

Monthly News – November 2012

Department of Psychiatry

November 19, 2012 Volume 6, Number 11

Awards and Recognition

Stephen Noffsinger, MD, was presented with the "Best Teacher in a Forensic Psychiatry Fellowship Award." on October 25th by the American Academy of Psychiatry & the Law.

In addition to her work in the Mood Disorders Program, **Martha Schinagle, MD**, has been appointed as medical director at Hopewell a therapeutic farm community for adults with mental illness located in Mesopotamia, Ohio. The program helps adults with schizophrenia, schizoaffective disorder, bipolar disorder, major depression and other forms of serious mental illness, to believe in their own potential, develop the skills to manage their mental illness, transition from Hopewell to a more independent living situation.

Grand Rounds:

November 23rd:
NO GRAND ROUNDS
THANKSGIVING HOLIDAY

November 30th:
Speaker: Faye Gary, EdD, RN, FAAN
Topic: Unraveling Complexities and Eliminating Health Disparities by 2020: A Duty Offered to Each of Us

December 7th:
DEPARTMENT MEETING
NO GRAND ROUNDS

December 14th:
*** Sihler Family Lecture**
Speaker: Jimmie Holland, M.D.
Topic: TBA

December 21st:
Speaker: Binit Shah, M.D.
Topic: Interface between Psychiatry & Pain

December 28th:
NO GRAND ROUNDS

- **Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113**

Mayer-Haber Library News:

Hartley, Mariette. *Breaking the Silence*. Cavu Productions, 2010

The author, while performing in a play in Cleveland, met with clients and family members of the department's Mood IOP program for an informal luncheon to share her experiences in recovery from mental illness and addiction. Her book, written with Anne Commire, tells the story of how she has dealt with a family legacy of alcoholism, abuse and suicide. Ms. Hartley, the granddaughter of psychologist John

B. Watson, is a founding member of the American Foundation for Suicide Prevention in Los Angeles.

Miller, William R. *Motivational interviewing: preparing people for change*, 2nd. ed. Guilford Press, 2002.

This book is about change, and how to help people overcome obstacles to change. It is directed at clinicians and uses case studies in diverse settings to teach motivational interviewing.

Saleh, Fabian M. *Sex offenders: identification, risk assessment, treatment, and legal issues*. Oxford University Press, 2009.

"This comprehensive reference by nationally recognized experts provides an interdisciplinary overview of existing knowledge about sex offenders. It provides in-depth coverage of the problem of identification, risk assessment and management, treatment, and legal solutions. It seeks to ensure public safety while at the same time maintaining medical integrity and respect for due process. The book is intended for psychiatrists, clinical psychologists, and researchers who work with sex offenders, as well as attorneys, members of the judiciary, and policymakers." From the Publishers Description.

Twemlow, Stuart W. *Preventing bullying and school violence*. American Psychiatric Pub., 2012.

This book will assist clinicians, school counselors, and school administrators to design interventions to address the problems of bullying and school violence. Prevention and risk analysis are covered as well as techniques to support wellness in the home/school/community.

Kaplan, Harold I. *Kaplan and Sadock's synopsis of psychiatry: behavioral sciences, clinical psychiatry*. Williams & Wilkins, c1994.

A complete, concise overview of the field of psychiatry.

The Library contains over 800 hundred titles available to members of the UH Case Medical Center staff. Borrowing privileges are extended to all residents and to students of CWRU. The suggested loan period is three weeks. You can search the catalog of the Mayer-Haber Library at: www.librarything.com/catalog/h8ber

Presentations and Publications:

Karen W. Hogan, ND, RN, NE-BC, had a poster accepted for presentation at the Ohio Organization for Nurse Executives, "Safety Summit: Engaging Staff in the Quality Improvement Process," which was held on November 7, 2012.

Members of the Forensic Division attended/presented at the American Academy of Psychiatry & the Law Annual Meeting in Montreal in October. Presentations included:

Phillip Resnick MD - Expert Witness Course and Forensic Psychiatry Review Course

Stephen Noffsinger MD, Phillip Resnick MD, Joy Stankowski MD - Assessing Causation in Psychic Damages

Phillip Resnick MD, Jason Beaman DO, Karl Mobbs MD, Monifa Seawell MD - Pyromania

Stephen Noffsinger MD, Jason Beaman DO - Competence to be Executed - an Illustrative Case

Susan Hatters-Friedman MD Legal, Ethical and Risk Implications of Psychotropic Treatment in the Pregnancy/Postpartum Period

Susan Hatters-Friedman, MD, Sherif Soliman MD, Sara West MD - Malingering in Film: Great Performances

Susan Hatters-Friedman MD - If I Had Known Then What I Know Now

Susan Hatters-Friedman MD, Sherif Soliman MD - Closet to Court: Attorneys and Doctors on Undue Influence

Stephen Ruedrich, M.D.
Presented at the NADD 29th Annual Conference in Denver, Colorado on "Dementia in Persons with Intellectual Disability: Next Steps" and on "Mental Illness and Behavioral Psychopharmacology" as part of Physician Education in Developmental Disabilities for the American Academy of Developmental Medicine and Dentistry Florida Developmental Disabilities Council Webinar Series.

Susan Hatters Friedman, MD, James Cavney, MBChB, and Phillip J. Resnick, MD. *Mothers Who Kill: Evolutionary Underpinnings and Law. Behavioral Sciences and the Law.* 2012; 30: 585-597

Martha Sajatovic, M.D. - Targeted training for illness management for individuals with serious mental illness and diabetes. Symposium faculty presenter. Gerontological

Society of America (GSA) 65th Annual Scientific Meeting. San Diego, CA. November 15, 2012.

Research:

SMI and Diabetes study

Do you have any patients with **Serious Mental Illness** (i.e., Current MDE, Bipolar Disorder, or Schizophrenia/Schizoaffective Disorder) and **Type 2 Diabetes (DM)**? Could they benefit from learning more about how to manage their SMI and Diabetes?

Dr. Sajatovic's Research Team in collaboration with CWRU's Center for Healthcare Research and Policy (CHRP) at MetroHealth Medical Center is conducting a Randomized Controlled Trial comparing a novel intervention (TTIM) intended to improve both SMI and DM self-management in 100 individuals with SMI-DM vs. 100 individuals with SMI-DM receiving treatment as usual (TAU).

Basic Inclusion/Exclusion Criteria includes:

Participants MUST:

- Have a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder or depression;
- Have DM based upon either previous diagnosis or laboratory values; and
- Be ≥ 18 years of age;

Participants CANNOT:

- Have dementia; or
- Be pregnant.

Individuals will be randomized on a 1:1 basis to participate in either TTIM or TAU. Those randomized to TTIM will receive twelve weekly, group-format, in-person sessions (6-10 participants per group) delivered by a primary care Nurse Educator with experience and training in both DM and SMI treatment, and by a Peer Educator with SMI-DM.

Over the 48 weeks following the TTIM sessions, the TTIM participants will receive periodic follow-up phone calls from the Peer Educator and in-person visits with the Nurse Educator to provide support by way of encouraging care engagement and healthy behaviors as well as addressing questions that may arise from a “consumer” perspective.

Primary and secondary outcome assessments will be repeated for both the TTIM and TAU participants at weeks 13, 30, and 60. Qualitative assessment for a subset of participants will be conducted at 13 weeks.

Regardless of which group they are randomized to, all participants will *continue to receive their psychiatric and medical care from their usual providers* throughout the study.

If you have any questions or would like to refer a possible participant, please contact Edna Fuentes-Casiano at 216-844-2104 or edna.fuentes-casiano@uhhospitals.org.

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