

Monthly News – January 2012

Department of Psychiatry

January 23, 2012 Volume 6, Number 1

General Information:

On Monday afternoon, January 23, 2012 Mariette Hartley, Emmy- and Clio-award award winning actress, currently starring in the Cleveland Play House's production **Ten Chimneys**, met with clients and invited family members of the department's **Mood IOP** program for an informal luncheon to share her experiences in recovery from mental illness and addiction. Hartley, who was diagnosed with bipolar disorder at age 54 and has been in recovery from alcoholism for 22 years is also a survivor of her father's suicide at age 23. She is a founding member of the American Foundation for Suicide Prevention in Los Angeles, where she runs a weekly survivor support group.



Her personal experiences as a consumer and family member resonated with our group. She provided an autographed copy of

her autobiography *Breaking the Silence* to each family in attendance. Additional copies will be placed in the Mayer-Haber library on the seventh floor for general circulation.

When Ms. Hartley is performing in a community for an extended period of time, she makes it a point to outreach to a consumer program, as much for her own well-being as for the inspiration she brings to those who listen to her.

Her run at the Play House in **Ten Chimneys** is through February 4th.

Plain Dealer mental health reporter Diane Suchetka interviewed Ms. Hartley extensively for her column, which ran this past week:

http://www.cleveland.com/healthfi/t/index.ssf/2012/01/actress_mariette_hartley_talks.html

To learn more about Mariette, visit her website
www.mariettehartley.com

Awards and Recognition:

Peter M. Barach, Ph.D., Senior Clinical Instructor in Psychiatry was recently appointed co-chair of the Practice Committee of Division 56 (Trauma Psychology) of American Psychological Association. The Committee is currently writing practice guidelines for treating

survivors of complex trauma, a joint project with the International Society for Traumatic Stress Studies. Under the auspices of the International Society for the Study of Trauma and Dissociation, Dr. Barach was involved from 1991 through 2011 in developing and revising treatment guidelines for adults with Dissociative Identity Disorder. Dr. Barach is a clinical psychologist in private practice and also conducts forensic assessments through the Court Psychiatric Clinic, Cuyahoga County Court of Common Pleas.

Congratulations:

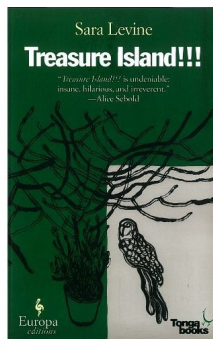
Dr. Francoise Adan passed the exam for the American Board of Integrative Holistic Medicine.

Congratulations to **Kristen Cassidy**, her husband Matt and big brother Arthur!



Margaret "Maggie" Elizabeth Cassidy was born at 10:01pm on 1/10/2012 at 8 lbs, 3 oz and 19.5 inches.

Dr. Stephen Levine's daughter, Sara Levine's first novel *Treasure Island!!!* was published by Europa Press in December 2011 and reviewed in the NY Times on January 6, 2012.



Post Pediatric Portal Fellow, Lysette Ramos and her husband Victor welcomed their first child, Mason Christopher Ibrahim on 12/16/11 at 7 lbs 10 ounces 21 inches.



Grand Rounds:

January 27th:

Morley/Mather Lecture

Speaker: Helen S. Mayberg, M.D.

Topic: Rethinking Depression and its Treatment: Insights from Studies of Deep Brain Stimulation

February 3rd:

Speaker: Megan Testa, M.D.

Topic: Working with patients who have been in Jail or Prison

February 10th:

Bipolar Disorders Chair Lecture

Speaker: Carlos A. Zarate, Jr., M.D.

Topic: The Future of Bipolar Disorder Research: Advances in Neurobiology and Developing Novel Treatments

February 17th:

Speakers: Ramiz Audi, M.D.

and Imran Shakir, D.O.

Topic: Cyberbullying

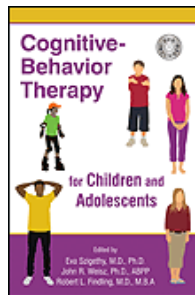
February 24th:

Speaker: Thomas R. Insel, M.D.

Topic: TBA

Presentations and Publications:

Just published by American Psychiatric Publishing, Inc.:



Cognitive-Behavior Therapy for Children and Adolescents

Edited by Eva Szigethy, M.D.

Ph.D., John R. Weisz, Ph.D.,

ABPP, and Robert L. Findling, M.D., M.B.A. 2012

Dr. Jeffrey Janata participated in WVIZ's "The Sound of Ideas" series on "The Body in Pain" which aired Tuesday, January 24th on 90.3 WCPN at 9:00 a.m.

Kelly, J.F., Hoepfner, B., Stout, R.L., & **Pagano, M.E.** (2012). Determining the relative importance of mechanisms of behavior change within Alcoholics Anonymous: A multiple mediator analysis. *Addiction*, 107(2), 289-299.

Dr. Philipp Resnick will present "Inside the Mind of a Domestic Terrorist: The Unabomber" on **Monday, February 27, 2012** from 5:30 to 8:15 p.m. at the Cleveland Metropolitan Bar Association Education Center, Second Level – Galleria at Erieview, 1301 East Ninth St., Cleveland, OH 44114.

This event is sponsored by the Cleveland Metropolitan Bar

Association and Passion for Change. This is a fundraiser for **Communicators for Mental HealthSM**. To register or for more information call 216.496.3295 or go to:

<http://passionforchange.givezooks.com/events/the-unabomber>



The ADAMSH Board of Cuyahoga County Training Institute Winter Workshop Schedule includes a workshop by **Dr. Phillip Resnick** workshop on "Risk Assessment for Violence and Suicide" On **Friday, February 24, 2012** from 8:30 A.M. – 4:00 P.M. The fee is \$45. For further information go to: <http://adamhsc.org/en-US/training-institute.aspx>

Research:

The Discovery and Wellness Center for Children at University Hospitals Case Medical Center is currently enrolling patients for participation in a clinical trial for children ages 6-12 years with Attention Deficit Hyperactivity Disorder (ADHD) and aggression. Symptoms may include difficulty paying attention, temper tantrums, and initiating physical fights. Treatment may include parent education, study related exams and medication from a doctor who specializes in pediatric mental illness. To learn more about this research study, please call 216-844-3922.

Contact:

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DEADLINE FOR NEXT ISSUE: Friday, 02/17/2012
CONTACT: Kate Kilbane
Phone: 216-844-3658
kate.kilbane@uhhospitals.org