

Monthly News – October 2012

Department of Psychiatry

October 22, 2012 Volume 6, Number 10

Clinical Faculty Meeting:

Please join us for our fall Clinical Faculty Dinner Meeting on **Tuesday October 30, 2012 at the Cleveland Racquet Club, 29825 Chagrin Boulevard in Pepper Pike.** Dinner will be preceded by a cash bar at 6:30 p.m.

Topics for the evening will be 2013 CPT Coding Changes, presented by Lindsey Dozanti, UHCMC Psychiatry Department Administrator, and a brief departmental update. Time will also be devoted to updates on our various teaching programs, discussion of further opportunities for faculty to engage with the Department, introduction of new faculty and staff.

In order to assure sufficient space and meals, **we request that you RSVP** to Cindy Glenn at (216)844-3883 or by email at Cynthia.Glenn@uhhospitals.org no later than **Wednesday, October 24th.**

We also hope to see many of you at our weekly Grand Rounds series on Fridays at 8 a.m. at the W. O. Walker building auditorium. If you are not presently on the email distribution list and wish to receive notices, please call Kate Kilbane at 216-844-3658.

Special Event:

University Hospitals (UH) Neurological Institute, in partnership with the Alzheimer's Association Cleveland Area Chapter, Suburban Symphony Orchestra, Choral Arts Society of Cleveland and the choruses of Laurel and University schools, will host "Alzheimer's Stories" in a Concert of Music and Healing under the baton of Martin Kessler on **November 18th from 4:00 to 6:00 p.m. at Severance Hall, 11001 Euclid Avenue.** Proceeds from the concert will go toward benefiting Alzheimer's patients through the **UH Neurological Institute's Brain Health and Memory Center** and **Center for Music and Medicine.** The UH Brain Health & Memory Center develops and integrates ways of maintaining brain health across the life span. Physicians and researchers work together to generate a greater understanding of normal brain function while devising customized treatment plans that enhance the quality of life for patients with medical conditions affecting brain function and their families. Recognizing that musicians often develop unique medical problems that can be devastating to their musical abilities and careers, the UH Neurological Institute established the Center for Music & Medicine. The center is dedicated to promoting healing and improving

the lives of patients, enhancing research and discovery of the neurological foundations.

Dr. Jeanne Lackamp, Assistant Professor of Psychiatry, is a violinist with the Suburban Symphony.

Tickets for this event are available at the Severance Hall Box Office, By phone: 216-231-1111 or online: <http://www.clevelandorchestra.com>

Congratulations:

PGY-3 Resident **Almeria Decker** received the Resident Recognition Award for September 2012. Dr. Decker worked with the Psychiatry Residents Association in organizing the annual NAMI and SPEA walks. The department of psychiatry raised over \$2000 for the annual NAMI walk and close to \$1000 for the annual SPEA walk. Thanks to Almy for her hard work and extraordinary results!

Dr. Joseph Locala has received Fellowship in the Academy of Psychosomatic Medicine for "abilities, talents and contributions to our profession" as recognized by his peers. The Fellowship Award will be presented at a Convocation Ceremony on November 16, 2012 during the Annual APM Meeting in Atlanta, Georgia.

Department of Psychiatry
Chairman, **Dr. Robert Ronis**, will

receive Recovery Resources' Bronze Key award, on **Thursday evening, November 15th** at the Intercontinental Hotel. This award represents the highest honor granted by the National Council for Alcohol and Drug Dependence and is awarded locally by Recovery Resources, an Ohio Affiliate of NCADD. As a community psychiatrist, certified addiction psychiatrist and co-founder of the Public Academic Liaison (APL) program in Cuyahoga County, Dr. Ronis embodies the principles the organization holds in high esteem.

This is a great honor for Dr. Ronis personally and Recovery Resources hopes to have many members of our department join the celebration. To facilitate participation, the agency is reducing the admission price to \$150/per person (or \$250/per couple) from the regular rate of \$250 per person. If anyone is interested in attending at this special rate, please contact Miriam.plax@uhhospitals.org for further information.

Dr. Stephen Ruedrich was elected to a 3-year term on the Board of Directors of the NADD (National Association for the Dually Diagnosed). NADD is the largest organization in the United States that addresses the needs of adults and children with intellectual disabilities and psychiatric and behavioral disorders.

CPT Coding Seminars:

Allison Wickham from UHMG Education and Coding will be presenting major changes that are scheduled to occur in Psychiatry CPT coding effective January 1, 2013, crosswalk to Evaluation and Management Codes (E&M) as well as new and deleted codes and documentation requirements.

Please plan to attend one of the following training **mandatory sessions**: November 29th or

December 10th from 12-1:00 in the Walker Building, 13th floor room 113. **If you attend the Clinical Faculty Meeting on October 30th at the Cleveland Racquet Club you will not need to attend one of the November or December sessions.**

Please RSVP with which meeting you will be attending to Cynthia.glenn@uhhospitals.org

Grand Rounds:

October 26th:

*Douglas Danford Bond Lecture**

Speaker: Jean A. King, Ph.D.

Topic: Nicotine Effects on the Brain: Much More than Reward

November 2nd:

**EDUCATION UPDATE
NO GRAND ROUNDS**

November 9th:

*Irving and Ellen Rothchild Lecture**

Speaker: Stephen J. Ferrando, M.D.

Topic: Diagnosis and Treatment of HIV-Associated Neurocognitive Disorders

November 16th:

Speaker: Donald Malone, M.D.

Topic: Stimulation Techniques in Psychiatry

November 23rd:

**NO GRAND ROUNDS
THANKSGIVING HOLIDAY**

November 30th:

Speaker: Faye Gary, EdD, RN, FAAN

Topic: Unraveling Complexities and Eliminating Health Disparities by 2020: A Duty Offered to Each of Us

** Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113*

Presentations and Publications:

Dr. Stephen Ruedrich delivered the Keynote address "Psychopharmacology Progress in Intellectual Disability: Like Turtles" for the State of Ohio Tenth Annual MI/DD Conference in Columbus Ohio on September 19th.



Be Well: Addiction with Dr. Kotz and Dr. Delos-Reyes

Dr. Margaret Kotz and Dr. Christina Delos-Reyes appeared with reporter Rick Jackson of WCPN on the TV show "Be Well: Addiction," on September 20th. Dr. Kotz discussed the effectiveness of twelve-step programs, and Dr. Delos-Reyes explained the difficulties that family members and caregivers face. This hour-long program also includes gambling addiction, relapse, and the science of addiction. To view the video, go to: www.cwrupsychiatry.org -- the link for the video is on the home page. (***Please note:** the videos cannot be accessed from a UH computer. You should have no problem accessing from your home computer)

Andrew Hunt, MD, Patrick Runnels, MD, and Angel Chapin, LISW presented a workshop at the Institute on Psychiatric Services entitled "Implementing Evidence-Based Practice in the Real World: Dialectical Behavioral Therapy at an Urban Community Mental Health Center" on October 6, 2012 in New York City.

Research:

Lundbeck GAD/MDD Study:

University Hospitals is now conducting a research study for children and adolescents between the ages of 7-17 with Generalized Anxiety Disorder or Major Depressive Disorder. Eligible participants may receive a thorough evaluation and study medication from a doctor who specializes in mental illness at no cost. To learn more, contact Becky Weintraub at 216-844-3922 or email at Becky.Weintraub@Uhhospitals.org

Double-Blind, Placebo-Controlled Trial of Pioglitazone for Insulin-Resistant Bipolar Depression

PURPOSE: Patients with bipolar disorder have higher rates of insulin resistance than the general population. Currently, physicians do not know whether treating insulin resistance in people with bipolar disorder will lead to a decrease in depressive symptoms. The purpose of this study is to test whether pioglitazone, a medication that improves the efficiency of how the body uses blood sugar, is able to reduce depression severity.

ELIGIBILITY: Participants must be over the age of 18 with Bipolar Disorder (I, II, NOS); currently receiving treatment with an anti-manic drug or willing to receive treatment with an anti-manic drug. The following are considered anti-manic drugs: lithium, divalproex, carbamazepine, lamotrigine, olanzapine, quetiapine, risperidone, aripiprazole, asenapine, or ziprasidone. Participants cannot have a history of bladder cancer or heart failure. Participants cannot be diagnosed with dementia or taking insulin or rosiglitazone.

PRINCIPAL INVESTIGATOR:
David Kemp, MD

RESEARCH COORDINATOR:

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Contact:

Published by University
Hospitals Dept. of Psychiatry
**DEADLINE FOR NEXT
ISSUE:** Friday, 11/16/2012

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