

Monthly News – December 2011

Department of Psychiatry

December 14, 2011 Volume 5, Number 12

General Information:

Life Exchange Center Grand Opening December 14, 2011

The Life Exchange Center is designed to assist with the recovery process and provide social supports, educational programs, and life skills training for individuals with mental illness, alcohol and other drug addiction and developmental disabilities.

The primary purpose of the Center is to offer an opportunity for adults with behavioral health concerns to interact in a supported environment where principles of self determination, advocacy and empowerment are encouraged within the program day.

The center is located at 13407 Kinsman Avenue in Cleveland.

Dr. Martha Sajatovic was quoted in a Medscape news article on November 17th: "*America's Use of Psychotropic Medications on the Rise.*"

"The overall results, that substantially more individuals are on psychotropic medications, [are] sobering and important. Understanding the reasons for this increase is the next critical goal," said **Martha Sajatovic, MD**, professor of psychiatry at Case Western Reserve University School

of Medicine and Director of the Neurological Outcomes Center, University Hospitals Case Medical Center, Cleveland, Ohio. "The healthcare implications could be substantial, given increasing financial constraints on individuals and healthcare funding entities." <http://www.medscape.com/viewarticle/753789>

The UH Medical Staff Office would like to have a professional portrait photo taken of you for use in the The UH Medical Staff Office has scheduled sessions with a professional photographer at Case Medical Center on the date(s) listed below. The sessions will be held in the Lerner Tower lobby near the staircase.

- **Tuesday December 20th**
10:30am-11:30am
- **Tuesday December 27th**
10:30am-11:30am

The photographs will be used in the online physician directory, department brochures and other marketing and informational publications. Business attire is requested and lab coats will be available at the session as well. You do not need to schedule a specific time slot during the hour and the session should only last about 5 minutes

If you plan to attend, please email Lori.Alberino@UHhospitals.org so

she can notify you if the photo session schedule changes.

Comings and Goings:

Welcome to:

Nicole Phelps, Mental Health Worker, Child and Adolescent Psychiatry Inpatient Unit.

Congratulations:

Dr. Binit Shah who passed his Pain Medicine Boards. Certification in Pain Medicine began in 2000 and as of December 2010 only 264 certificates have been issued with 12 certificates issued in 2010.

Grand Rounds:

December 16th:

Speaker: William L. Annable, M.D.

Topic: Quality at University Hospitals and the Need for Reform

December 23rd:

NO GRAND ROUNDS

December 30th:

NO GRAND ROUNDS

January 6th:

Speaker: S. Charles, Schulz

Topic: TBA

January 13th:

Speaker: Cynthia Griggins, Ph.D.

Topic: Psychiatric Advance
Directives: Are they Realistic for the
Average Patient?

January 20th:

James Horner Lecture

Speaker: Oscar G. Bukstein, M.D.,
M.P.H.

Topic: Treatment of Adolescent
Substance Use Disorders: State of
the Science

January 27th:

Morley/Mather Lecture

Speaker: Helen S. Mayberg, M.D.

Topic: Rethinking Depression and
its Treatment: Insights from Studies
of Deep Brain Stimulation

Internal Position Openings:

- **Team Lead Patient
Access.**

This position will work closely with
the ambulatory supervisor and
Department Administration in
overseeing the day to day operations
of our outpatient infrastructure.
Qualification: Five years of clerical
experience, preferably in a medical
setting; Master Scheduler; Familiar
with operation of standard office
equipment Proficient PC skills,
including MS Office products
Demonstrates strong interpersonal
and communication (verbal and
written) skills; Ability to Multi-Task;
Demonstrated customer service
skills; Knowledge of insurance, plan
requirements and verification
techniques. If interested, please
submit resume to Barb Depasquale
by **Friday, December 23.**

- **Patient Access
Representative 2** will be
posted in the UH Career
Center.

Motivational Interviewing Series:

Jeremy Evenden, MSSA, LISW-S
will present a 4-part
motivational interviewing

training series in northeast Ohio
beginning January 26, 2012.
Participants will engage in skill-
building exercises to learn MI's
client-centered approaches for
responding to desire for change and
resistance to change among
individuals with severe mental
illness and/or substance use
disorders in a number of service
settings (e.g., IDDT, ACT, other
best practices). Registration is \$60
for each event. CEUs & supervisory
credit are available.

For more information and to register,
go to:
[http://www.centerforebp.case.edu/
events/foundations-of-motivational-
interviewing-part-1-northeast-ohio-
january-2012](http://www.centerforebp.case.edu/events/foundations-of-motivational-interviewing-part-1-northeast-ohio-january-2012)

Presentations and Publications:

Corradi, R.B., Schizophrenia as a
Human Process. *Journal of The
American Academy of Psychoanalysis and
Dynamic Psychiatry*, 39(4) 719-738,
2011.

**Friedman SH, Cerny CA,
Soliman S, West SG.** Reel forensic
experts: Forensic psychiatrists as
portrayed on screen. *J Am Acad
Psychiatry Law* 39:412-7, 2011.

**West SG, Friedman SH, Kim
KD.** Women accused of sex
offenses: A gender based
comparison. *Behav Sci and Law*
29:728-40, 2011.

Research:

**Dr. Findling and the Discovery
and Wellness Center for Children**
are now enrolling for a new study!
We are looking for adolescents 12-
17 years old who are diagnosed with
schizophrenia. This is an 8 week,
placebo –controlled, double blind
efficacy and safety trial of
asenapine. In August 2009,
asenapine sublingual tablets were
approved by the FDA for the acute

treatment of schizophrenia in adults
and the acute treatment of manic or
mixed episodes associated with
bipolar I disorder with or without
psychotic features in adults.

High risk subjects including those
who are actively suicidal, homicidal,
or have a recent history of
aggressive behavior would be
excluded from this study. Also,
subjects must have tapered off all
psychotropic medication prior to
their baseline visit. However,
concomitant benzodiazepines to
treat agitation, anxiety, insomnia,
restlessness or akathisia and
medications to treat extrapyramidal
symptoms may be allowed.

Subjects who complete the trial and
who are still less than 18 years of
age may continue in the open-label
extension trial.

If you have any patients that may
benefit from this study, please have
a parent or legal guardian contact
Becky Weintraub for a phone
screen at 844-3922.
Thank you very much for
considering this research study as an
option for your patients.

Do you have patients with
schizophrenia and previous
trouble with the law?

This is a multicenter, 15-month,
prospective, randomized, active-
controlled, open-label, flexible dose
study of paliperidone palmitate
compared with oral antipsychotic
treatment in delaying time to
treatment failure in adults with
schizophrenia who have been
recently released from custody/jail.
Participants will be randomly
assigned to receive either long-
acting injectable or oral
antipsychotic. ***Participants should
continue to receive mental health
and medical services from their
usual providers while in the
study.***

To participate, individuals must:

1. Be age 18 or older with schizophrenia;
2. Have been incarcerated (jail or prison) at least twice in the previous 2 years with the last release from the most recent incarceration occurring within the previous 90 days
3. Be able to provide written, informed consent to study participation.

outcomes (psychiatric symptoms, functional status, weight) among BD patients concerned with weight gain.

*Study team will obtain support for ziprasidone switching for the identified psychotropic from the **patient's current care provider who will continue to see the patient and will continue to prescribe other drugs at unchanged dose.***

Contact:

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DEADLINE FOR NEXT ISSUE: Friday, 01/13/2012
CONTACT: Kate Kilbane
 Phone: 216-844-3658
kate.kilbane@uhhospitals.org

To participate, individuals may NOT:

1. Women who are pregnant or breast-feeding, or planning to become pregnant
2. Subjects who are actively abusing intravenous drugs within the past 3 months
3. Have previous history of lack of response when treated with paliperidone

Contact: Tiffany Williams
 Ph: 216-844-2835 or
 Email:
Tiffany.Williams@UHHospitals.org

Do you have patients with **bipolar disorder** who occasionally miss a dose of their medication and are concerned about **weight gain related to their current medication(s)**?

This is an open-label, 12-week, uncontrolled prospective trial of ziprasidone treatments among sub-optimally adherent patients with bipolar disorder. Psychotropic-related weight gain is a common concern among patients with bipolar disorder (BD). This concern affects an individual's satisfaction with treatment and may lead to reduced adherence and illness relapse.

The project will evaluate how switching to ziprasidone may affect patient adherence, drug attitudes, satisfaction with care, and clinical

To participate, individuals must:

1. Have had a diagnosis of Type I or II BD for at least 6 months
2. Be on maintenance evidence-based treatment for BD (lithium, antipsychotic, anticonvulsant).
3. Have weight gain concerns that the individual believes are related to BD medication treatment.
4. Have sub-optimal adherence.

To participate, individuals may NOT:

1. Be on ziprasidone immediately prior to study enrollment
2. Have current substance dependence.
3. Be at high risk of harm to self or others.
4. Be a female who is currently pregnant or breastfeeding.

Contact: Melanie Currens
 216-844-2825 or
 Email:
Melanie.Currens@UHHospitals.org