

Monthly News – June 2012

Department of Psychiatry

June 11, 2012 Volume 6, Number 6

Instructions for CME Credit Available via Desktop viewing of Grand Rounds Presentations:

You can now view UH Department of Psychiatry Grand Rounds from your desktop by following these instructions:

To install on computer:

Internet Explorer to:

<http://uhvideoconf.uhhospitals.org>

- Enter name in name field plain English)
- Enter conference ID (Test ID # -8112009) REAL CONFERENCE ID NUMBER -- 8508002
- Click on participate
- Click on install
- Click on run
- Click on run

And you should see “You have successfully reached the UHCMC.....”

If you would like to ask a question at the end of the lecture:

- you will either need to have a webcam and microphone connected to your desktop
- or you can use your telephone to call in your question: 216-820-4060 8508002 #

Please remember: you must keep your telephone on mute during the presentation. You will be told when questions are being taken by the moderator.

The telemedicine person will send **Kate Kilbane**, Dept of Psychiatry Grand Rounds Coordinator, a screen shot of **all** who attended via desktop. Kate will email you an evaluation form to complete which you can either fax it back to her (216-844-4741) or scan and email it to (kate.kilbane@UHHospitals.org). You will receive "live" CME credit.

2012 Graduating Residents and Fellows:

Adult Psychiatry

Parikshit Deshmukh, MD
Nitika Gupta, MD
David Medina, MD
Kathleen Svala, MD

Completing General Psychiatry and Beginning Child & Adolescent Psychiatry

Ashleigh Anderson, DO
Ramiz Audi, MD
Sarah Lytle, MD
Peter Mikhail, MD
Sonal Moratschek, MD
Imran Shakir, DO

Addiction Psychiatry

Peter Turkson, DO

Child & Adolescent Psychiatry

Vincent Caringsi, MD
Sonia Shah, MD
Jasdeep Sobi, MD
Jason Spivey, MD

Forensic Psychiatry

John Lyszczyk, MD
Jennifer Piel, MD
Megan Testa, MD
Joseph Vlaskovits, MD

Community Fellowship

Michelle Fulke, DO
Peter Turkson, DO

Awards and Recognition:

Dr. Pythias Jones was inducted as a fellow of the American Psychiatric Association.

Dr. Jones is completing his term as Chair of the Planning and Oversight Committee of the ADAMHS Board of Cuyahoga County (County Mental Health Board)

The May 2012 **Resident Recognition Award** was presented to the **Psychiatry R.O.C.K.'s team**. Psychiatry R.O.C.K.'s stands for “Psychiatry Resident Orientation, Clinical Skills & Knowledge.” Team leader **Sonal Moratschek** spent many hours putting together a master plan of educational opportunities for the incoming residents. The team included: **Kate Svala, Blessing Igboeli, Kelly Andrzejczyk,**

An'Drea Taylor, Dimitrios Tsatiris, Stephanie Pope and Elise Bonder

In brief, the team will provide multiple sessions for the incoming residents beginning in orientation and continuing into the summer didactic program. The goals of this endeavor are:

1. Help new residents reach the four ACGME goals for advancement to indirect supervision:
 - a) The ability and willingness to ask for help when indicated
 - b) Gathering of an appropriate history
 - c) The ability to perform an emergency psychiatric assessment
 - d) Presenting patient findings and data accurately
2. Create/Teach handoff materials
3. Learn what medical clearance is
4. Learn the role of the resident at UH Richmond

In addition, **Stephanie Pope** has led the effort to revise the intern handbook and with the help of her peers, she's produced a remarkable document. This will be the best prepared intern class we have ever had!

General News:

Ray Isackila, LPCC, LICDC, of Addiction Recovery Services was interviewed by WKYC TV Channel 19 as part of their Casino Countdown week to address the serious side of gambling. "It is important to point out that an addiction to this form of entertainment is similar to drug use. We talked about the fun side of casino gambling but there is a serious side, almost an underside to all this...Like drug and alcohol addiction, gambling is a problem that starts with tolerance. Gambling \$30 was fun. Now it takes \$100 and then eventually \$200. We have denial about breaking our value

system, we make it okay somehow and we do it again."

Comings and Goings:

Dr. Doug Smith, MD, Distinguished Fellow of the APA and Board-Certified in Psychiatry and Forensic Psychiatry, left employment with the Ohio Department of Mental Health on 4/30/12. After more than a decade as the Medical Director for Northcoast Behavioral Healthcare, he began a new role on May 1, 2012, as the Chief Clinical Officer (Medical Director) for the Summit County ADM Board (Alcohol, Drug Addiction and Mental Health Services Board). He can be reached at 330-564-4083 Or via email: DougSmith@admbboard.org

Welcome to:

Vivian Walker Bass, Financial Counselor for Ambulatory Services

Welcome to: new Neuro-Geriatric Psychiatry Unit staff:
Patrice Walker, BSN, RN (Assistant Nurse Manager);
Ruth Chaza, BSN, RN (Clinical Nurse).

Grand Rounds:

June 15th:
Speaker: Kathleen Svala, MD
Topic: Gender Identity Disorder: Origins and Etiologies

June 22nd:
Speaker: Jason Spivey, MD
Topic: From the CAPU Files: A Challenging Case of Adolescent Psychosis

June 29th:
Speaker: Cheryl Wills, MD
Topic: Taming the Cyberbully, Treating the Victim.

July 6th:
NO GRAND ROUNDS

July 13th:
Speaker: Jasdeep Sohi, M.D.
Topic: Cant' Sleep: Understanding Pediatric Insomnia

July 20th:
Speaker: Maryellen Davis, MD
Topic: Fatherhood: Changing Concepts in the Role of Fatherhood

July 27th:
Speaker: Stephen Ruedrich, MD
Topic: Intellectual Disability: At Last?

New Outpatient Clinic Locations:

Mayfield Village office will open on August 4th. **Drs. Bedosky, Minnillo and Jarm** will see patients at this location.

Dr. Aaron Ellington will begin seeing patients in the Medina office as of June 15th.

Presentations and Publications:

Dr. Christina Delos Reyes will present "Lunch with the Expert: Integrating Addiction & Mental Health Treatment, Where Do We Go from Here?" on Friday June 22nd as part of the training event "Marijuana: What's the Big Deal?" The event is sponsored by the County of Summit Alcohol, Drug Addiction, and Mental Health (ADM) Services Board, the Community Partnership of Summit County, and Summit County Children Services.

Noffsinger, S., *White v. Leimbeck - Informed Consent Updated*, OPPA's Insight Matters, Spring 2012.

Dr. Martha Sajatovic presented "Six-month outcomes of customized adherence enhancement (CAE) therapy in bipolar disorder" at the 52nd New Clinical Drug Evaluation (NCDEU) Conference, Phoenix, Arizona. May 30, 2012.

Pagano, M. E., Kelly, J. F., Scur, M. D., Ionescu, R., Carter, R. R., Stout, R. L., & Post, S. G. (June, 2012). *Assessing Youth Participation in AA-Related Helping: Validity of the Service to Others in Sobriety (SOS) Questionnaire in an Adolescent Sample.* Presentation at the 35th annual Research Society on Alcoholism Scientific Meeting in San Francisco, CA.

Scur, M. D., Pagano, M. E., Rodriguez, B. F., Lancaster, S. L., Melka, S. E. (June, 2012) *High Risk Behaviors and Infectious Disease Spread Among Adolescents.* Poster presentation at the 74th College on Problems of Drug Dependence Annual Meeting in Palm Springs, CA.

Soliman, S., *Evaluating older adults' capacity and need for guardianship* Current Psychiatry Vol. 11, No. 04 / April 2012

Dr. Phillip Resnick:

- Presented on "The Right to Suicide" at a meeting of psychiatric nurses in Las Vegas on May 18th.
- Conducted a workshop on "Detection of Malingering" at Perkins Hospital in Maryland on April 27th.
- "Workplace Violence Risk Assessment" to the American Organization of Occupational Psychiatrists on April 14th.

Dr. Stephen Ruedrich

presented at the American Academy of Developmental Medicine and Dentistry 10th Annual Education Conference in Mesa, Arizona on the "Diagnosis and Treatment of Psychiatric Disorders in Persons with ID: Past, Present, and Future," on May 19th.

Research:

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center is currently enrolling children ages 7-17 with Tourette's Disorder for a research study. Participants must be experiencing frequent motor and/or vocal tics that cause impairment in the child's normal routines. This clinical study may include study-related physical exams and study medication at no charge. To learn more about this clinical trial, please call Becky Weintraub at 216.844.3922.

Study for older adults (≥ 60 years) with type I Bipolar Disorder who are currently sub-optimally responsive to their prescribed BD treatments will receive 12 weeks of open-label Asenapine. Each study subject will serve as their own baseline control and mood symptoms will be assessed using standardized measures during the 12 weeks of Asenapine therapy. The primary outcome is change from baseline in bipolar mood symptom scores (mania and depression). Secondary outcomes include functional and general health status, global psychopathology, side effects, and extrapyramidal symptoms.

To participate, individuals must:

- 1.) Type I Bipolar disorder
- 2.) Age 60 or older
- 3.) Sub-optimal response to current psychotropic management including:
 - a. Behaviors and symptoms of irritability, agitation, mood lability or diminished ability to interact with others in their place of residence
 - b. Diminished ability to take care of basic personal needs in their place of residence due to symptoms of BD

To participate, individuals may NOT have:

- 1.) History of intolerance or resistance to asenapine

- 2.) Clinical diagnosis of dementia or Mini-mental state (MMSE) < 24
- 3.) History of TIA, stroke or MI within the past 12 months
- 4.) Medical illness that is the clear, underlying etiology of BD
- 5.) Unstable medical illness or condition including prolonged QT interval
- 6.) Substance dependence (except nicotine or caffeine) within the past 3 months.
- 7.) Rapid cycling BD defined as 4 or more discrete mood episodes within the previous 12 months.
- 8.) At high risk for self-harm or suicide

For more information or to refer a patient contact Tiffany Williams at 216-844-2835 or:

Effectiveness.Research@UHhospitals.org

Do you have patients with **schizophrenia** and previous **trouble with the law?**

This is a multicenter, 15-month, prospective, randomized, active-controlled, open-label, flexible dose study of paliperidone palmitate compared with oral antipsychotic treatment in delaying time to treatment failure in adults with schizophrenia who have been recently released from custody/jail. Participants will be randomly assigned to receive either long-acting injectable or oral antipsychotic. **Participants should continue to receive mental health and medical services from their usual providers while in the study.**

To participate, individuals must:

- Be age 18 or older with schizophrenia;
- Have been incarcerated (jail or prison) at least twice in the previous 2 years with the last release from the most recent incarceration occurring within the previous 90 days

- Be able to provide written, informed consent to study participation.

To participate, individuals may NOT:

- Be women who are pregnant or breast-feeding, or planning to become pregnant
- Be subjects who are actively abusing intravenous drugs within the past 3 months
- Have previous history of lack of response when treated with paliperidone

For more information or to refer a patient contact Tiffany Williams at 216-844-2835 or:
Effectiveness.Research@UHhospitals.org

10th NAMI Walks Greater Cleveland

Place: Voinovich Park behind the Rock and Roll Hall of Fame Cleveland, OH

Date: September 22, 2012

Distance: 2.5 MI

Check-in: 9:00 am

Start Time: 10:00 am

For more information contact:
bmurphy@namicleveland.org

Training Event:

July 16, 2012 - July 18, 2012

9:00 AM - 4:30 PM:

“Assessment and Treatment of Youth with Co-Occurring Mental Health and Substance Use Disorders” (MSASS Institute). For more information visit:

http://msass.case.edu/ce/COD_in_Youth.html

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DEADLINE FOR NEXT

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Save the Date:

Contact: