

## Monthly News – April 2013

# Department of Psychiatry

April 15, 2013 Volume 7, Number 4

### Awards and Recognition:

**Dr. Joseph Calabrese** received the “European Bipolar Forum Lifetime Achievement Award” at the 13<sup>th</sup> International Review of Bipolar Disorders conference. This represents the first time an American has received this award.

**Dr. Cathleen Cerny** was elected President-Elect (president in 2015) for the Midwest Chapter of the American Academy of Psychiatry and the Law.

**Dr. Martha Sajatovic** will receive the 2013 Leonard Tow Humanism in Medicine Faculty Award sponsored by the Arnold P. Gold Foundation. The award will be presented at the Annual School of Medicine Award Ceremony on Saturday, May 18, 2013 at 2:00 p.m. at Strosacker Auditorium on the Case Western Reserve University campus.

### Congratulations:

To: **Lori Locke** on her expanded role as Director, UH Psychiatry Service Line and Nursing Practice.

To: **Dr. Farah Munir** on her appointment as Medical Director at Recovery Resources effective February 11, 2013.

To: **Sandy Wallack, ACN** on her promotion to Clinical Educator, Psychiatry Services. **Shawna Gudalis, ACN** has been promoted from Clinical Nurse at Richmond, 3 East to Advanced Clinical Nurse on the Consultation Liaison Service.

### Grand Rounds:

April 19<sup>th</sup>:

*\*Mayer Haber Lecture*

**Speaker:** Karoly Mirnics, M.D., Ph.D.

**Topic:** Neuroimmune Changes in Autism and Schizophrenia

April 26<sup>th</sup>:

*\*Willard D. Boaz Memorial Lecture*

**Speaker:** Jay Giedd, M.D.

**Topic:** The Teen Brain: Insights from Neuroimaging

May 3<sup>rd</sup>:

**Speaker:** Smitha Battula, M.D.

**Topic:** Pediatric Insomnia

May 10<sup>th</sup>:

*\*Morley Depression Recovery Lecture*

**Speaker:** Greg J. Siegle, Ph.D.

**Topic:** Wherefore Art Thou Depression Clinic of the Future: From Today’s Cognitive Neuroscience to Tomorrow’s Bedside

May 17<sup>th</sup>:

**Speaker:** Monifa Seawell, M.D.

**Topic:** Criminal Profiling: Pseudo Science or Super Science?

*\*Reception immediately following the lecture in the Mayer-Haber Conference Room 13-113*

### In Memoriam:

**Dr. Emilia Luisa (“Emy”) Powell**, graduate of our residency training program and longtime clinical faculty member, passed away on April 8 from complications of breast cancer.



As noted in the Plain Dealer obituary page:

“Affectionately known to her family and friends as “Emy”, she was soft-spoken and sweet, keenly aware and passionate for people. Emy’s first instinct was always kindness for others, which led her into a career in psychiatry. She viewed life as a tapestry of rich, meaningful events.

She effortlessly shared her love with family, friends and everyone she met; and shared her wisdom in catechism classes that she helped teach at Holy Rosary Parish for over 20 years... Emilia is survived by her loving husband, Allen Powell; their two children Katie and Alex Powell; mother Gemma Intrieri; sister Janet Intrieri (Peter Staddler). In lieu of flowers, the family suggests contributions be made to The Emilia Luisa Powell Music Ministry Fund at Holy Rosary Catholic Church, 12021 Mayfield Rd., Cleveland, 44106.”

There will be a memorial service for **Dr. Elizabeth Daunton** at Hanna Perkins Center on Saturday, April 20<sup>th</sup> from 1:00-2:00 p.m.



Dr. Daunton grew up in Bristol, England, and earned bachelor's and master's degrees from Oxford University. She trained and studied at several other British institutions, partly under Anna Freud, Sigmund's daughter.

Dr. Daunton was a child psychotherapist at University Hospitals and an associate professor at Western Reserve School of Medicine. She also taught at the Cleveland Psychoanalytic Institute.

### Nursing Clinical Excellence Awards:

Each year University Hospitals Case Medical Center celebrates Nurses Week in May, with the main event of the week's celebration being the presentation of the Nursing Clinical Excellence Awards. Nurses are nominated for this award and are selected by their peers within their specialty area of practice. The

nominations for Psychiatry Nursing Clinical Excellence this year were for **Barbara Vanco-Pavelko**, Children and Adolescent Psychiatry Unit, and **Carole Negus**, Adult Psychiatry Unit.

It is with pleasure that we announce that **Barbara Vanco-Pavelko** was selected as this year's Nursing Clinical Excellence Award Recipient. Barbara's nomination highlighted her 15 years nursing experience at Rainbow Babies and Children and her strong determination to advocate for patients and families

We will be formally and publicly recognizing the nominees and award recipient at a ceremony on May 8<sup>th</sup>. Please also join us in congratulating Barbara and Carole.

### Presentations and Publications:

**Dr. Joseph Calabrese** presented at The 13<sup>th</sup> International Review of Bipolar Disorders held in Seville, Spain – March 18<sup>th</sup> thru the 20<sup>th</sup>.

The Midwest Chapter of the American Academy of Psychiatry & the Law held their annual meeting in Columbus on March 22-23, 2013. **Cathleen Cerny, M.D. and Susan Hatters-Friedman, M.D.** served on the Program Planning Committee. Several members of the Department of Psychiatry made presentations:

**Phillip Resnick, M.D.**

Neonaticide: An International Perspective

**Stephen Noffsinger, M.D.**

Boundary Violations - Down the Slippery Slope and into the Abyss

**Cathleen Cerny, M.D. and Sherif Soliman, M.D.** - Reel Learning:

Using Film and TV to Teach **Susan Hatters Friedman, M.D.** (with Abhishek Jain, M.D.)

Jane Does, Jane Doesn't: Bringing Science to a Political Storm

**Stephen Noffsinger, M.D.**

presented on Violence Risk Assessment & the Standard of Care at the Stark County Mental Health and Recovery Services Board's Annual Conference on 2/22/13 in Canton.

PGY-5 Child Psychiatry Fellow,

**Dr. Smitha Battula's** abstract "Clozapine rechallenge following clozapine-induced pericardiomycarditis" has been accepted as an oral presentation for the **CL Society Annual Spring Meeting** on May 1<sup>st</sup>.

**Pagano, M.E., Krentzman, A.R., Scur, M.D., Ionescu, R., Stout, R.L.** (2013, June). *Risk factors of infectious disease among alcohol dependent girls and boys court-referred to treatment.* Poster presentation at the 36<sup>th</sup> annual meeting of RSA, Orlando, FL.

**Delos-Reyes, C.M., Svala, K., Singh, N., Scur, M.D., & Pagano, M.E.** (2013, June) *Smoking Cessation and Adolescent Treatment Response.* Poster presentation at the 36<sup>th</sup> annual meeting of RSA, Orlando, FL.

A poster presentation by **Philipp Dines, M.D., Martha Sajatovic, M.D., Amir Poreh, Ph.D., and Karen W. Hogan, ND, RN, NE-BC**, has been accepted at the 3<sup>rd</sup> International Congress on Neurobiology, Psychopharmacology & Treatment Guidance (Thessaloniki Greece, May 30<sup>th</sup> - June 2<sup>nd</sup>, 2013). The title is "Effective Complex Geropsychiatric Diagnostic Evaluation and Treatment."

### Research:

University Hospitals and The **Discovery and Wellness Center for Children** are conducting a neuroimaging (fMRI) research study to examine emotional processing and regulation of the brain. This

study is designed to map changes in brain development and functioning. Participants must be between the ages of 8-16 years old and free of any psychiatric illnesses. Travel may be necessary. There will be compensation for time and travel. To learn more, contact Becky Weintraub at 216-844-3922 or via email at [Becky.Weintraub@uhhsoptials.org](mailto:Becky.Weintraub@uhhsoptials.org)

### **OPT-BD Research Study**

Do you see any patients who are **60 years old or older with type I Bipolar Disorder** and are currently **sub-optimally responsive** to their prescribed BD treatments?

#### **To participate, individuals must:**

- 1.) Have Type I Bipolar Disorder
- 2.) Be age 60 or older
- 3.) Have sub-optimal response to current psychotropic management including:
  - a. Behaviors and symptoms of irritability, agitation, mood lability or diminished ability to interact with others in their place of residence
  - b. Diminished ability to take care of basic personal needs in their place of residence due to symptoms of BD

#### **To participate, individuals may NOT have:**

- 1.) History of intolerance or resistance to asenapine
- 2.) Clinical diagnosis of dementia or Mini-mental state (MMSE) < 24
- 3.) History of TIA, stroke or MI within the past 12 months
- 4.) Rapid cycling BD defined as 4 or more discrete mood episodes within the previous 12 months.

Participants will receive 12 weeks of open-label asenapine. Each study subject will serve as their own baseline control and mood symptoms will be assessed using standardized measures during the 12 weeks of asenapine therapy. The primary outcome is change from baseline in bipolar mood symptom

scores (mania and depression). Secondary outcomes include functional and general health status, global psychopathology, side effects, and extrapyramidal symptoms.

For more information or to refer a patient contact Edna Fuentes-Casiano at 216-844-2104 or [Effectiveness.Research@UHHospitals.org](mailto:Effectiveness.Research@UHHospitals.org)

### **CAE RCT Study**

Do you have any patients who have Bipolar Disorder and have trouble taking all of their bipolar medication?

#### **To participate, individuals must:**

1. Have type I or type II bipolar disorder diagnosis for at least 2 years;
2. Have received treatment with at least one evidence-based medication to stabilize mood for at least six months (lithium, anticonvulsant, or antipsychotic mood stabilizer);
3. Be at least 20% or more non-adherent with current BD medication treatment (i.e. lithium, anticonvulsant, or antipsychotic mood stabilizer);
- 4.

#### **To participate, individuals may NOT:**

1. Be children under the age of 18

This is a randomized, controlled trial (RCT) of the **Customized Adherence Enhancement (CAE) psychosocial intervention** (created by Martha Sajatovic MD and Jennifer Levin PhD) vs. broadly-directed, non-individualized education (EDU) in **poorly adherent individuals with bipolar disorder (BD)**. The study is primarily interested in testing whether a (CAE) intervention that addresses the specific reasons for non-adherence among high-risk patients with BD improves treatment adherence and bipolar disorder symptoms compared to EDU. CAE is intended to be a brief adjunct to standard mental health treatment. The proposed

project has the potential to greatly advance the care of BD patients who are at greatest risk for poor health outcomes, with findings expected to be generalizable across a variety of treatment settings. ***All individuals will continue to receive treatment as usual with their regular provider(s).***

For more information or to refer a patient contact Megan Brawley at 216-844-2835 or [Effectiveness.Research@UHHospitals.org](mailto:Effectiveness.Research@UHHospitals.org)

### **Double-Blind, Placebo-Controlled Trial of Pioglitazone for Insulin-Resistant Bipolar Depression**

**Principal Investigator:** David Kemp, MD

**Gender & Age:** Women & Men, ages 18 & older

**Diagnosis:** Bipolar Illness (type I, II, or NOS), currently depressed

**Medications:** Patients will be randomized to either pioglitazone or placebo, in addition to adjunctive anti-manic drug

**Study Details:** Up to 16 weeks, patients will be seen every week for the first 4 weeks and every two weeks for the remaining month.

**Contact:** Tim Warneka at 216-844-2863 or via email at:

[Timothy.Warneka@uhhospitals.org](mailto:Timothy.Warneka@uhhospitals.org)

### **A Randomized, Double-Blind, Placebo-Controlled, Phase 3 Study to Evaluate the Efficacy and Safety of Once a Day, TAK-375 (Ramelteon) Tablet for Sublingual Administration (TAK-375SL Tablet) 0.1, 0.4, and 0.8mg as an Adjunctive Therapy in the Treatment of Acute Depressive Episodes Associated with Bipolar I Disorder in Adult Subjects (TAK-375SL\_201)**

**Principal Investigator:** Keming Gao, MD, PhD

**Gender & Age:** Women & Men, ages 18 - 75

**Diagnosis:** Bipolar I Disorder, currently depressed

**Medications:** Lithium and/or one other mood stabilizer (lamotrigine or valproic acid) and/or one

atypical antipsychotic (risperidone or olanzapine or aripiprazole or ziprasidone). Subjects may be on one, two or three medications but no more than one from each group. Each subject will be randomized to either TAK-375SL tablet 0.1 mg once daily, TAK-375SL tablet 0.4 mg once daily, TAK-375SL tablet 0.8 mg once daily or placebo once daily.

**Study Details:** Up to 13 weeks long, visits are once a week for the first month and then bi weekly for an additional month.

**Contact:** Carla Conroy at 216-844-2871 or via email at: [Carla.Conroy@UHHospitals.org](mailto:Carla.Conroy@UHHospitals.org)

## Save the Date:

The Department of Psychiatry and Dr. Robert J. Ronis cordially invite Alumni, Residents, Fellows and Faculty to attend the Alumni & Friends Reception held during the American Psychiatric Association's (APA) 2013 Annual Meeting in San Francisco

**Monday, May 20, 2013**

6:30 pm to 9:00pm

San Francisco Marriott Marquis  
55 Fourth Street

San Francisco, CA 94103

RSVP to Miriam Plax by email at [miriam.plax@case.edu](mailto:miriam.plax@case.edu)

## Smoking Cessation:

The UH Connor Integrative Medicine Network is offering a new acupuncture program designed exclusively for smoking cessation for your patients. The program recommends eight acupuncture treatments during the first four weeks of quitting, usually the most difficult time. The acupuncture smoking cessation protocol:

- Reduces cigarette cravings
- Moderates stress
- Alleviates withdrawal symptoms including anxiety and irritability
- Reduces jitters and difficulty concentrating
- Supports the body's natural detoxification process

The cost of each treatment is \$40.00 at the Community Acupuncture Clinic, suite 4100, at Chagrin Highlands Health Center.

Patients can call 216.285.4070 if they'd like to schedule an appointment or want more information!

## Contact:

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