

Monthly News – February 2012

Department of Psychiatry

February 13, 2012 Volume 6, Number 2

General Information:

In May 2006, the North Dakota Department of Human Services contacted the **Center for Evidence-Based Practices** to request a consultation and site visit so that they could see first hand how integrated treatment was being used in a community agency. They recruited eight people to make the 16-hour drive, including program managers and frontline clinicians from Southeast Human Service Center in Fargo who would be the first to implement Integrated Dual Disorder Treatment (IDDT) in their state.

In 2011, the **Center for Evidence-Based Practices at Case Western Reserve University** and its **Substance Abuse and Mental Illness Coordinating Center of Excellence (SAMI CCOE)** initiative presented the "IDDT Champion Award" to Southeast Human Service Center in Fargo, North Dakota for its commitment to implementing Integrated Dual Disorder Treatment (IDDT) in the communities it serves. IDDT is an evidence-based practice that helps improve quality of life and other outcomes for people with co-occurring severe mental illness and substance use disorders. The IDDT model produces a clinical environment in which social workers, psychiatrists, and other

health and human service providers are able to build safe and trusting relationships with people whose severe symptoms of mental illness often impede their ability to interact with others and to manage their health and mental health.

According to Ric Kruszynski, MSSA, LISW, LICDC, director of SAMI consulting and training at the Center for Evidence-Based Practices, "many consumers who receive this model of care were previously under-served or not served at all in their communities," he says. "Individuals now find themselves with hope and a quality of life that they never imagined possible."

Department of Psychiatry FUNdraiser Committee Event:

The FUNdraiser Committee held their first event on Tuesday, February 7th. Beth Yanda acted as hostess for a "Pampered Chef" party. 20% of all sales for the event will be donated to the **Suicide Prevention Education Alliance (SPEA)**. Total sales were \$1,184 for a donation of \$236.80 to SPEA. Thanks to all who participated!

NAMI Fundraiser

Celebrate Mardi Gras - Cleveland Style!

Enjoy food, drink and live music while making the community a better place for everyone!

When: Friday, February 17, 2012 at 7:30 P.M.

Where: Battery Park Wine Bar
7524 Father Frascati Avenue,
Cleveland, Ohio 44102

Why: All proceeds benefit the Center for Families and Children & the National Alliance on Mental Illness (NAMI). \$45 gets you in the door. Ticket price includes heavy hors d'oeuvres, open beer and wine bar and live music. Prizes and raffles will be held all night. A limited number of tickets will be sold, so don't wait! For event tickets Contact:

SuccessPartnersCleveland@gmail.com

Comings and Goings:

Welcome to new provider:



Jera Barrett, M.D.

Assistant Professor of Psychiatry,
CWRU.

Mary Catherine Koehler, RA II
Mood Disorders Program

Welcome back to:



Susan Kimmel, M.D.

Assistant Professor of Psychiatry,
CWRU.

Congratulations:

To: Lisa Nageotte, who has been promoted to Patient Access Representative II.

Grand Rounds:

February 17th:

Speakers: Ramiz Audi, M.D.
and Imran Shakir, D.O.

Topic: Cyberbullying

February 24th:

Speaker: Thomas R. Insel, M.D.

Topic: Rethinking Mental
Illness

March 2nd:

**Phillip J. Resnick Professorship
of Psychiatry Lecture**

Speaker: Robert Wettstein, M.D.

Topic: Navigating Fitness for Duty
Evaluations

March 9th:

DEPARTMENT MEETING
NO GRAND ROUNDS

Mayer-Haber Library News from Mary Ellen Kollar:

While reviewing the emails from favorite websites, I came upon a Psychiatric Times blog, <http://tinyurl.com/87xgvl9>, by H. Steven Moffic, M.D. He writes about re-reading classic books in psychiatry for continuing education. Last month the Mayer-Haber Library added twelve books from an

anonymous donation, including several distinctive retrospective works.

Balint, Michael. *Thrills and Regressions*. New York: International Universities Press, 1959
WM460 B186t 1959

In *Thrills and Regressions* Balint expanded his concept of primary love by describing the defective, pathological, object-relations caused by traumatic events. The author introduces two basic character types, or forms of object relations, the "ocnophils" and the "philobats." The former cling to objects and fear empty spaces. This tendency represents a regression designed to reestablish primary object love. The latter are much more independent of objects and are more confident of mastering them. The Meyer-Haber Library also has Balint's book *The Doctor, His patient, and the Illness*. WB100 B186d 1957

De Kruif, Paul. *A Man Against Insanity*. New York: Harcourt, Brace, 1957 WZ100 F353D 1957

Medical doctor turned popular science writer, Paul DeKruif was a contemporary and collaborator of H.L. Mencken and Sinclair Lewis. This book is the story of a doctor, John Thacker Ferguson, 1908-1968, who conquered his own insanity shows others the way back.

English, Horace Bidwell. *A Comprehensive Dictionary of Psychological and Psychoanalytical Terms; a guide to usage*. New York: Longmans, Green, 1958 BF31.E58 1958

The first edition of this dictionary was published in 1928.

Green, Maurice R. and Eric Fromm, eds. *Interpersonal Psychoanalysis: the Selected Papers of Clara M. Thompson*, New York: Basic Books, 1964 WM 460 T469i 1964

Clara M. Thompson was born in Providence, RI, in 1893. She

received her medical education and internship at Johns Hopkins University. She worked at St. Elizabeth Hospital under Edward Kempf and William Alanson White, and had a psychiatric residency at the Phipps Clinic where she studied under Adolph Meyer. In 1923 Harry Stack Sullivan heard Thompson give her first scientific paper. Sullivan encouraged Thompson to go into treatment with Sándor Ferenczi. She was the first president of the Washington-Baltimore Psychoanalytic Society and a founding member of the Association for the Advancement of Psychoanalysis, but she left after Karen Horney insisted on only including medical doctors. Thompson was a central force in the creation of the interpersonal school of psychiatry. Thompson analyzed or supervised many of the most influential members of the second generation of interpersonal analysts. Her understanding of the difficulties facing professional women led her to be the analyst of choice for many groundbreaking women. In addition, Thompson's dedication to training lay analysts set an important precedent in the United States.

Norman, William H., ed. *Mid-Life, Developmental and Clinical Issues*. New York: Brunner/Mazel, c1980. WT 150 S984m 1978

Based on papers presented at the Symposium on Mid-Life, held at Butler Hospital, Providence, R.I., in spring 1978.

Parsons, Talcott. *Social Structure and Personality*. New York: Free Press of Glencoe 1964 BF698.P256 1964
American sociologist, Talcott Parsons (1902-1979), analyzed the socialization process to show the relationship between personality and social structure. He stated that personality formation develops out of action organized around individuals, while action organized around relations of actors leads to a social system which consists of a

network of roles. A third system, which is indispensable to the personality system and the social system, is the cultural system, which constitutes the standards and channels for guiding action. These three systems interpenetrate one another, and Parsons focused on the analysis of the socialization process to show the relationship between personality and the social structure.

Reik, Theodor. *Curiosities of the Self; Illusions We Have About Ourselves*. New York: Farrar, Straus & Giroux, 1965 BF173.R378 1965

Riessman, Frank. *Mental Health of the Poor: New Treatment Approaches for Low Income People*. New York: Free Press of Glencoe, 1964 WM58 R562m 1964

Beck, Samuel J. *Reflexes to Intelligence; a Reader in Clinical Psychology*. Glencoe, Ill: Free Press, 1959 WM100 B393r 1959

Samuel Jacob Beck is also the author of the three-volume set "Rorschach's Test." The Mayer-Haber Library has vols. I & III.

Jernberg, Ann Marshak. *Theraplay: a New Treatment Using Structured Play for Problem Children and Their Families*. San Francisco: Jossey-Bass Publishers, 1979 WS350.2 J55t 1979

Schafer, Roy. *Clinical Application of Psychological Tests: Diagnostic Summaries and Case Studies*. New York: International Universities Press, 1948 W1 ME918 no.6
The Menninger Foundation monograph series.

Wolpe, Joseph. *The Conditioning Therapies; the Challenge in Psychotherapy*. New York, Holt, Rinehart and Winston, 1964 WM 420 W866c 1964

Presentations:

Dr. Robert Findling presented "The Blind Man and the Elephant: Lessons Learned from the Longitudinal Assessment of Manic Symptoms (LAMS) Study" as part of the Schubert Conversation Series 2011-12, Child Well-Being in Challenging Times. The lecture was held at the Mandel Center for Nonprofit Organizations on Tuesday, February 14th.



Research:

The **Discovery and Wellness Center for Children** at University Hospitals is currently enrolling adolescents ages 12-17 years. Patients must have a primary diagnosis of bipolar disorder or schizophrenia spectrum disorder or any other mental disorder requiring treatment with medication. If eligible, patients may receive an evaluation, study-related medication and close follow up from a doctor who specializes in pediatric mental illness. To learn more about this research study, please call 216-844-3922.

Save the Date:

WHAT: Annual Meeting of the Cleveland Consultation-Liaison Society

WHEN: Wednesday, May 2, 2012 11:30am until 5:00pm

LOCATION: Cleveland Skating Club; 2500 Kemper Road, Shaker Heights, Ohio 44120

DETAILS: Resident, fellow, and faculty submissions for oral and/or poster presentations are welcomed and encouraged! Deadline for submissions will be **Wednesday, April 4, 2012**.

More information to follow soon!

Contact:

Published by University Hospitals Dept. of Psychiatry
DEADLINE FOR NEXT

ISSUE: Friday, 03/09/2012

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