

Monthly News – April 2012

Department of Psychiatry

April 16, 2012 Volume 6, Number 4

General Information:

Dr. Robert Ronis will host a department reception at this year's **APA meeting in Philadelphia on Monday evening, May 7th at the Philadelphia Marriott Downtown in Salon C from 6:30 p.m. to 9:00 p.m.** Invitations will be sent next week. For more information or to indicate your interest in attending, please contact Miriam Plax at 216-983-33205 or via email at: miriam.plax@case.edu

The date of the **Spring Clinical Faculty** meeting has been changed to **May 22nd** at the Racquet Club on Chagrin Boulevard, 29825 Chagrin Boulevard in Pepper Pike. Dinner will be preceded by a cash bar at 6:30 p.m.

The topic for the upcoming meeting will be: **The Future of Psychiatry Education: Can we be therapists and neuroscientists?** Our program will feature Dr. George Jaskiw of the Cleveland VA Medical Center and Clinical faculty member Dr Norman Clemens presenting a stimulating panel discussion followed by audience participation.

In order to assure sufficient space and meals, we request that you RSVP to Cindy Glenn at: (216) 844-3883 or by email at: Cynthia.Glenn@uhhospitals.org by Wednesday, May 16th.

Dr. Christina Delos Reyes, ADAMHS Board of Cuyahoga County Chief Clinical Officer, was interviewed for an Ohio News Network story on heroin addiction.

The story aired on March 29th on the 6:00 p.m. and 11:00 p.m. newscast on WEWS TV 5.

Addiction Symposium Wednesday, April 25th:

Frontiers in Biological Sciences Lecture Series presents:
**Symposium on Addiction: Neuron, Brain, and Society
April 25, 2012, 1:30-5:00 pm *
School of Medicine Room E501**
Hosted by: **Dr. Richard Zigmond**

Invited Speakers:

Speaker: Eric J. Nestler, M.D., Ph.D.

Topic: Transcriptional and Epigenetic Mechanisms of Addiction

Speaker: George F. Koob, Ph.D.

Topic: Neurocircuitry of Addiction: View from the Dark Side

Speaker: Linda Bauer Cottler, Ph.D., M.P.H.

Topic: Bringing Light to the Dark: The Community View

There is no fee to attend the symposium and no registration is required.

Awards and Recognition:

Megan Harper, NAIH, Neuro-Geriatric Inpatient Unit, was inducted into Sigma Theta Tau, International Honor Society of Nursing at Cleveland State University.

Susan Hatters-Friedman, M.D., was elected President of the Midwest Chapter - American Academy of Psychiatry & the Law.

Drs. Martha Sajatovic, Jennifer Leven, Curtis Tatsuoka, Adam Perzynski and Carol Blixen have recently been awarded a 5-year, \$2.6 million dollar grant to study the effects of a customized adherence enhancement (CAE) intervention on health outcomes in people with bipolar disorder. The project builds upon promising preliminary data and offers the potential to improve symptoms and overall functioning in people struggling with bipolar disorder.

Susan Stagno, M.D. and Mark Cheren, Ed.D. received a Scholarship in Teaching Award for their educational work related to Quality Improvement in the psychiatry residency program. This award was presented at the Annual Education Retreat on March 1, 2012 at the CWRU School of Medicine.

Comings and Goings:

Denise Delperto Bedoya is leaving the Department on April 26th to start a new adventure with her husband and two sons in the great state of Texas.



Denise started with the Department of Psychiatry in June 1998 as a research assistant and in 2004 became the **Research Operations Manager of the Discovery and Wellness Center for Children.**

Over the past 14 plus years with the department, Denise has been a part of many studies helping hundreds of children along the way.



Joan Person, Patient Access Representative in the Division of Child and Adolescent Psychiatry, has been accepted at the Ohio State University for the fall term. Joan's last day will be May 11th.

Farewell and Safe Return:

To **Fran Geraci's** son, **Staff Sargent Daniel N. Elliott**. Danny left on March 31st for his 3rd tour of duty for 16-19 months. He has served in Iraq and Baghdad and is currently in Afghanistan. SSgt. Elliott is an Unmanned Aerial

Vehicle pilot and flies the grey eagle drone.



Grand Rounds:

April 20th:

Speaker: John Lyszczarz, M.D.

Topic: Dissociative Identity Disorder: Theory and Law

April 27th:

Speaker: George Koob, Ph.D.

Topic: Addiction: The Gain in the Brain is in the Pain

May 4th:

Speaker: Vincent Caringi, M.D.

Topic: Back to School: Navigating a Dangerfield

May 11th:

John and Sally Morley Lecture

Speaker: Katherine L. Wisner, M.D., M.S.

Topic:

May 18th:

Speaker: David Medina, M.D.

Topic: Latino Mental Health: Reducing Disparities in a Changing Society

May 25th:

Speaker: Phillip Resnick, MD

Topic: Do's and Don'ts of Depositions

Video-broadcasts of selected Grand Rounds presentations are available on the department website by visiting www.cwrupsychiatry.org For Professionals: Continuing Education: Grand Rounds

Archives. The lectures are taped courtesy of Northcoast Behavioral Health and uploaded using Vimeo. *You will not be able to view the videos from a UH computer due to the firewall restrictions.* Please enjoy the videos from home or from another device that allows Vimeo. New videos will be added to the site on a monthly basis.

The department has a video of **Dr. Thomas Insel's** Woodruff Forum presentation to the City Club on February 24th. For those who were in attendance at either his Grand Rounds lecture or at the City Club Forum, you'll remember his excellent and thought-provoking talks. If you'd like to borrow the DVD, contact Miriam Plax.

Presentations and Publications:

Matthew E. Hirschtritt, BA was recently awarded the Medical Student Research Award from the Ohio Psychiatric Physicians Foundation. This award was for the presentation of his first author manuscript entitled: "Moderators and Mediators of Fluoxetine Treatment Response for Children and Adolescents with Comorbid Depression and Substance Use Disorders."

Citation:

Hirschtritt, M.E., Pagano, M.E., Christian, K.M., McNamara, N.K., Stansbrey, R.J., Lingler, J., Faber, J.E., Demeter, C.A., Bedoya, D. & Findling, R.L. (In Press). Moderators and Mediators of Fluoxetine Treatment Response for Children and Adolescents with Comorbid Depression and Substance Use Disorders. *Journal of Substance Abuse Treatment*.

Stout, R.L., Kelly, J.F., Magill, M., & **Pagano, M.E.** (2012). Association between social influences and drinking outcomes across 3 years. *Journal of Studies on Alcohol and Drugs* 77(3), 489-497

At the Annual Meeting of the Midwest Chapter - American Academy of Psychiatry & the Law held in St. Louis, MO on March 23-24th:

- **Phillip Resnick, M.D.** - "The Do's and Don'ts of Depositions"
- **Stephen Noffsinger, M.D.** - "Psychiatry & the Death Penalty"
- **Susan Hatters-Friedman, M.D.** - "Psychiatric Treatment in Pregnancy and Malpractice"

Susan Hatters-Friedman, M.D.:

- Traumatic Brain Injury, Amnesia and Competency to Stand Trial for Judges - Nevada Competency Examiners Recertification Course, Las Vegas, 2/12.
- "Postpartum Depression" and "Pregnancy and Lactation Risks of Psychopharmacology" - 17th Annual Nevada Psychiatric Association
- Psychopharmacology Conference, Las Vegas, 2/12.

Susan Hatters Friedman, MD and James L. Knoll, IV. *Neonaticide. Correctional Mental Health Report, 2012; 13(6): 85-6, 95-6.*

Susan Hatters Friedman, MD, Todd Hendrix, PhD, Abhishek Jain, MD, and Jessica Haberman, MA. Jane Doe: Pregnant Minor and Forensic Evaluae. *Newsletter of the American Academy of Psychiatry and the Law. 37 (1): 26,29; 2012.*

Phillip Resnick, M.D., taught a 15-week Civil Law and Psychiatry course at the CWRU School of Law.

Stephen Noffsinger, M.D., taught a 15- week Law and Psychiatry course at the University of Akron School of Law.

Research:

Mood Disorders Program:

Pioglitazone for the Treatment of Bipolar Disorder and Comorbid Metabolic Syndrome or Insulin Resistance

Gender & Age: Women & Men, ages 18 - 70

Diagnosis: Individuals with bipolar disorder who are currently experiencing depression and who also meet criteria for metabolic syndrome** or insulin resistance

Medications: All participants will receive pioglitazone, an FDA approved medication for the treatment of high blood sugar

Study Details: This study is designed to test whether pioglitazone reduces depressive symptoms. The study may last up to 20 weeks. Visits are typically once every week or every other week and last at least 1 hour long once enrolled. All potential participants will be screened for metabolic syndrome and insulin resistance at their initial study visit. All patients will receive active study medication (no placebo will be used). Participants cannot be suffering from heart failure.

Contact: Tim Warneka / 216.844.2863 or Timothy.Warneka@UHhospitals.org
End Date: 06/01/2012

**Metabolic Syndrome refers to a group of medical risk factors found in individuals that may be overweight, have high blood pressure or elevated cholesterol levels, and may have family members with heart disease and or diabetes.

Comparative Safety, Tolerability, and Effectiveness of Lithium vs. Quetiapine in Patients Across the Spectrum of Bipolar Disorder

Gender & Age: Women & Men, ages 18 - 70

Diagnosis: Bipolar Disorder (type I, II or NOS)

Medications: Patients will be randomized to either Lithium or quetiapine as monotherapy

Study Details: Up to 16 weeks long, Visits are typically once every week or every other week the first 2 months and then monthly after that. All participants will receive active medication (either lithium or quetiapine).

Contact: Tim Warneka at 216.844.2863 or via email:

Timothy.Warneka@UHhospitals.org

Save the Date:

Drug Addiction and Treatment Act of 2000 (DATA 2000)

Date: May 7, 2012

Time: 1:00 to 5:30 pm

Registration Fee: \$100

Who Should Attend: Physicians

Presenter: Christina M. Delos Reyes, M.D., Medical Consultant at the CEBP and Chief Clinical Officer of the ADAMHS Board of Cuyahoga County ([get bio, click here](#)).

Presenter: Sybil Marsh, M.A., M.D., Associate Professor of Family Medicine, Case University Hospitals Medical Center

Contact:

Published by University Hospitals Dept. of Psychiatry
DEADLINE FOR NEXT

ISSUE: Friday, 05/11/2012

CONTACT: Kate Kilbane

Phone: 216-844-3658

kate.kilbane@uhhospitals.org