

Monthly News – November/December 2014

Department of Psychiatry

December 1, 2014 Volume 8, Number 11/12

Awards and Recognition:

Nancy Frazier, BSN, RN, Advanced Clinical Nurse, Neuro-Geriatric Psychiatry Inpatient Unit, has an installation sculpture on display at the Satellite Gallery at 442 East 156th Street in Collinwood (Cleveland). Her work is entitled “Standing in the Temple of Indecision” and is open to the public for free viewing. Nancy studied at the Maryland Institute of Art.



Left to Right: Meghan Baron, Regena McGreal, **Trina Harvey**, Dee Baker,

Trina Harvey, Division Secretary, CAPU, was awarded the **2014 Excellence Award for Division Secretary at RBC Hospital** on Oct. 23, 2014. Trina was nominated for the award for her work in the areas of patient satisfaction, patient safety, and team-work.

Trina has cross-trained to the role of Patient Care Assistant and made a great impact on the functioning of a very ill adolescent patient. It takes a caring, committed team of mental health professionals to provide compassionate care and Trina is a part of the team! We are grateful for her service on the CAPU and congratulate her on this accomplishment!

Dr. John Hertzner, Director, Division of Child & Adolescent Psychiatry, was appointed as the **James A. Horner Chair**, at the inaugural chair dedication on **Friday, November 7th**. The event was held at the Barbara Peterson Ruhlman Conference Center, Alfred and Norma Lerner Tower and was attended by the extended Horner family, UH Leadership, faculty, support staff and community colleagues. **Dr. Hertzner** will present the **James A. Horner Lecture in Child Psychiatry** on **Friday, January 9, 2015**.



Dr. John Hertzner with **Dr. Robert Ronis** and the **Horner Family**



James A. Horner



Dr. Stephen Ruedrich, L. Douglas Lenkoski Professor and Vice Chair, Department of Psychiatry was inducted into the Cuyahoga County Board of Developmental Disabilities “**Hall Of Fame**” on Tuesday, October 14th.

Comings and Goings:

Welcome to:

Leslie Estremera, Program Coordinator in the Mood Disorders

Program. Leslie will be working directly for Dr. Joseph R. Calabrese and research-related functions in the Mood Disorders Program. Her start date was November 18, 2014.

Congratulations:



To **Dr. Cathleen Cerny** and her husband, Christian Suelzer, on the birth of their daughter, Zoe. Zoe was born on October 27th at 11:48 a.m., at 7lbs. 13oz., 21" long. Congratulations to big brother Spencer too!

Grand Rounds:



Left to right, **Stephanie Pope, M.D.**, **Maryellen S. Davis, M.D.**, **Daniel Flannery, Ph.D.**, **John Hertzner, M.D.**

Daniel Flannery, Ph.D., presented the **Maryellen S. Davis Lecture in Child and Adolescent Psychiatry** on **Friday, November 14th**. The topic was: "The School Shooter: Threat Assessment and Mental Health."

December 5th:
NO GRAND ROUNDS
Department Meeting

December 12th:

****Sihler Family Lecture***

Speaker: Deborah L. Cabaniss, M.D.

Topic: Teaching Psychodynamic Psychotherapy Today

December 19th:

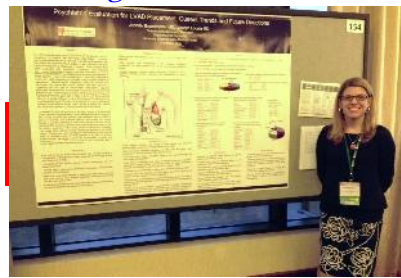
Speaker: Norman A. Clemens, M.D.

Topic: Mental Health Privacy in the Electronic Age

December 26th:

NO GRAND ROUNDS

****Reception immediately following the lecture in the***



Dr. Jennifer Brandstetter

presented a poster at the annual Academy of Psychosomatic Medicine annual meeting in Fort Lauderdale, Fla, November 12-15th: **Psychiatric Evaluation for LVAD Placement: Current Trends and Future Directions**; Presenting Author: **Jennifer Brandstetter, M.D.**; Co-author: **Joseph Locala, M.D.**

Norman A. Clemens, M.D., was the lead author of an article entitled "Obstacles to Early Career Psychiatrists Practicing Psychotherapy" (Clemens NA, Plakun EM, Lazar SG, Mellman L in *Psychodynamic Psychiatry*, 42(3): 479-496, 2014.) The special issue of the journal, entitled "Psychotherapy, the Affordable Care Act, and Mental Health Parity: Obstacles to Implementation", was written by the Psychotherapy Committee of the Group for the Advancement of Psychiatry.

Dr. Clemens continues to write or edit bimonthly columns for the *Journal of Psychiatric Practice*, John Oldham, editor. Titles during 2014 are "The Idol Beneath the Altar" (*Journal of Psychiatric Practice* 2014;20:138-140), "What is Psychoanalytic about Medicine, and what is Medical about Psychoanalysis" (20(3):291-293, 2014), "On Letting Go: with Age Comes Renunciation" (20(5):370-372, 2014), and "The Role of Psychotherapy in Integrated Care", (20(6) in press).

PDF files of these and other articles by **Dr. Clemens** are available at his web site,

<http://www.DrewClemens.net>

Wei Hu, Matthew L. MacDonald, Daniel E. Elswick, and Robert A. Sweet;

"The glutamate hypothesis of schizophrenia: evidence from human brain tissue studies"; *Ann. N.Y. Acad. Sci.* ISSN 0077-8923

Several members of the **Forensic Division** attended the Annual Meeting of the American Academy of Psychiatry and the Law in Chicago Oct. 23-26:

Phillip Resnick, M.D.

- Moderated the Malpractice Mock Trial
- Participated in a Debate the Adoption of Infanticide Laws in the US
- Participated in a panel discussion To Tell the Whole Truth
- Gave a course on The Expert Witness Role in Malpractice Litigation
- Chaired the three-day Forensic Psychiatry Review Course that preceded the Annual Meeting

Stephen Noffsinger, M.D.

participated in a Peer Review Panel on Death Penalty Testimony

Forensic Fellows **Nicole Graham, M.D.**, **Daniel Hackman, M.D.**,

and Cortney Kohberger, M.D. participated in the Debate on Infanticide Laws in the U.S.

Ruedrich, S; Bennett J, Misel, J
“Dementia and Intellectual Disability: A Diagnostic and Therapeutic Update for Clinicians”
Presented at the State of Nebraska Division of Developmental Disabilities “It’s My Life” Annual Conference in Omaha, Nebraska; September 24, 2014.

Research Studies:

The Discovery and Wellness Center at University Hospitals Case Medical Center is currently enrolling children and adolescents ages 7-17 for participation in a research study for depression. Some symptoms of depression may include irritability, feeling of worthlessness and loss of interest in activities. Symptoms must occur for a minimum of one month prior to screening. If eligible, patients may receive a study-related clinical evaluation, medical tests, and the study drug or placebo from a doctor who specializes in pediatric mental illness. The investigational drug has not yet been approved for the condition under the study. Duration of the study can last up to 17 weeks. For more information, contact Becky Weintraub at 216-844-3922 or via email at: Becky.weintraub@uhhospitals.org

Sequential Multiple Assignment Randomized Treatment (SMART) for Bipolar Disorder
Principal Investigator: Joseph Calabrese, MD
Gender & Age: Men & Women, Ages 18 and Up
Diagnosis: Bipolar Disorder I or II
Medications: Patient will be randomized to one of two mood stabilizers (MS), lithium or divalproex. Those who develop protocol defined depression will then be randomized to a **MS** alone, MS + quetiapine, or MS + lamotrigine.

Study Details: Study may last up to 26 weeks long. Participants will be seen weekly for the first 3 weeks and every 4 weeks thereafter.

Contact: Carla Conroy at 216-844-2871 or via email at: Carla.Conroy@UHHospitals.org

CAL-Concierge Research Study:

Do you have patients with schizophrenia or schizoaffective disorder who occasionally miss a dose of their medication and have been homeless in the past year?

Dr. Sajatovic’s research group is currently conducting a study evaluating a psychoeducational intervention plus long-acting injectable antipsychotic medication, in recently/currently homeless individuals with schizophrenia or schizoaffective disorder who are known to have on-going difficulties with treatment non-adherence. Study staff will also work directly with the participant’s mental health provider in the community to ensure *treatment is continued after the study*.

The study is interested in analyzing how the combined approach affects treatment adherence behaviors/attitudes and homelessness. It is expected that the combination will improve adherence and reduce/prevent future homelessness.

Participants must be:
- Age 18 or older with **schizophrenia** or **schizoaffective disorder**
- Currently or **recently homeless** (within the past 12 months) according to the current federal definition (HEARTH Act of 2009);
- Known to **miss taking medication doses** (missing 2 or more doses in the last week or 6 or more doses in the last month).

If you would like more information about the study or would like to make a referral, please contact (or have your patients contact):

Kouri Akagi
Phone: 216-844-2835 or via
Email at:
Kouri.Akagi@uhhospitals.org

Do you have any patients who have Bipolar Disorder and have trouble taking all of their bipolar medication?

To participate, individuals must:

1. Have type I or type II bipolar disorder diagnosis for at least 2 years;
2. Have received treatment with at least one evidence-based medication to stabilize mood for at least six months (lithium, anticonvulsant, or antipsychotic mood stabilizer);
3. Be at least 20% or more non-adherent with current BD medication treatment (i.e. lithium, anticonvulsant, or antipsychotic mood stabilizer);

To participate, individuals may NOT:

1. Be children under the age of 18

This is a randomized, controlled trial (RCT) of the **Customized Adherence Enhancement (CAE) psychosocial intervention** (created by Martha Sajatovic MD and Jennifer Levin PhD) vs. broadly-directed, non-individualized education (EDU) in **poorly adherent individuals with bipolar disorder (BD)**. The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment. The proposed project has the potential to greatly advance the care of BD patients who are at greatest risk for poor health outcomes, with findings expected to be generalizable across a variety of treatment settings. **All individuals will continue to**

receive treatment as usual with their regular provider(s).

For more information or to refer a patient contact Kouri Akagi at 216-844-2835 or

Kouri.Akagi@UHhospitals.org

Save the Date:

March 27- 28, 2015

**12th All-Ohio Institute on
Community Psychiatry**

This year's conference is titled:
"Integrating Care: Preparing Your
Workforce for the Future." For
more information and registration
go to:

[http://cmetracker.net/CASECME/
Files/Brochures/167946.pdf](http://cmetracker.net/CASECME/Files/Brochures/167946.pdf)

Contact:

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DEADLINE FOR NEXT

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