

## Monthly News – March 2012

# Department of Psychiatry

March 12, 2012 Volume 6, Number 3

### General Information:

**Drs. Felipe Amunategui and Nora McNamara** received a small grant from the Northeast Ohio Autism Group to support the Social Skills Group that they have been facilitating since the summer of 2011. They were awarded the full scholarship amount of \$1000 to sponsor activities and assist young adults who do not have insurance to cover participation in the group. They also plan to develop a parent group to coincide with the Social Skills group.

NAMI Greater Cleveland has partnered with the Cleveland International Film Festival for the **Sunday, March 25, 3:25 p.m.** showing of the film *“Of Two Minds,”* a provocative and poignant look at the lives of compelling people living with bipolar disorder. For details go to [www.namigreatercleveland.org](http://www.namigreatercleveland.org)

The Ohio Association of County Behavioral Health Authorities in partnership with the Ohio Department of Alcohol and Drug Addiction Services and the Ohio Rehabilitation Services Commission will present **Ohio's 2012 Opiate Summit** on **May 7<sup>th</sup> and 8<sup>th</sup>** in Columbus at the Hyatt Regency Hotel & Conference Center, 350 North High Street. **Drs. Christina Delos Reyes and Sybil Marsh** will

facilitate the Data 2000 Training for Buprenorphine products

For more details and registration information visit: <http://oacbha.org/2012-opiate-summit/>.

### Awards and Recognition:

**Margaret Kotz, D.O.**, was the Chair of the committee for the Treatment Improvement Protocol, “TIP 54” on Managing Chronic Pain in Adults With or in Recovery From Substance Use Disorders. The development of each TIP involves the creation of topic-based best practice guidelines for the prevention and treatment of substance use and mental disorders.

TIPs are developed by the Center for Substance Abuse Treatment (CSAT), part of the Substance Abuse and Mental Health Services Administration (SAMHSA) within the U.S. Department of Health and Human Services (HHS).

**Stephen Ruedrich, M.D.**, was honored as the 2011 recipient of the Frank J. Menolascino Award for Excellence at the NADD (The National Association for the Dually Diagnosed) 28th Annual Conference, in Nashville, TN.

The CWRU Board of Trustee’s voted at its January meeting to name **Dr. Stephen L Ruedrich** as the **L. Douglas Lenkoski Professor of Psychiatry**. Dr. Ruedrich will present the L. Douglas Lenkoski Lecture on Friday, June 29, 2012.

### Annual Meeting – Consultation Liaison Society:

The Annual Meeting of the **Cleveland Consultation- Liaison Society (CLS)** will take place on **Wednesday, May 2, 2012** from **11:30 AM until 5:00 PM**, at the **Cleveland Skating Club**, conveniently located near Shaker Square and University Circle, with free parking.

The event begins with a luncheon followed by C/L psychiatry presentations (oral presentations and poster presentations). Trainees and faculty members are encouraged to submit abstracts regarding CL research, mystery cases, and innovative programs.

### The deadline for abstract submission is April 4, 2012.

Abstract submissions will be reviewed, and authors will be notified of acceptance via email by April 11, 2012. The “Parsa Award” and the “Agle Award” will be given to a resident or fellow presenter at

the meeting based on scientific merit, academic interest, discussion, and relevance to C/L psychiatry.

**The deadline for registration is April 11, 2012.** If you are submitting an abstract, please remember to send your registration form in addition to your abstract form. To submit **registration forms** and **abstracts**, please email the Cleveland CLS at: [ClevelandCLS@gmail.com](mailto:ClevelandCLS@gmail.com)

For other questions, please contact Jeanne Lackamp, MD via email at: [Jeanne.Lackamp@uhhospitals.org](mailto:Jeanne.Lackamp@uhhospitals.org)

## Congratulations:

To: **Drs. Marianne Jhee and Solomon Zaraa** on the birth of their daughter, Elizabeth Hana Zaraa. She was born on 2/16/2012.



Congratulations to the following faculty members included in **Cleveland Magazine's Best Doctors 2012** or **US News America's Top Doctors**:

**Joseph Calabrese**  
**Christina Delos Reyes**  
**Robert Findling**  
**Anna Janicki**  
**Margi Kotz**  
**Joseph Locala**  
**Stephen Levine**  
**Stephen Noffsinger**  
**Phillip Resnick**  
**Robert Ronis**  
**Stephen Ruedrich**  
**Martha Sajatovic**

## Grand Rounds:

**March 23<sup>rd</sup>:**  
**Speaker:** Henry Kranzler, M.D.  
**Topic:** Genetic Moderators of the Effects of Stress on Alcohol Dependence and Treatment

**March 30<sup>th</sup>:**  
**Speaker:** Peter Mikhail, M.D.  
**Topic:** Metabolic Disorder in Mental Illness

**April 6<sup>th</sup>:**  
**Speaker:** A Case of Autism: What We know and What is Ahead  
**Topic:** Sonia Shetal Shah, M.D.

**April 13<sup>th</sup>:**  
**Annual Willard D. Boaz Memorial Lecture:**  
**Speaker:**  
**Topic:** Juvenile Bipolar Disorder and Substance Abuse

**April 20<sup>th</sup>:**  
**Speaker:** John Lyszczarz, M.D.  
**Topic:**

**April 27<sup>th</sup>:**  
**Speaker:** George Koob, Ph.D.  
**Topic:** Addiction: The Gain in the Brain is in the Pain

## Presentations and Publications:

**Christina Delos Reyes, M.D.** will present "Managing the Drug-Seeking Patient in Hospital Settings." This event is a video conference that will broadcast from Northcoast Behavioral Healthcare in Northfield, Ohio, to multiple sites around the state. The conference is designed for professionals in hospitals and community-based organizations who provide care to patients with severe mental illness or co-occurring mental illness and substance use disorders.

The deadline for registration is **Tuesday, March 20<sup>th</sup>**. For more information go to: [www.centerforebp.case.edu/events](http://www.centerforebp.case.edu/events)

Al Jurdi RK, Kunik ME, Gildengers A, **Sajatovic M**, Mulsant B, Greenberg RL, Schulberg HC, Young R. Predictors of inpatient care for older patients with bipolar disorder. *Journal of Geriatric Psychiatry and Neurology*. (In Press).  
Gildengers A, Tatsuoka C, **Bialko C, Cassidy KA**, Al Jurdi R, Gyulai L, Young RC, **Sajatovic M**. Correlates of treatment response in depressed older adults with bipolar disorder. *Journal of Geriatric Psychiatry and Neurology*. (In Press).

Al Jurdi R, Schulberg HC, Greenberg RL, Kunik ME, Gildengers AG, **Sajatovic M**, Mulsant BH, Young R. Treatment settings for older patients with bipolar disorder. *Journal of Geriatric Psychiatry and Neurology*. (In Press).

Al Jurdi R, Nguyen QX, Peterson NJ, Pilgrim P, Gyulai L, **Sajatovic M**. Acute bipolar I affective episode presentation across life span. *Journal of Geriatric Psychiatry and Neurology*. (In Press).

**Loué S**, Daugherty B, Heaphy E, Mendez N, **Sajatovic M**. The Co-occurrence of Mental Illness and High HIV-Risk in a Sample of African American Men Who Have Sex with Men: Findings and Implications. *Journal of HIV/AIDS and Social Services*. (In Press).

**Sajatovic M, Levin J, Micula-Gondek W, Williams T, Bialko C, Cassidy KA**, Tatsuoka C. Six-month outcomes of customized adherence enhancement therapy in bipolar disorder. *Bipolar Disorders*. (In Press).

**Yang S, Sajatovic M**, Walter B. Psychosocial interventions for depression and anxiety in Parkinson's disease. *Journal of Geriatric Psychiatry and Neurology*. (In Press).

**Sajatovic M**, Gaur R, Tatsuoka C, Lee N, Laredo J, Tripathi S. Rater training for a multi-site international clinical trial: What mood symptoms may be the most difficult to rate? *Psychopharmacology Bulletin* (In Press)

## Research:

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center is currently looking for research participants between the ages of 7-17 to participate in a research study for children and teens suffering from pediatric bipolar disorder. Symptoms of bipolar disorder include intense irritability, silliness, mood swings and difficulty sleeping. This study may include a clinical evaluation, medical tests, physical exam and medication provided at no charge. For more information, please call Becky Weintraub at 216-844-3922.

**The Mood Disorders Program** is currently enrolling patients for a study on the Comparative Safety, Tolerability, and Effectiveness of Lithium vs. Quetiapine in Patients Across the Spectrum of Bipolar Disorder

The purpose of this study is to compare two FDA approved medications in participants with any form of Bipolar Disorder. Lithium is considered the treatment of choice for patients with Bipolar Disorder. However, Lithium use has decreased over recent years, while more expensive medications, such as Quetiapine, have increasingly been prescribed. Additionally, most studies that examine Lithium or Quetiapine do not allow for participants to have other psychiatric illnesses or sub-threshold Bipolar Disorder. Because of this, doctors cannot be sure how patients with sub-threshold Bipolar Disorder, or with other psychiatric

illnesses, will respond to or tolerate Lithium or Quetiapine.

### Who can be enrolled:

- Patient is at least 18 years of age.
- Patient is diagnosed with Bipolar Disorder I, Bipolar Disorder II, or NCS-R criteria for sub-threshold BP with or without symptoms.
- Patient is willing to be randomized to either Lithium or Quetiapine.
- If patient is sexually active female, must be using a reliable method of contraception.
- Women with reproductive potential must have a negative urine pregnancy test.

### Who is not eligible for enrollment:

- Patients who have had severe adverse reaction to Lithium or Quetiapine (Seroquel).
- Patients unwilling to comply with study requirements
- Patients who require inpatient care
- Patients with drug/alcohol dependence requiring immediate acute detoxification
- Pregnant or breastfeeding women
- Patients with history of nonresponse to Lithium or Quetiapine

### **For more information please**

Contact: Tim Warneka,  
at 216.844.2863 or by email at  
[Timothy.Warneka@UHhospitals.org](mailto:Timothy.Warneka@UHhospitals.org)

## Save the Date:

**WHAT:** Annual Meeting of the Cleveland Consultation-Liaison Society

**WHEN:** Wednesday, May 2, 2012  
11:30am until 5:00pm

**LOCATION:** Cleveland Skating Club; 2500 Kemper Road, Shaker Heights, Ohio 44120

**DETAILS:** Resident, fellow, and faculty submissions for oral and/or poster presentations are welcomed and encouraged! Deadline for submissions will be **Wednesday, April 4, 2012.**

**More information to follow soon!**

## Contact:

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