  
Wei (Wayne) Hu, MD  
Stephen Wilkes, MD

Welcome to: **Frederica Leeca** who is here from Italy and is doing a two month observership with the Mood Disorders Program under the mentorship of Dr. Keming Gao.



### **Congratulations:**



To **Dr. Elise Bonder, PGY-4 Child and Adolescent Psychiatry Fellow, and her husband Dr.**

**Bryan Bonder** on the birth of their daughter, Anabelle Rose Bonder She was born on Sunday, August 3, 2014 8:54 a.m. -- 6 lbs 9 ounces, 19 and 3/4 inches long.

### **General News:**

**Lisa Nageotte and Adrienne Cochrane** have created a new department initiative, the **Patient Experience Bundle**, which is designed to improve patient satisfaction and create consistency among ambulatory sites and practices. This new tool will provide employees and staff in every role to have a set of best practices to follow, which include drivers on how to interact with patients in every aspect of the practice. A new driver will be implemented on a month by month basis. The department-wide Team Champions are **Darlene Foth, Jennifer Gogolek, Rebecca Hawkins, Luciana Adams, and Lorraine Urigel**. Stay tuned or contact your Team Champion for more information!

### **Grand Rounds:**

**August 8<sup>th</sup>:**  
**\*Robert Frankel Lecture**  
**Speaker:** Amy M. Kilbourne, Ph.D., M.P.H.  
**Topic:** Developing Evidence-Based Implementation Strategies of Mental Health: Roadmaps for Learning Healthcare Systems

**August 15<sup>th</sup>:**  
**Speaker:** Avril S. Albaugh, MSSA, LISW  
**Topic:** Addressing Maternal Mental health Needs from a Public Health Perspective in Cuyahoga County

**August 22<sup>nd</sup>:**  
**\*Bipolar Disorders Endowed Chair Lecture**  
**Speaker:** Allen Doederlein  
**Topic:** The Role of Depression and Bipolar Support Alliance and Peer Support in Attaining and Sustaining Wellness

**August 29<sup>th</sup>:**  
**Speaker:** Patrick Runnels, MD and Rosa Ruggiero, CNP  
**Topic:** Developing a Conceptual Framework for APN and Physician Collaboration

**September 5<sup>th</sup>:**  
**NO GRAND ROUNDS**  
**DEPARTMENT MEETING**

**September 12<sup>th</sup>:**  
**\*L. Douglas Lenkoski Lecture**  
**Speaker:** Sergio Aguilar-Gaxiola, M.D., Ph.D.  
**Topic:** If You Build It, Will They Come? Addressing and Reducing Mental Health Treatment Gaps in Latinos

**\*Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113**

### **Presentations and Publications:**

Arnold LE, **Ganocy SJ**, Mount K, Youngstrom EA, Frazier T, Fristad M, Horwitz SM, Birmaher B, Findling R, Kowatch RA, Demeter C, Axelson D, Gill MK, Marsh L. Three-year latent class trajectories of ADHD symptoms in a clinical sample not selected for ADHD. *J Am Acad Child Adolesc Psychiatry* 2014;53(7):745-60.

Lee, M.T., Vega, P.S., Johnson, B.R., & **Pagano, M.E.** (2014). Daily spiritual experiences and adolescent treatment response. *Alcoholism Treatment Q*, 32: 271-298.

**Dr. Stephen Ruedrich** presented "Psychopharmacologic Treatment of Adults with ASD and Comorbid Psychiatric and Behavioral Issues" at the 12<sup>th</sup> Annual Milestones Autism Spectrum Disorder Conference in Cleveland Ohio on June 18-19<sup>th</sup>.

## Research Studies:

University Hospitals is now conducting a research study for children and adolescents between the ages of 7-17 with Generalized Anxiety Disorder or Major Depressive Disorder. Eligible participants may receive a thorough evaluation and study medication from a doctor who specializes in mental illness at no cost. To learn more, contact Becky Weintraub at 216-844-3922 or via email at [Becky.weintraub@uhhospitals.org](mailto:Becky.weintraub@uhhospitals.org)

### CAL-Concierge Research Study:

**Do you have patients with schizophrenia or schizoaffective disorder who occasionally miss a dose of their medication and have been homeless in the past year?**

Dr. Sajatovic's research group is currently conducting a study evaluating a psychoeducational intervention plus long-acting injectable antipsychotic medication, in recently/currently homeless individuals with schizophrenia or schizoaffective disorder who are known to have on-going difficulties with treatment non-adherence. Study staff will also work directly with the participant's mental health provider in the community to ensure *treatment is continued after the study*.

The study is interested in analyzing how the combined approach affects treatment adherence behaviors/attitudes and homelessness. It is expected that the combination will improve adherence and reduce/prevent future homelessness.

Participants must be:

- Age 18 or older with **schizophrenia** or **schizoaffective disorder**
- Currently or **recently homeless** (within the past 12 months) according to the current federal definition (HEARTH Act of 2009);

- Known to **miss taking medication doses** (missing 2 or more doses in the last week or 6 or more doses in the last month).

If you would like more information about the study or would like to make a referral, please contact (or have your patients contact):

Kouri Akagi  
Phone: 216-844-2835 or via  
Email at:  
[Kouri.Akagi@uhhospitals.org](mailto:Kouri.Akagi@uhhospitals.org)

## Save the Date:

“Navigating the Memory Maze...Pathways to Dementia Decision-Making”

**Sunday, September 14, 2014**

**11:00 a.m. – 3:00 pm**

at Montefiore

One David N. Myers Parkway  
Beachwood, Ohio 44122

**FREE & OPEN TO all!**

For more information or to register, visit contact Susan Lieberman, director of marketing, at 216.-910-2647 or via e-mail at

[slieberman@montefiorecare.org](mailto:slieberman@montefiorecare.org)

“Navigating the Memory Maze... Pathways to Dementia Decision-Making”

**Monday, September 15, 2014**

at Montefiore

One David N. Myers Parkway  
Beachwood, Ohio 44122

7:30 am: Registration & Breakfast

8 am – 12:30 pm: Presentations

Keynote address featuring

Dr. James B. Leverenz

Director, Cleveland Clinic Lou  
Ruvo Center for Brain Health

For further information or to register contact: Susan Lieberman at 216.910.2647 or via e-mail:

[slieberman@montefiorecare.org](mailto:slieberman@montefiorecare.org)

**2014 NAMIWalks Greater Cleveland**

**Location:** Voinovich Park

**Date:** 9/20/2014

**Distance:** 5K

**Check-in:** 9:00 a.m.

**Start Time:** 10:00 a.m.

**For more information about this event, please contact:**

Lisa Dellafiora  
Development & Special Events  
Coordinator  
216-875-0266  
[ldellafiora@namicleveland.org](mailto:ldellafiora@namicleveland.org)

## Contact:

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**DEADLINE FOR NEXT**

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