

Monthly News – May 2012

Department of Psychiatry

May 21, 2012 Volume 6, Number 5

APA Annual Meeting:

The 165th Annual Meeting of the American Psychiatric Association was held in Philadelphia May 5th-9th.

Presentations from UH Department of Psychiatry:

Advances in Child Psychopharmacology

Chairs:

Molly K. McVoy, M.D.

Robert L. Findling, M.D.

Treatment of ADHD and Disruptive

Behavior Disorders

Solomon Zараа, D.O.

Treatment of Pediatric Mood Disorders

Tiffany Thomas, M.D.

Psychopharmacology of Autism and PDD

Molly K. McVoy, M.D.

Courses:

The Detection of Malingered Mental Illness

Phillip Resnick, M.D.

The Psychiatrist as Expert Witness

Phillip Resnick, M.D.

Adult Sexual Love and Infidelity

Stephen Levine, M.D.

Risk Assessment for Violence

Phillip Resnick, M.D.

The Expert Witness in Psychiatric Malpractice

Cases

Phillip Resnick, M.D.

New Research:

Measuring Empathy, Emotional Intelligence, and Anger in Resident Physicians of India and USA: Finding Predictors of Variations in Scores

Parikshit Deshmukh, M.D.

Dissociated A β Antibody Level and Oxidative Stress Parameters in Alzheimer's Disease □

Population Based Study

Kasia Rothenberg, M.D.

Opioid's Induced Leucoencephalopathy

Kasia Rothenberg, M.D.

Methylphenidate Transdermal System for Treatment of Attention Deficit Hyperactivity Disorder (ADHD) in

Adolescents: Gender Subgroup Analyses

Robert L. Findling, M.D.

Methylphenidate Transdermal System for Treatment of Attention Deficit Hyperactivity Disorder in Adolescents: Impact of Prior Stimulant Use

Robert L. Findling, M.D.

Seminars:

How to Give a More Effective Lecture: Punch, Passion, and Polish

Phillip J. Resnick, M.D.

Bullying: Prevention and Intervention: An Overview

Cheryl D. Wills, M.D.

Symposia:

Child Forensic Psychiatry: 21st Century Practice

Cheryl D. Wills, M.D.

Workshops

American Board of Psychiatry and Neurology Update: Certification in Psychiatry and Its Subspecialties

Robert J. Ronis, M.D., M.P.H.

Women in Psychiatry: Pregnancy and Parenthood

Delaney Smith, M.D.

Cathleen A. Cerny, M.D.

Susan Hatters-Friedman, M.D.

Great Performances:

Malingering in Fiction

Cathleen A. Cerny, M.D.

Susan Hatters-Friedman, M.D.

Sara G. West, M.D.

Sherif Soliman, M.D.

Small, Medium, or Large?

A Panel Discussion With Psychiatrists From Three College Campuses

Farah Munir, D.O.

Susan Kimmel, M.D.

Michelle Fulk, D.O

Psychosomatic Medicine: Topics Across the Adult Lifespan:

Principles of Perinatal Psychiatry and Novel Treatment Options

Susan Hatters-Friedman, M.D.

Delirium in the General Medical Hospital: Recognition, Evaluation, and Treatment

Jeanne M. Lackamp, M.D.

Nurse's Week:

University Hospitals Case Medical Center celebrates Nurses Week each May, and the main event of the week's celebration is the recognition and presentation of the Nursing Clinical Excellence Awards, which was held on May 9th. Registered Nurses are nominated and selected by their peers within their specialty area for this award.

The nominations for Psychiatry Nursing Clinical Excellence this year were Joel Ayapana (Adult Psychiatry), Helene Bernstein (Child and Adolescent Psychiatry), Susan Borton (Neuro-Geriatric Psychiatry), Cathy Skully (Neuro-Geriatric Psychiatry), and Judy Carlin (Child and Adolescent Psychiatry). It is an honor to receive this nomination from one's professional peers. The one award recipient is selected by a peer group vote, based upon criteria in the areas of Clinical Excellence, Educational Excellence, and Commitment to the Mission of the Hospital.

Judy Carlin was selected as this year's **Nursing Clinical Excellence Award Recipient for Psychiatry Nursing**. Judy is a nurse on our Child and Adolescent Psychiatry Unit. Judy is certified in Psychiatry Nursing and received her BSN from Ohio University this past March.



Judy has been with UHCMC 5 years, joining us prior to the opening of our Child and Adolescent unit and immediately began her solid track record of contributing to the advancement of Psychiatry Nursing. She was instrumental in the development of the therapeutic program and the policy and procedures for this new Pediatric Psych unit and was a lead in the core team that opened this unit.

Her peer nomination for this award highlights her leadership in Psychiatry Nursing Governance. She led the Practice Council in development of a new evidence based tool for Suicide Assessment on all our units. She is recognized for her commitment to excellence and continuous improvement thru her work in design of the Healthy Meal Plan Initiative for patients and the post discharge follow-up phone calls. She models a passion for education thru precepting of new RN's and her own educational accomplishments. She is seen as champion for advancing nursing by bringing evidence base practice to the bedside and shepherding change.

Judy was joined at the award ceremony by her husband and mother.

Anxiety Disorder Clinic:

Matig Mavissakalian, MD has been working with the advanced (PGY3 and 4) residents in an Anxiety Disorder Clinic that began in July, 2011. This is a great resource for both education of our residents as well as expert

evaluation and care for patients suffering from anxiety. Two new patients can be seen every week, and there is also the option for patients to be followed for medication management and brief psychotherapy in this clinic. If you have patients you would like to refer who have any type of anxiety disorder, please contact the general intake staff at 216-844-2400 and they will schedule them for an assessment.

Awards and Recognition:

Drs. Rebecca Boxer and Jennifer Levin received an \$82,652 grant from the McGregor Foundation to be used for the development of a training program for caregivers of older adults with heart failure.

PGY-4 Psychiatry Resident **Pari Deshmukh** received the national "Outstanding Resident Award" at annual meeting of Indo-American Psychiatric Association in Philadelphia on May 6th, 2012.

Kate Kilbane has been promoted to Academic Program Administrator.

Lisa Nageotte has been promoted to Patient Access Representative II.

Sr. Mary Clare Smith, completing a psychology doctorate at Cleveland State University, successfully defended her dissertation: Cognitive, Spiritual, and Wisdom Development in Adults.

Dr. Cheryl Wills has been appointed as a forensic advisor to the DSM 5 task force.

Comings and Goings:

Welcome to the following new employees on the Child and Adolescent Psychiatry Unit:

Ashley Cornell, Mental Health Worker
Ashley Johnson, Mental Health Worker

Bernice Garcia, Secretary
Michael Brown, Mental Health Worker
Karyl Kniepper, Rehab Therapist

Welcome to:

Erin McDonald – Intake Specialist

Katherine Lehane – Patient Access Representative

Farewell to: Brocerlina Johnson, Financial Counselor, who will be starting a new position at UH Ahuja Medical Center. Her last day in the department is June 1st.

Consultation Liaison Society Meeting:

The Annual Meeting of the **Cleveland Consultation- Liaison Society (CLS)** was held on Wednesday, May 2nd at the Cleveland Skating Club

As in past years, our UH Psychiatry residents had an excellent showing. The following residents participated with poster presentations and oral platform presentations:

Posters: Kasia Rothenberg, Nitika Gupta, Michelle John, Pari Deshmukh.

Oral Presenters: Joanna Koutros, Almeria Decker, Stephanie Pope. Dr. Todd Ivan from Summa System in Akron presented the keynote address entitled “The Biopsychosocial Model in the 21st Century,” which tied nicely into many of the other presentation topics of the day.

Special congratulations to **Almeria Decker**, who won the annual **Parsa Award** for best oral platform presentation for her talk entitled: “Management of Neuropsychiatric Manifestations in a Patient with anti-NMDA Receptor Encephalitis.” Dr. Decker did an excellent job presenting this mysterious, sad and complex case. Kudos also to our faculty who

mentored various projects, including Drs Stagno, Locala, Lackamp, Hahn, Hatters-Friedman, and Dr Steve Gunzler (through UH Dept of Neurology).

Thanks again for everyone’s support; we look forward to seeing you all at the next CL Society function (stay tuned for details!).

Grand Rounds:

May 25th:

Speaker: Phillip Resnick, MD

Topic: Do’s and Don’ts of Depositions

June 1st:

DEPARTMENT MEETING
NO GRAND ROUNDS

June 8th:

Speaker: Parikshit Deshmukh, MD

Topic: Enhancing Clinical Efficiency with Questionnaires

June 15th:

Speaker: Kathleen Svala, MD

Topic: Gender Identity Disorder: Origins and Etiologies

June 22nd:

Speaker: Jason Spivey, MD

Topic: From the CAPU Files: A Challenging Case of Adolescent Psychosis

June 29th:

Speaker: Cheryl Wills, MD

Topic: Taming the Cyberbully, Treating the Victim.

Presentations and Publications:

Psychologist James J. Esmail, PsyD, of Summit Behavioral Healthcare in Cincinnati, Ohio, will present "Blending Motivational Interviewing with Cognitive Behavioral Therapy: Interactive Interventions" on **Wednesday, May 30th**. This training will help participants gain an understanding of when to use MI and CBT frameworks in services for people

with mental illness. This event is a video conference that will broadcast from Summit Behavioral Healthcare to multiple sites around the state, including a new site on the campus of Case Western Reserve University in Cleveland.

To register or for more information:

<http://www.centerforebp.case.edu/events>

Research:

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center is currently enrolling children ages 7-17 with Tourette’s Disorder for a research study. Participants must be experiencing frequent motor and/or vocal tics that cause impairment in the child’s normal routines. This clinical study may include study-related physical exams and study medication at no charge. To learn more about this clinical trial, please call Becky Weintraub at 216.844.3922.

Comparative Safety, Tolerability, and Effectiveness of Lithium vs. Quetiapine in Patients Across the Spectrum of Bipolar Disorder

PURPOSE: The purpose of this study is to compare two FDA approved medications in participants with any form of Bipolar Disorder.

ELIGIBILITY:

- Patient is at least 18 years of age.
- Patient is diagnosed with Bipolar Disorder I, Bipolar Disorder II, or NCS-R criteria for sub-threshold BP with or without symptoms.
- Patient is willing to be randomized to either Lithium or Quetiapine.
- If patient is sexually active female, must be using a reliable method of contraception.

- Women with reproductive potential must have a negative urine pregnancy test.

Who cannot be enrolled:

- Patients who have had severe adverse reaction to Lithium or Quetiapine (Seroquel).
- Patients unwilling to comply with study requirements
- Patients who require inpatient care
- Patients with drug/alcohol dependence requiring immediate acute detoxification
- Pregnant or breastfeeding women
- Patients with history of nonresponse to Lithium or Quetiapine

For further information contact Tim Warneka at 216.844.2863 or by email at Timothy.Warneka@UHhospitals.org

Study for older adults (≥ 60 years) with type I Bipolar Disorder who are currently sub-optimally responsive to their prescribed BD treatments will receive 12 weeks of open-label Asenapine. Each study subject will serve as their own baseline control and mood symptoms will be assessed using standardized measures during the 12 weeks of Asenapine therapy. The primary outcome is change from baseline in bipolar mood symptom scores (mania and depression). Secondary outcomes include functional and general health status, global psychopathology, side effects, and extrapyramidal symptoms.

Inclusion/exclusion criteria are as follows:

To participate, individuals must:

- 1.) Type I Bipolar disorder
- 2.) Age 60 or older
- 3.) Sub-optimal response to current psychotropic management including:

- a. Behaviors and symptoms of irritability, agitation, mood lability or diminished ability to interact with others in their place of residence
- b. Diminished ability to take care of basic personal needs in their place of residence due to symptoms of BD

To participate, individuals may NOT have:

- 1.) History of intolerance or resistance to asenapine
- 2.) Clinical diagnosis of dementia or Mini-mental state (MMSE) < 24
- 3.) History of TIA, stroke or MI within the past 12 months
- 4.) Medical illness that is the clear, underlying etiology of BD
- 5.) Unstable medical illness or condition including prolonged QT interval
- 6.) Substance dependence (except nicotine or caffeine) within the past 3 months.
- 7.) Rapid cycling BD defined as 4 or more discrete mood episodes within the previous 12 months.
- 8.) At high risk for self-harm or suicide

For more information or to refer a patient contact Tiffany Williams at 216-844-2835 or Effectiveness.Research@UHhospitals.org

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