

Monthly News – June/July 2015

Department of Psychiatry

July 31, 2015 Volume 9, Number 6/7

General News:

Dr. Christina Delos Reyes, Addiction Psychiatric Fellowship, University Hospitals Case Medical Center, was interviewed for ABC news in Dayton on June 21st regarding House Bill 4, a bill designed to get better access to the heroin antidote -- naloxone -- is one step closer to becoming a law. It would allow doctors to give the authority to pharmacists to give out the antidote without a prescription. It would also give immunity from liability to friends and family who jump in to help an addict who overdoses. Opponents often fear the antidote condones or legitimizes heroin abuse but doctors argue it saves lives. “We do know that people who have their overdose reversed, approximately one-third will continue to overuse but two-thirds will actually take it as the wakeup call that it is and go into treatment,” says. No word on if or when Governor Kasich may sign the bill.



This year's NAMI Walk will take place on Saturday August 29, 2015 at 9:00 a.m. @ Edgewater Park.

Below is the link for University Hospitals Department of Psychiatry's team:
<https://securewalks.nami.org/registrant/TeamFundraisingPage.aspx?teamID=617528#&panel1-2>

There is still time to join the team or make a donation toward the team's goal of \$4000.

Dr. Christina Delos Reyes accepted the challenge to rappel down 22 stories of a building in Columbus, OH on Thursday, August 06, 2015 to make an impact on the prevention, treatment, and recovery of addiction. Dr. Delos Reyes exceeded her goal of raising over \$2000 to support Shatterproof. Shatterproof is a national organization committed to protecting our children from addiction to alcohol or other drugs and ending the stigma and suffering of those affected by this disease.



Dr. Delos Reyes with Allisyn Leppla, who works with her on the Cuyahoga County Opiate Task Force through the Cuyahoga County Board of Health:



2015 Graduation Banquet:



Congratulations to the 2015 Graduates and Award Recipients:

Psychiatry
Jacob McGrath M.D.
Shree Sarathy, M.D.

**Completing General Psychiatry
and
Beginning Child and Adolescent
Psychiatry**

*Erum Ahmad, M.D.
Mariya Borodyanskaya, D.O.
Zachariah Pranceun, D.O.
Ann Verma, M.D.*



L to R

Lindsey Ball, Paula Van Atta and
Maureen Mansour, MD

Child and Adolescent Psychiatry

*Almeria Decker, M.D.
Nicholas Eilbeck, M.D.
Susan Neilan, M.D.
Stephanie Pope, M.D.*

Community Psychiatry

*Jenna Crockett, C.N.P.
Mary Gabriel, M.D.
Kelley Kauffman, C.N.P.
Sarah Nagle-Yang, M.D.
Mirica Stevens, D.O.
Mackenzie Varkula, D.O.
Julia Veres, C.N.P.*

Forensic Psychiatry

*Nicole Graham, M.D.
Daniel Hackman, M.D.
Cortney Kobberger, M.D.*

Geriatric Psychiatry

*Wei Hu, M.D.
Stephen Wilkes, M.D.*

Post Pediatric Portal

Elizabeth Baker, M.D.

Award Recipients:

**The Mahmoud A. Parsa
Research Award**

Stephanie Pope, M.D.

Outstanding Nursing Awards

Meghan Baron, B.S.N.
Lindsey Ball, R.N.
Laurie Feltham, R.N.

**John Shand, MD, PGY-3
Psychiatry Resident**, has been
named as a recipient of the
Rappeport Fellowship, sponsored
by the American Academy of
Psychiatry and the Law.

Named in honor of AAPL's
founding president, Jonas R.
Rappeport, MD, the fellowships
offer an opportunity for
outstanding residents with interests
in psychiatry and the law to develop
their knowledge and skills .

Clinical Faculty Meeting:

Please save the date for our fall
Clinical Faculty Dinner Meeting
on **Tuesday, October 20, 2015** at
the Cleveland Racquet Club, 29825
Chagrin Boulevard in Pepper Pike.
Dinner will be preceded by a cash
bar at 6:30 p.m.

The program for the evening will
be: **“Focus on Supervision: New
Techniques, New Technologies”**
presented by Dr. Susan Stagno.

We will also provide time for
updates on our various teaching
programs, discuss further
opportunities for faculty to engage
with the Department, introduce
new faculty and staff, and have a
pleasant evening of collegial
camaraderie.

In order to assure sufficient space
and meals, **we request that you
RSVP** to Miriam Plax at (216)983-
3205 or by email at
Miriam.plax@uhhospitals.org no
later than Wednesday, October 14th.

**Outstanding Social Worker
Awards**

Paula Van Atta, LSW
Jennifer Jackson, MA, LSW

Outstanding Resident Award

Shree Sarathy, MD

Excellence in Teaching Awards

*Rajeet Shrestha, MD
Jennifer Brandstetter, MD
Patrick Enders, MD
Christina Delos Reyes, MD
Mary Gabriel, MD*

**Faculty of the Year Award
Residents**

Irina Korobkova, MD

**Faculty of the Year Residency
Training Directors**

Keming Gao, MD

Above and Beyond Award

Elizabeth Baker, MD

Awards and Recognition:

Stephen Noffsinger, M.D., was
presented with the John R. Quine
Award as Outstanding Adjunct
Faculty Member from the
University of Akron School of Law
on 5/15/15 where Dr. Noffsinger
has taught a two-credit course on
Law and Psychiatry since 1997.

We also hope to see many of you at
our weekly Grand Rounds series on
Fridays at 8:00 a.m. at the W. O.
Walker Center auditorium. If you
are not presently on the email
distribution list and wish to receive
notices, please call Cindy Glenn,
Grand Rounds Coordinator, at 216-
844-3830.

Comings and Goings:

Welcome to our new residents and fellows:

PGY-1 Residents

Sushma Chennubhotla, MD
Thomas Liggett, DO
Syed Mehdi, MD
Prakash Mishra, MD
Alisa Paliy, MD
Robert Siedler, DO
Trisha Stacks, DO
Aaron Vazquez, MD

PGY-2 Resident:

Christine Collins, MD

Addiction Psychiatry Fellows:

Adeniyi Alatise, MD
Nnennaya Nwokeji, MD

Child and Adolescent Psychiatry Fellows:

Erum Ahmad, MD
Mariya Borodyanskaya, DO
Sree Jadapalle, MD

Forensic Psychiatry Fellows:

Alexis Beattie, MD
Lubna Grewal, MD
Shree Sarathy, MD

Post Pediatric Portal Fellows:

Grace Pinto Britton, MD
Neeti Wyckoff, DO

New Faculty and Staff Members:

Charles Luther, MD,
Southwest General Hospital
Matthew Newton, DO
UHCMC

Daniel Polster, MD,
Southwest General Hospital
John Sanitato, MD,
UH Parma Medical Center

Ashley Bukach,
Data & Regulatory Coordinator III
Patricia Gembus,
Doctor's Secretary II,
Addiction Recovery Services
Lindsey Irwin, NP,
UH Geauga Medical Center
Eve Laidman,
Patient Access Representative II,
Mayfield Office

Amelia Austin Polzella, NP,
Intellectual Disabilities Clinic
Judy Risko, NP,
Addiction Recovery Services
Amy Scribben, NP

Congratulations:

To **Dr. Jennifer Brandstetter** and her husband Stephen, on the birth of their daughter, Kira Leigh Brandstetter, born July 19th at 5:40 a.m., 7lbs 2 oz., 19.5 in.



To: **Dr. Kathleen Svala**, and her husband, Brian Patrick, on the birth of their second daughter, Rosalie, born 7/14 at 11:10 a.m., 20 in and 9 lbs. 2 oz.



Grand Rounds:

August 14th:
Speaker: Marge Greenfield, MD
Topic: Faculty Development

August 21st:
Speaker: Sarah Nagle-Yang, MD
Topic: Integrated Care Pilot Programs

August 28th:
Speaker: Rajet Shrestha, MD
Topic: Cognition in Schizophrenia with a Focus on CET

September 4th:
DEPARTMENT MEETING
NO GRAND ROUNDS

September 11th:
Speaker: Thomas C. Bond, MD.
Topic: To be Announced
September 18th:
Speaker: Margaret Larkins-Pettigrew, MD
Topic: To be Announced

September 25th:
****Ellen and Irving Rothchild Lecture***
Speaker: Henry Nasrallah, MD
Topic: To be Announced

****Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113***

Presentations and Publications:

Dr. Norman Clemens' column, "An open letter to early-career psychiatrists", will appear in the July issue of the *Journal of Clinical Psychiatry*. It urges the reader to continue to develop his or skills in practicing a systematic method of psychotherapy while navigating the current environment

Danette Conklin, Ph.D., presented at "The Power of Women," on Sunday, July 26th at Valo in Shaker Heights. All proceeds from the event were donated to Change of Direction, a non-profit serving at risk youth.

Lee, M.T., **Pagano, M.E.,** Johnson, B.R., & Post, S.G. (2015, August). *Love and service in adolescent addiction recovery*. Roundtable presentation at the 110th annual meeting of the American Sociological Association, Chicago, IL. Attendance 6000.

Dr. Stephanie Pope's article "Hyperprolactinemia and Antipsychotics: Update for the Training Psychiatrist," was published in the July 2015 issue of the **American Journal of**

Psychiatry Residents' Journal.

The article discusses Antipsychotic-induced hyperprolactinemia, including variables affecting prolactin and clinical implications.

Research Studies:

University Hospitals Case Medical Center is currently enrolling children between the ages of 10-17 years of age for a bipolar I disorder research trial. Children with bipolar disorder may be experiencing unpredictable mood swings, a decreased need for sleep, irritability and racing thoughts. Eligible participants may receive study related mental health assessments, physical exams and investigational medication or placebo at no cost. For more information, please call 216-844-3922.

The Mood Disorders Program is currently enrolling adults aged 18 and older who are currently experiencing depression associated with bipolar disorder in to a clinical trial to test whether pioglitazone, a medication that improves the efficiency of how the body uses blood sugar, is able to reduce depression severity. Those currently receiving treatment may continue taking their medication. Participants cannot have a history of bladder cancer or heart failure and cannot be diagnosed with dementia or taking insulin or rosiglitazone. For more information, please call 216-844-2862.

Save the Date:

Sunday, October 4th

12th Annual Into the Light Walk
Cleveland Metroparks Zoo
6:00 p.m.

For more information visit:

<http://lifeact.org/lifeact-into-the-light-walk-2015/>

Tuesday, October 20th

Clinical Faculty Meeting

6:30 p.m.

Cleveland Racquet Club

RSVP to

miam.plax@uhhospitals.org

Contact:

**Published by University
Hospitals Dept. of Psychiatry
DEADLINE FOR NEXT**

ISSUE: Friday, October 16, 2015

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